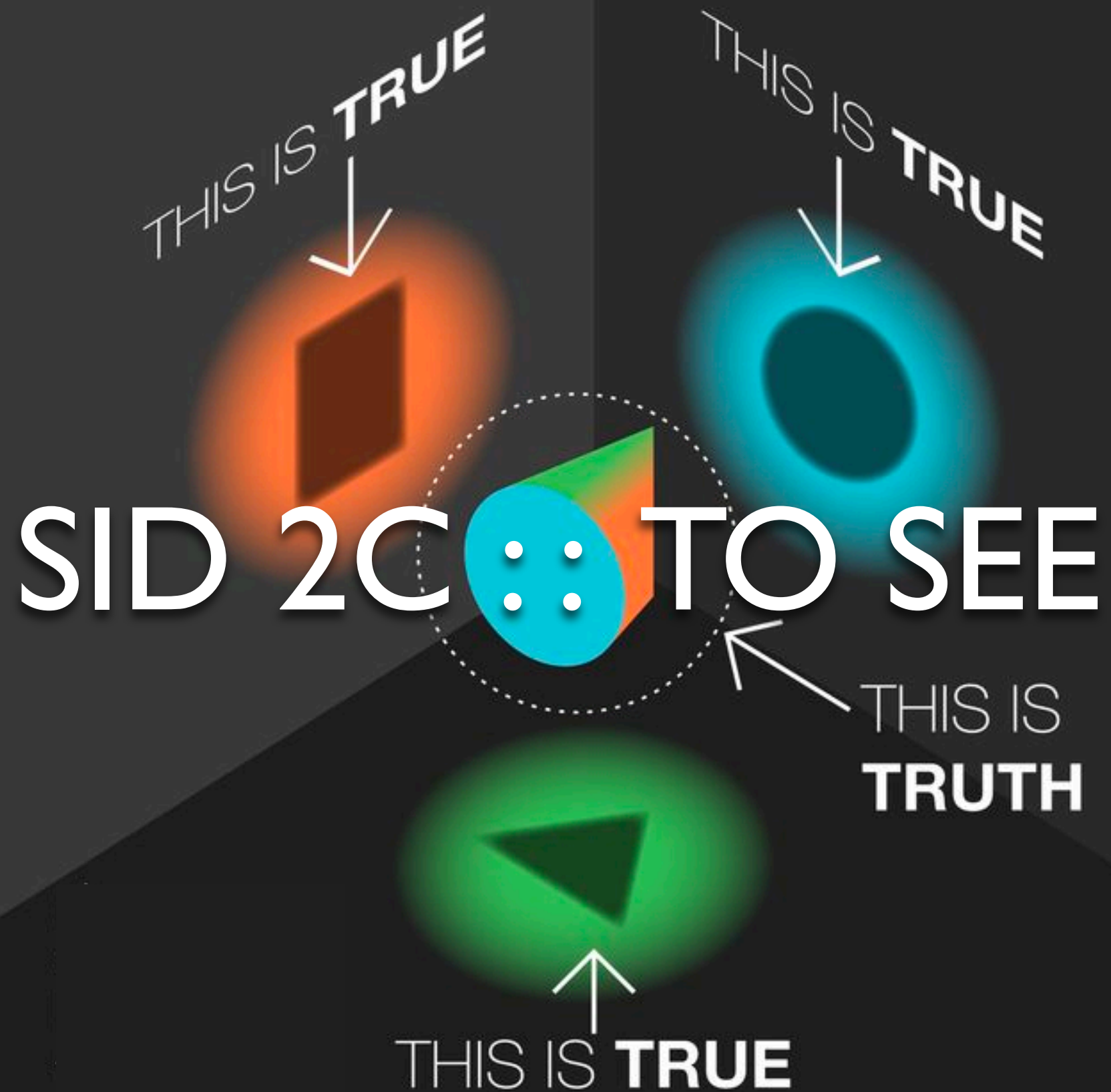




SID 2C





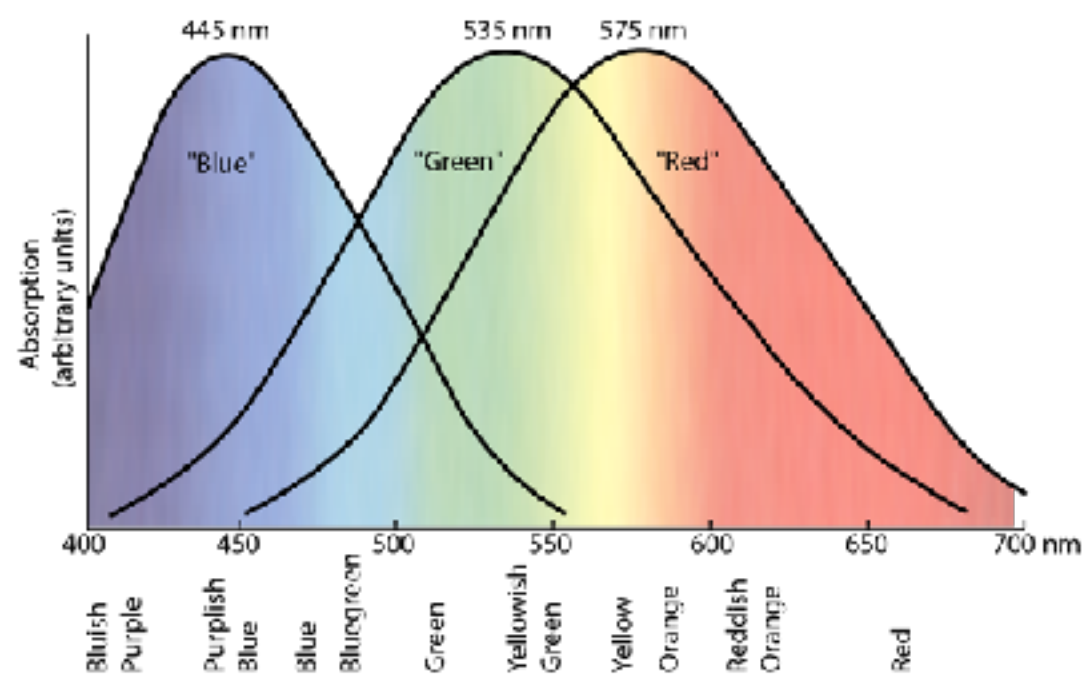
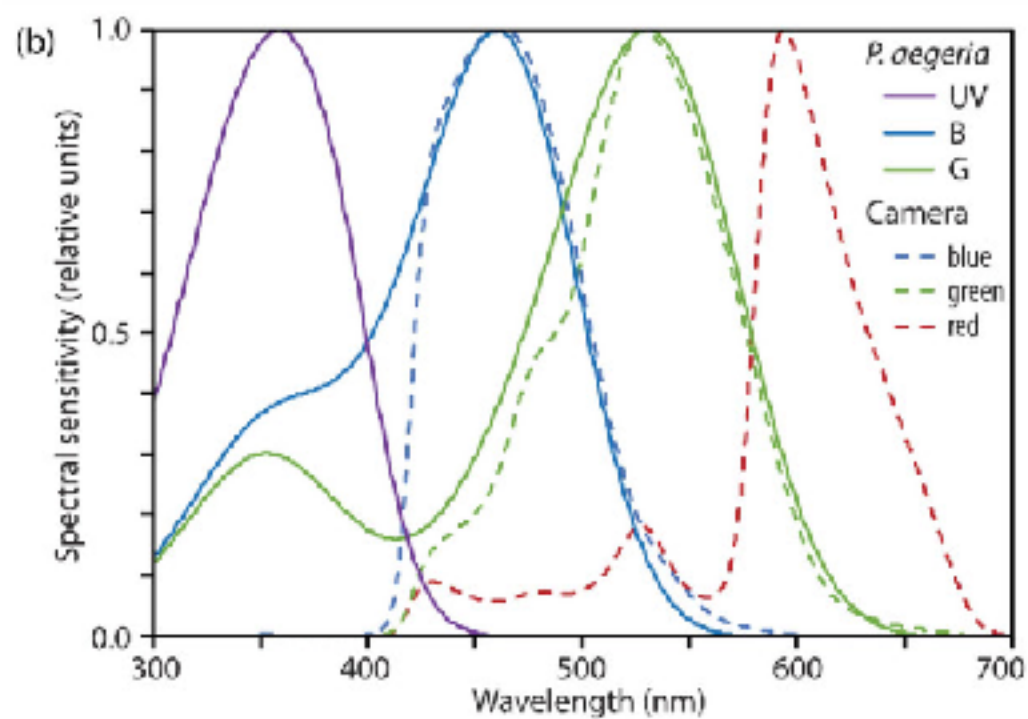
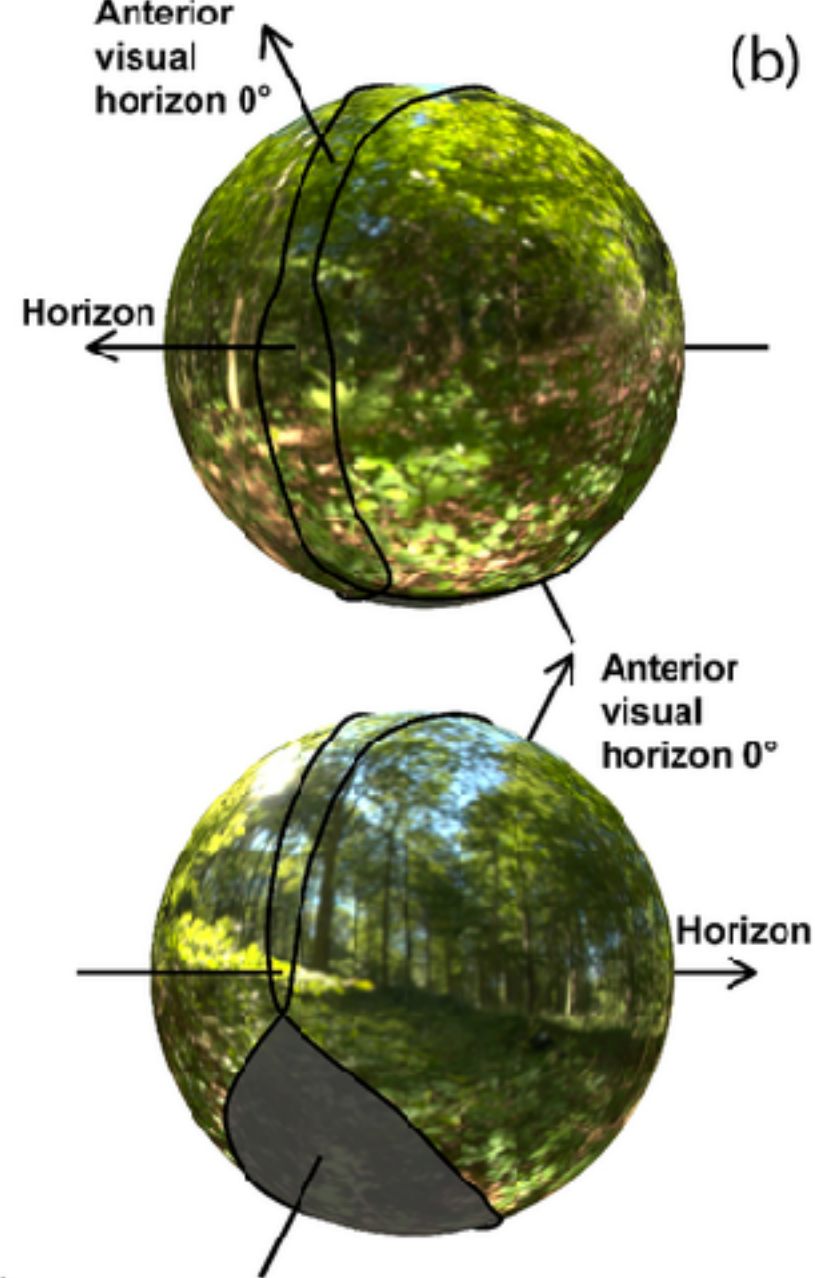
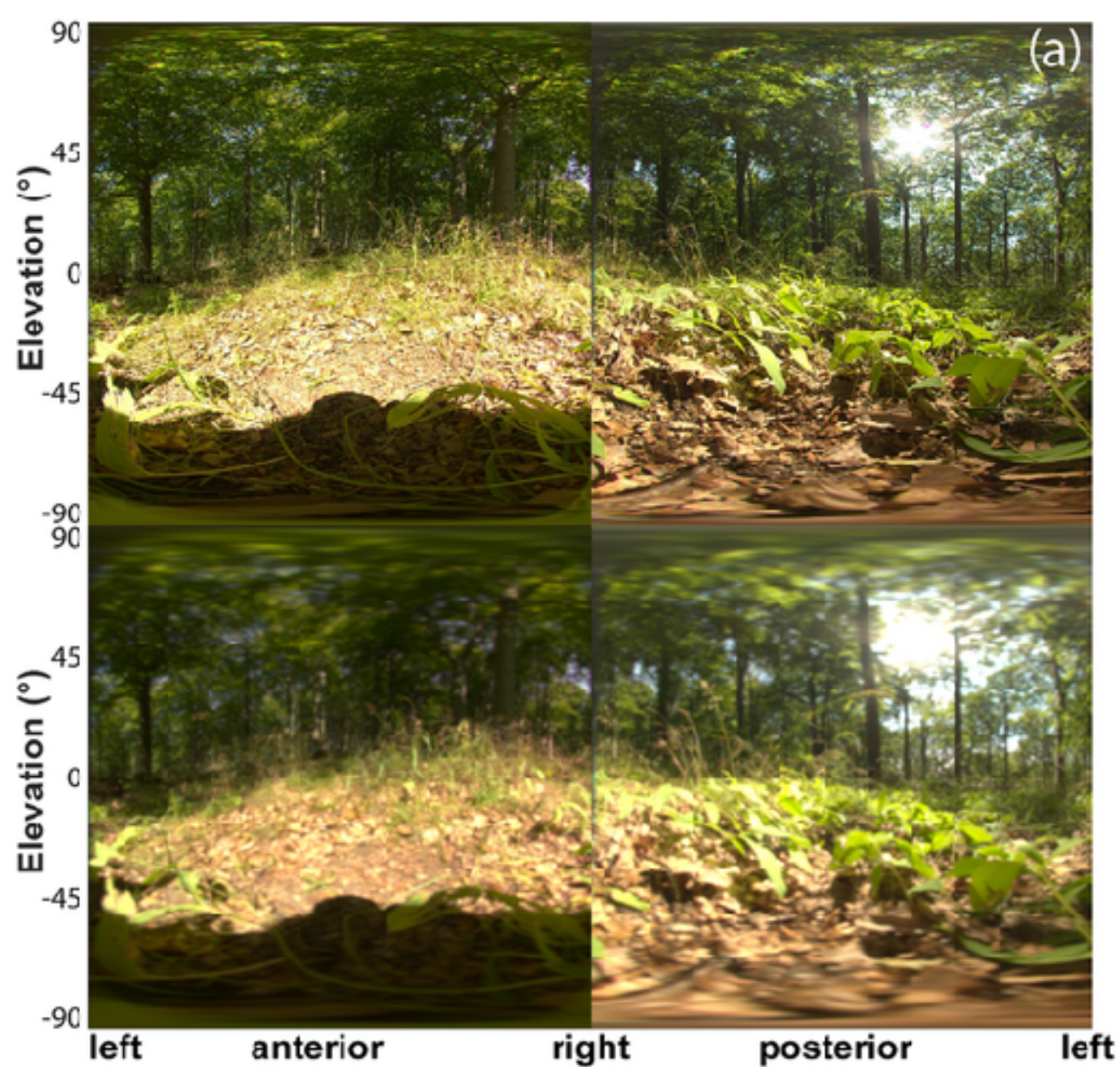
SEEING IS BELIEVING

How would that be?

What does a butterfly dream look like?



	Me	You	We
Seeing			
Hearing			
Feeling			
. . .			



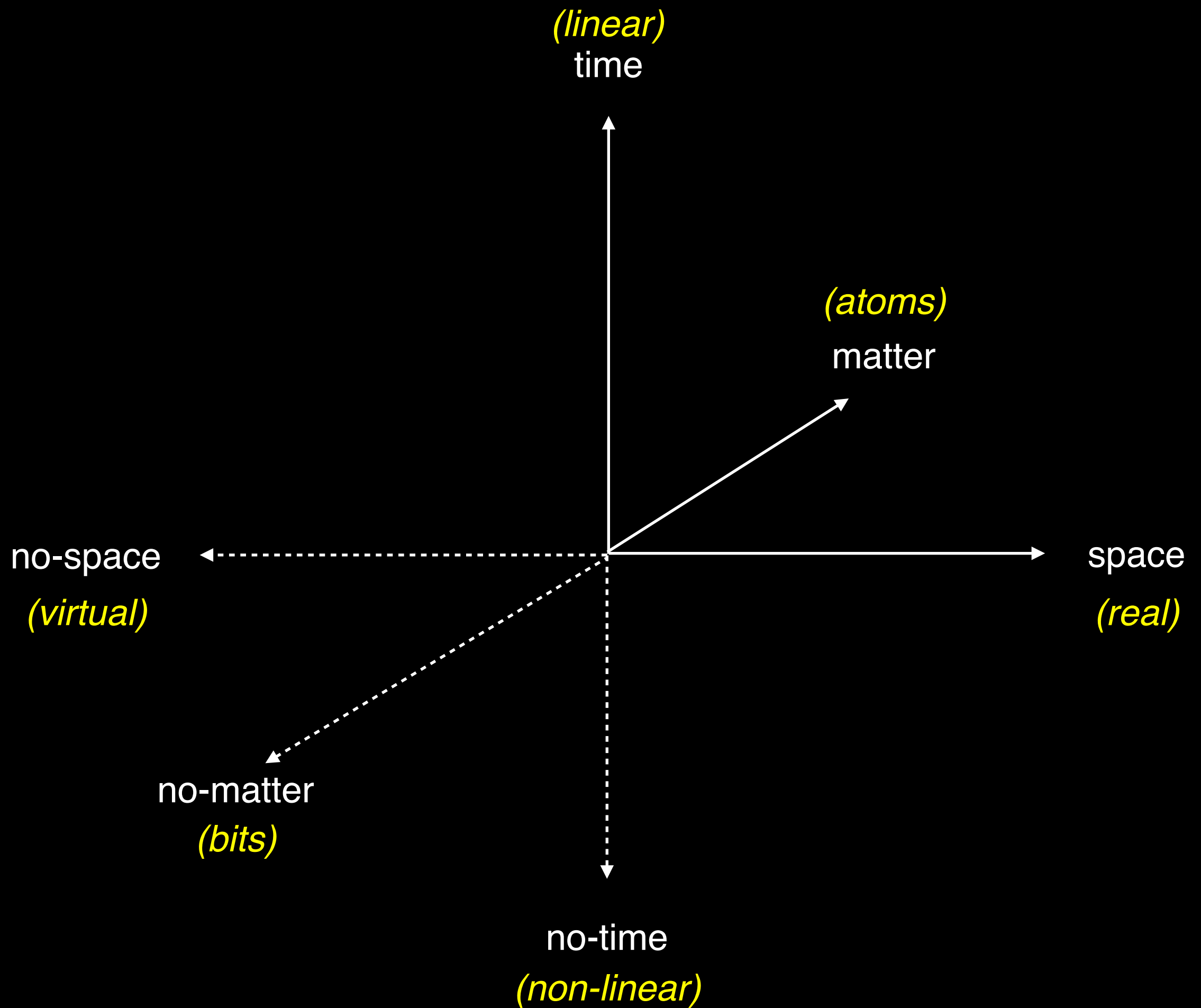




	Me	You	We
Seeing	My eye(s) see the butterfly, its shape, its limbs, its wings, when I look closer. . .	Compound eye (facet-oog) sees the world in 360°, in other colours (incl. UV)	kunnen elkaar zien
Hearing			
Feeling			
. . .			



SEEING IS BELIEVING



Realiteit

Informatie

Waarnemen

Data

Perceptie

(mentaal)
model

Realiteitszin



2C, TO SEE, “You have to see it for yourself”



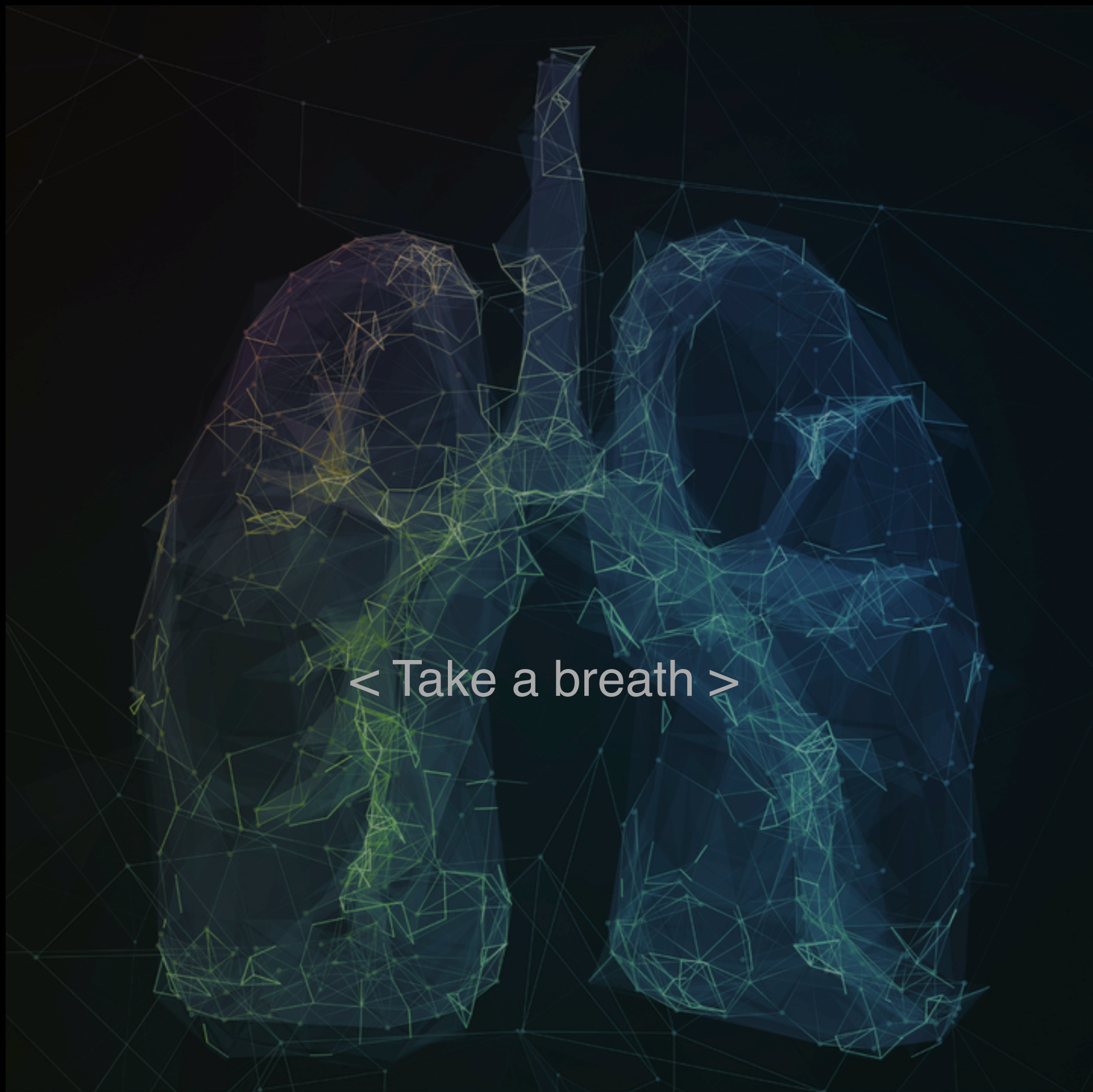
此周夢蝶壬戌之夏以集寶於絕冲齋

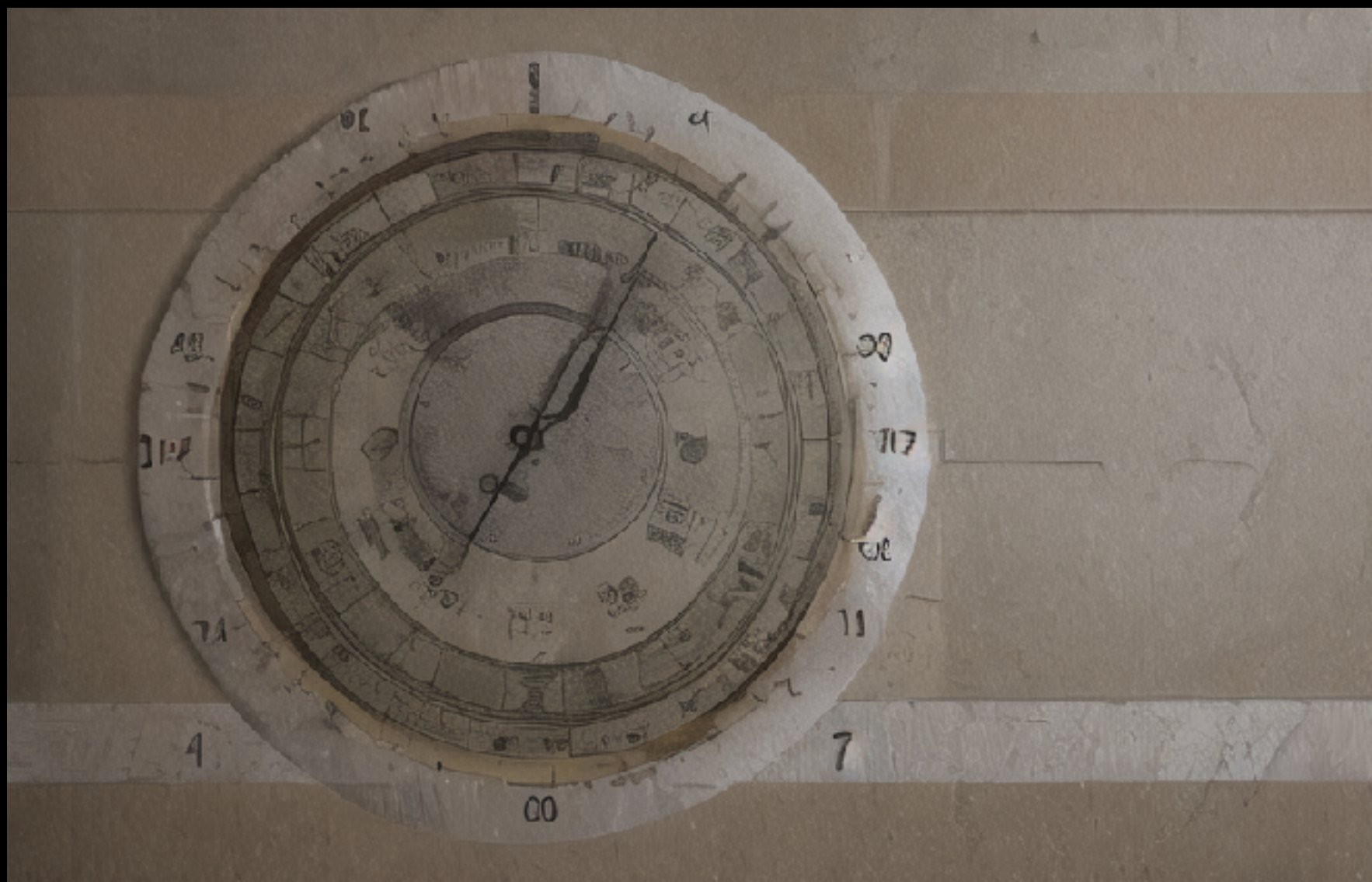
Zhuang Zi droomde eens dat hij een vlinder was, een fladderende vlinder die, volkomen in z'n sas, niet wist dat ie Zi was. Toen hij plotseling ontwaakte, was hij in levenden lijve Zi. Nu weet ik niet of Zhou droomde dat hij een vlinder was of dat de vlinder droomde dat ie Zi was. Toch moet er tussen Zi en de vlinder een onderscheid bestaan. Dit is wat de "*transformatie der dingen*" genoemd wordt.

Blok 2C :: De Gebruiker

Welkom bij Blok 2, 'gebruiker'!







SID

Blok 2a	Audio only
Blok 2b To Be	Systemen
Blok 2c To See	De gebruiker
Blok 2d TO DO	Game Audio
Blok 3	Audio integratie
Proj 3	Divers project

SID

Project

Verdieping

BioHakdag

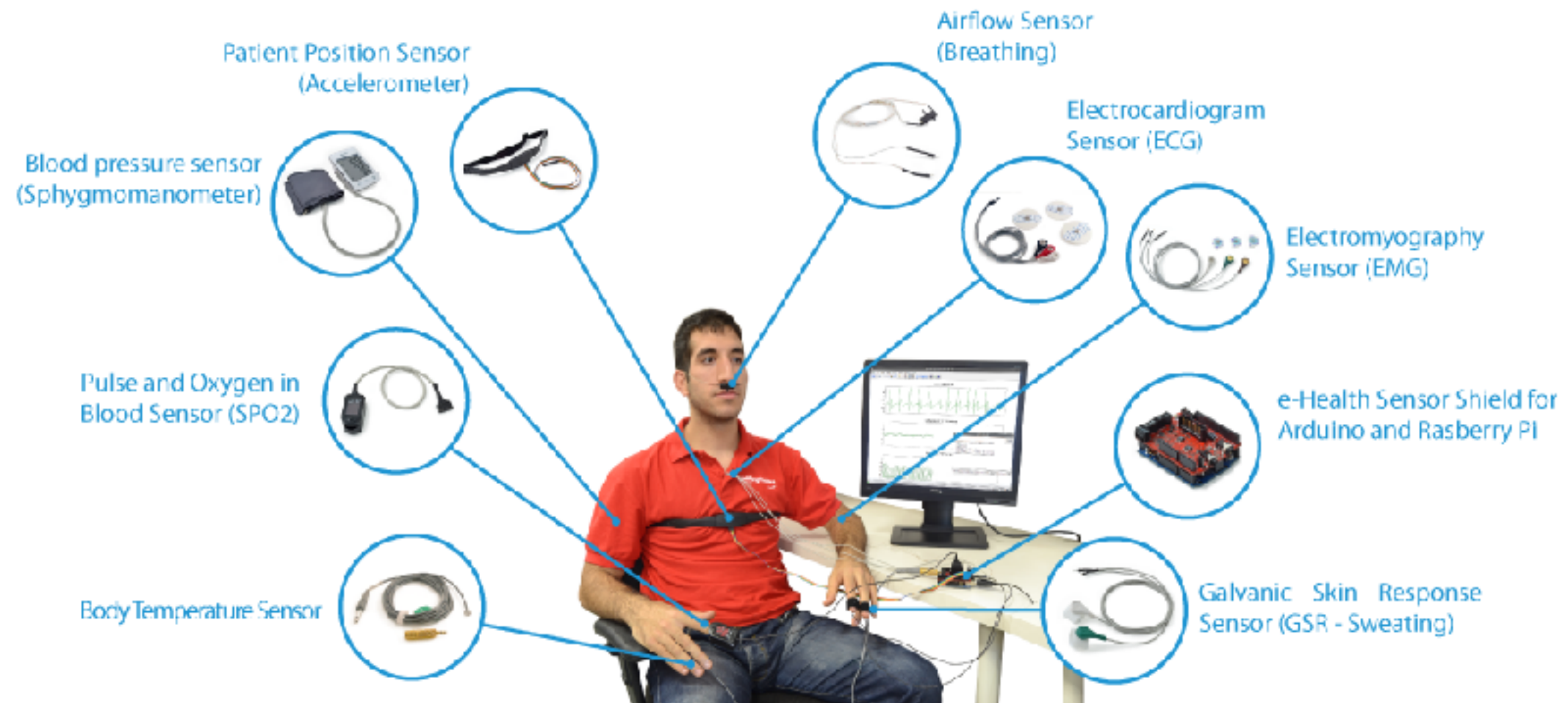
MakerSkills

Eindpresentatie

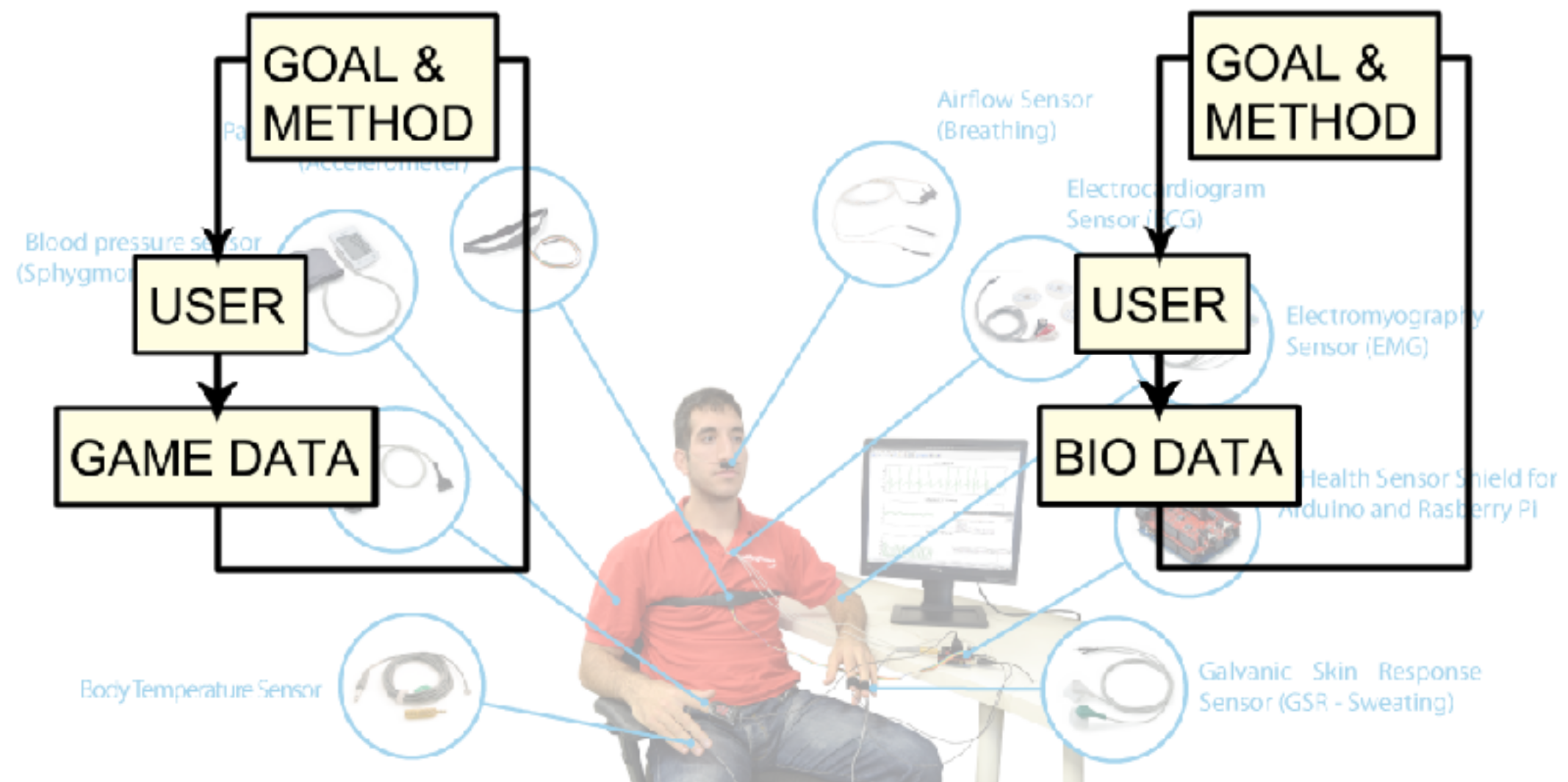
Documentatie

BioFeedback

codenaam: “Zweten is Weten”



BioFeedback



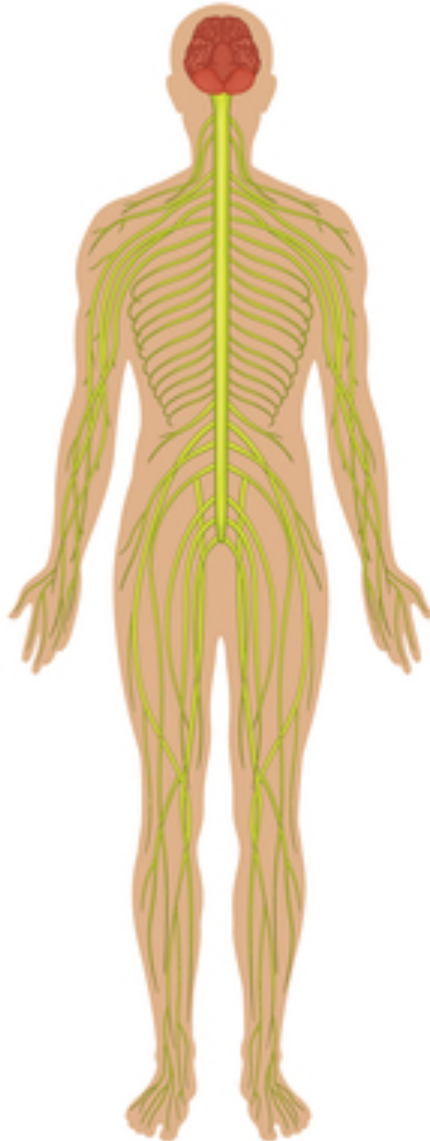
Eindopdracht

Grofweg:

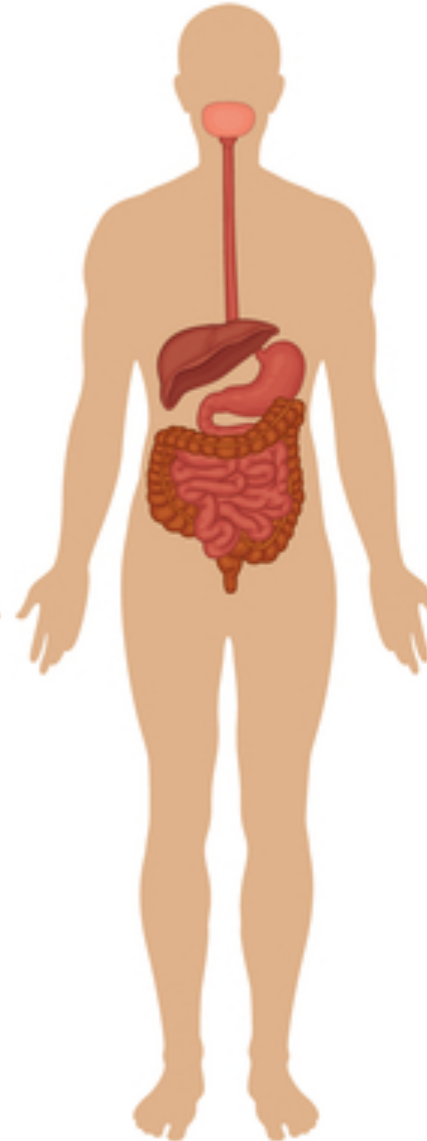
Ontwerp in een groep (2-4) een interactief audiosysteem met een bepaald doel op basis van samengestelde variabele van (bio)data.

Human Body Systems

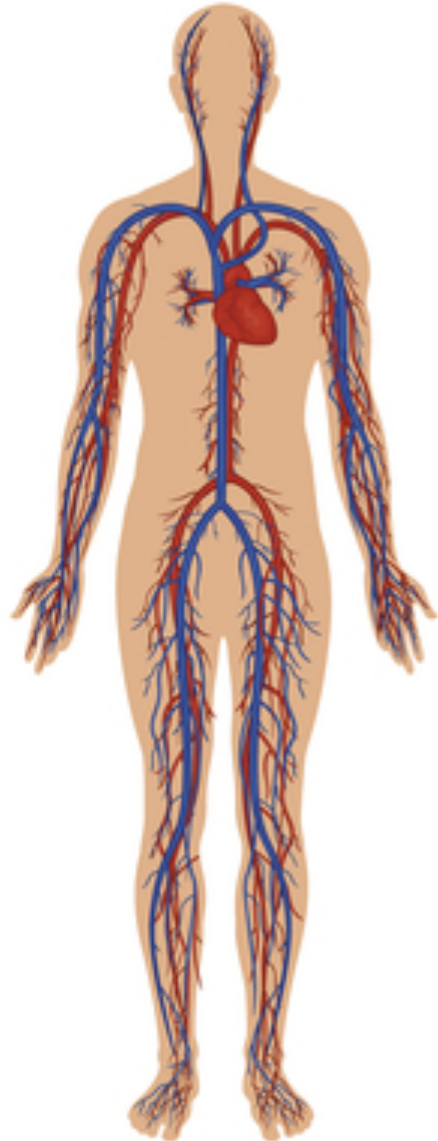
Nervous System



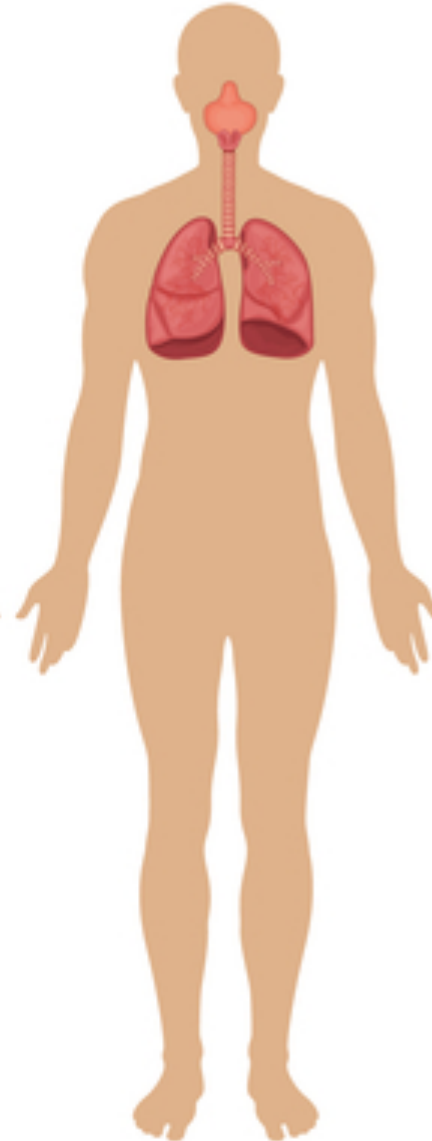
Digestive System



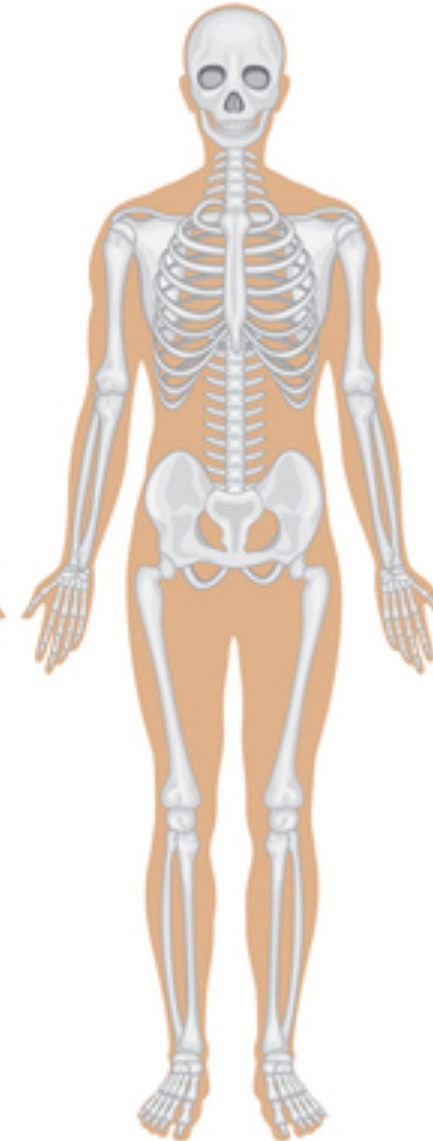
Muscular System



Circulatory System



Respiratory System



Skeletal System



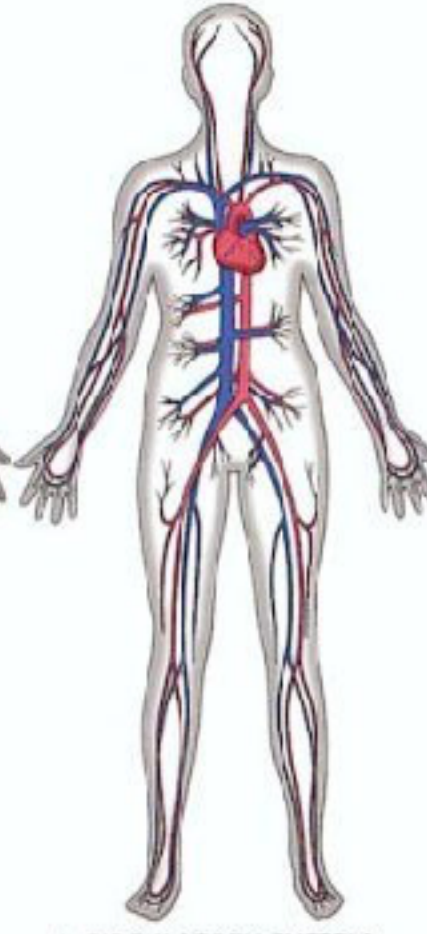
▲ MUSCULAR SYSTEM

The muscular system consists of layers of muscles that cover the bones of the skeleton, extend across joints, and can contract and relax to produce movement.



▲ SKELETAL SYSTEM

The skeleton is a strong yet flexible framework of bones and connective tissue. It provides support for the body and protection for many of its internal parts.



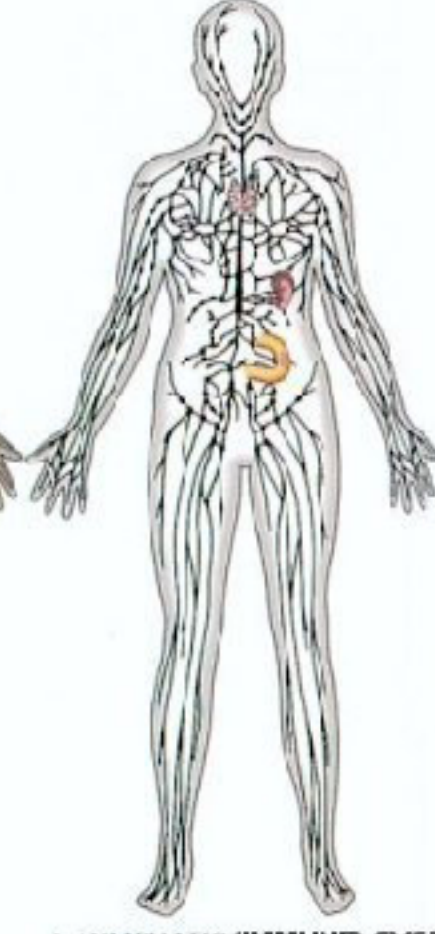
▲ CIRCULATORY SYSTEM

This system consists of the heart and a network of vessels that carry blood. It supplies oxygen and nutrients to the body's cells and removes waste products.



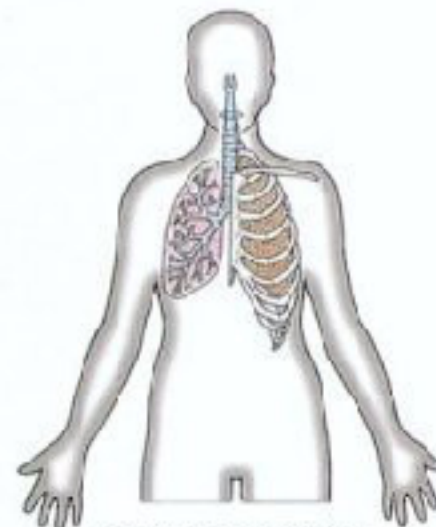
▲ NERVOUS SYSTEM

The nervous system is the body's main control system. It consists of the brain, the spinal cord, and a network of nerves that extend out to the rest of the body.



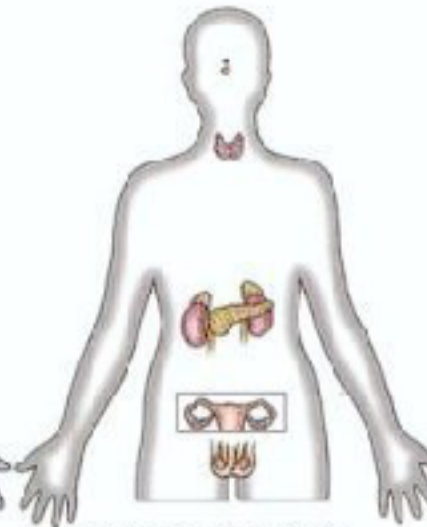
▲ LYMPHATIC (IMMUNE) SYSTEM

This system is a network of vessels that collects fluid from tissues and returns it to the blood. It also contains groups of cells that protect the body against infection.



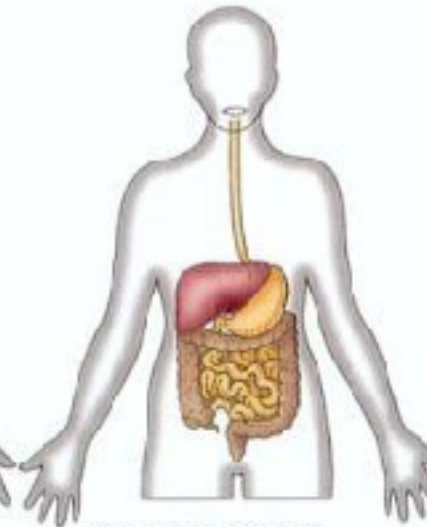
▲ RESPIRATORY SYSTEM

The respiratory system is centered on the lungs, which work to get life-giving oxygen into the blood. They also rid the body of a waste product, carbon dioxide.



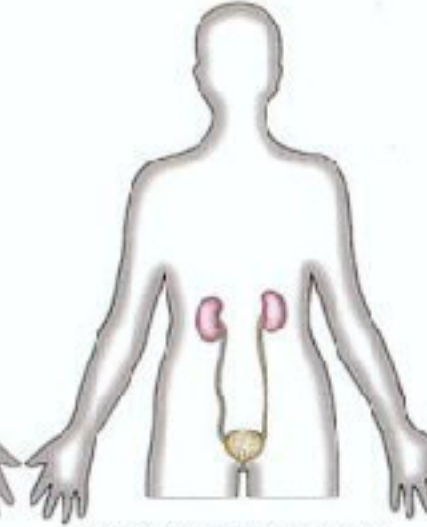
▲ ENDOCRINE SYSTEM

Many body processes, such as growth and energy production, are directed by hormones. These chemicals are released by the glands of the endocrine system.



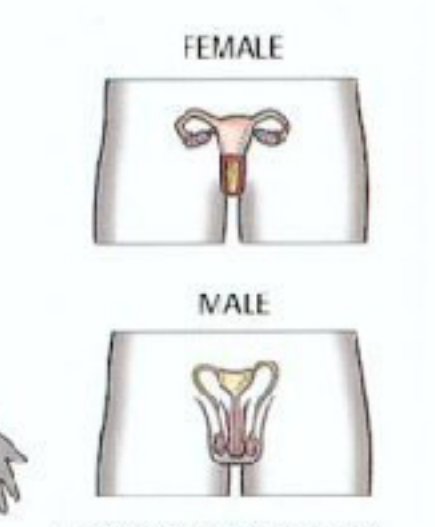
▲ DIGESTIVE SYSTEM

The digestive system takes in the food the body needs to fuel its activities. It breaks the food down into units called nutrients and absorbs the nutrients into the blood.



▲ EXCRETORY SYSTEM

The body's cells produce waste products, many of which are eliminated in urine. The job of the urinary system is to make urine and expel it from the body.



▲ REPRODUCTIVE SYSTEM

The male and female parts of the reproductive system produce the sperm and eggs needed to create a new person. They also bring these tiny cells together.

Jouw top 10 organen!

(of the human body)

1. Brein

2. Hart

3. Longen

4. Lever

5. Maag

6. Nier

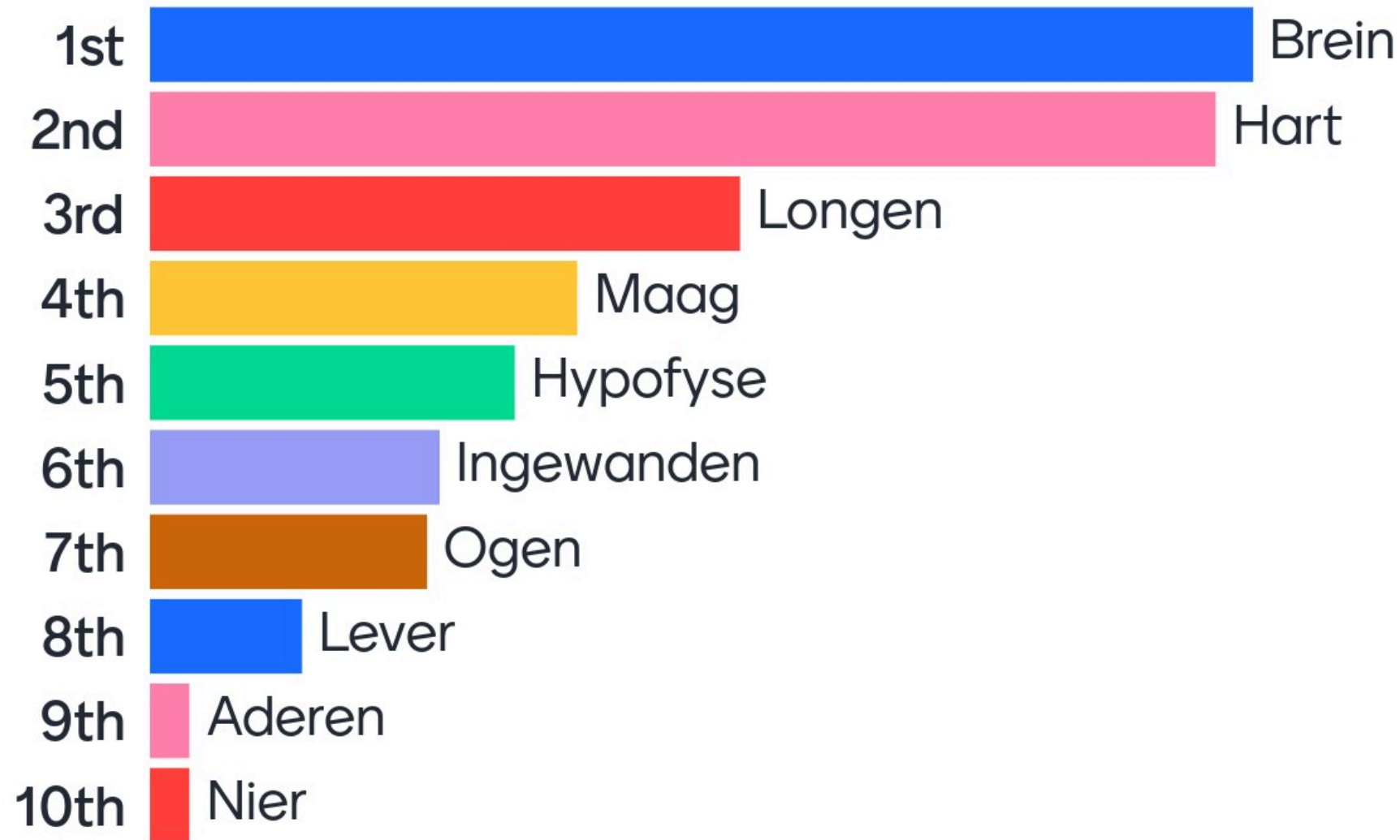
7. Ogen

8. Ingewanden

9. Aderen

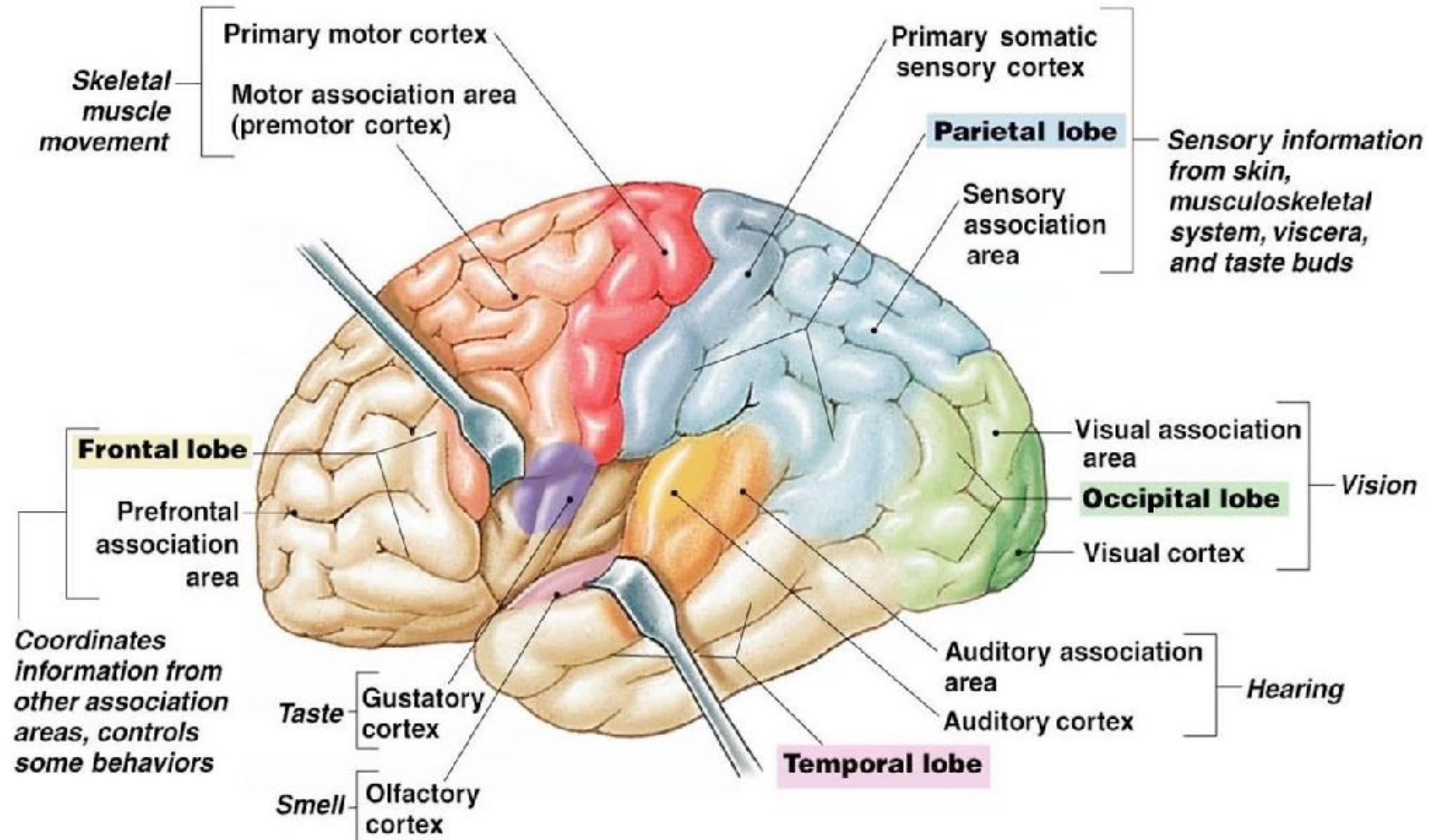
10. Hypofyse

Wat zijn jouw top 3 organen ?





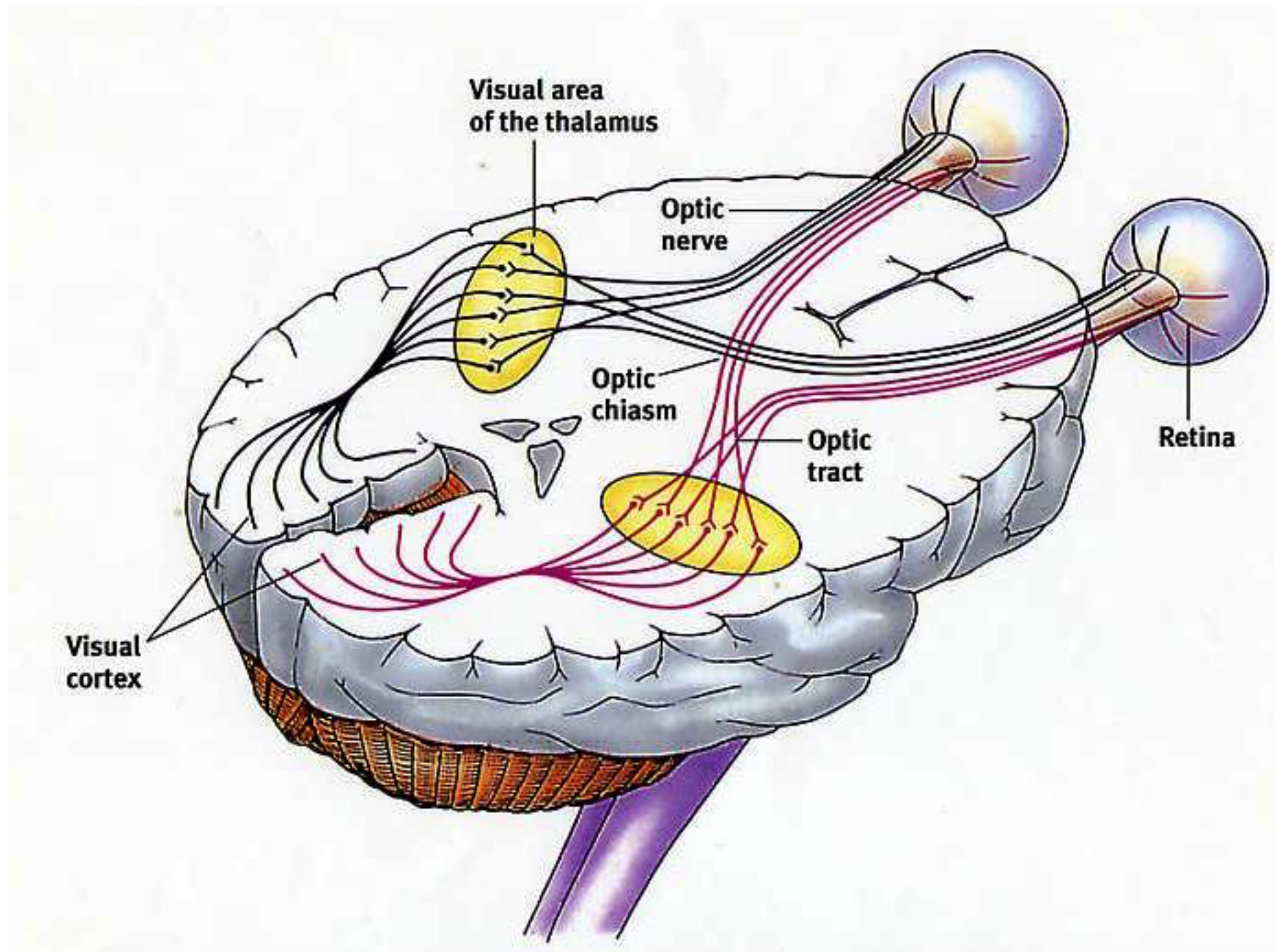
Je Brein



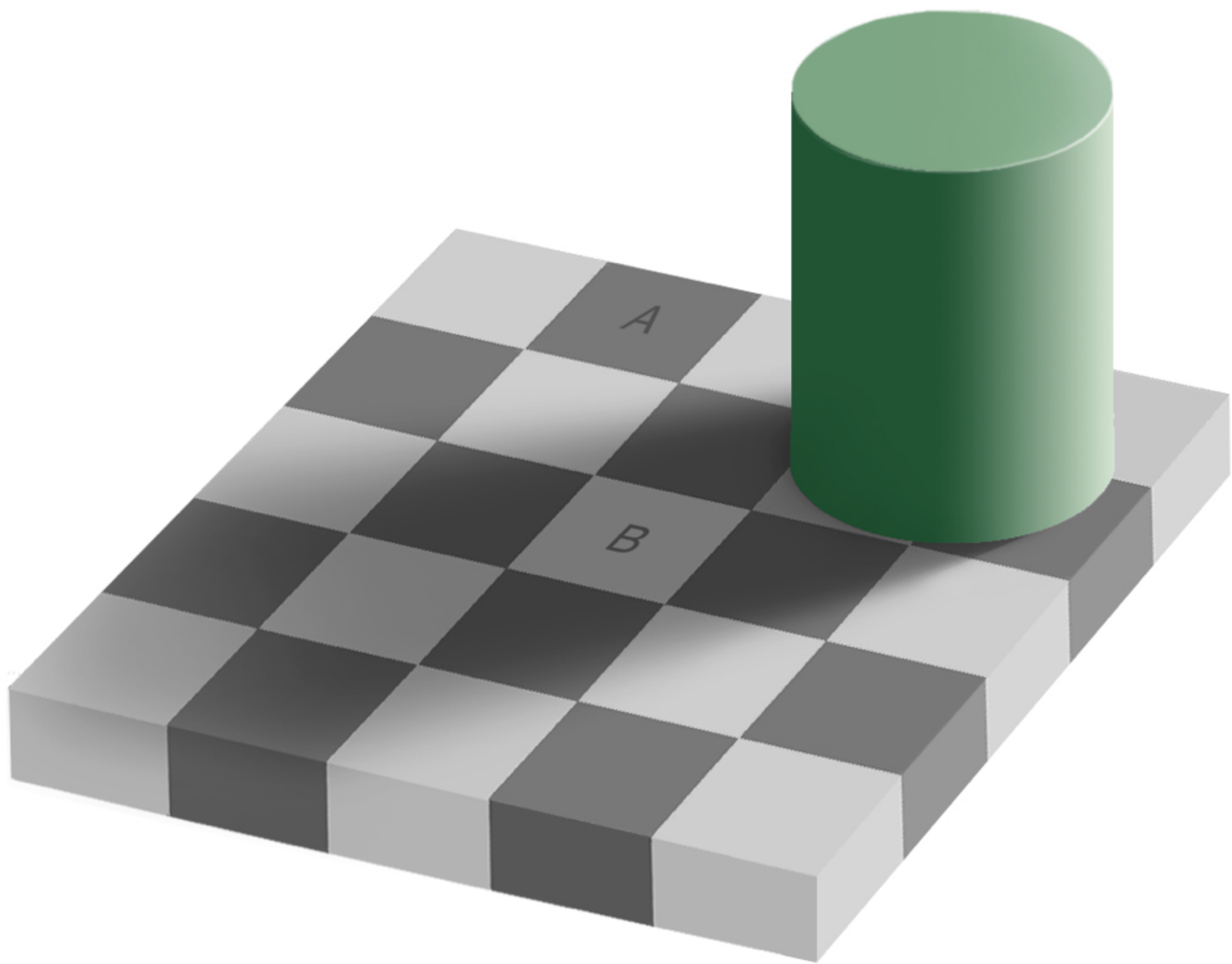
Human senses

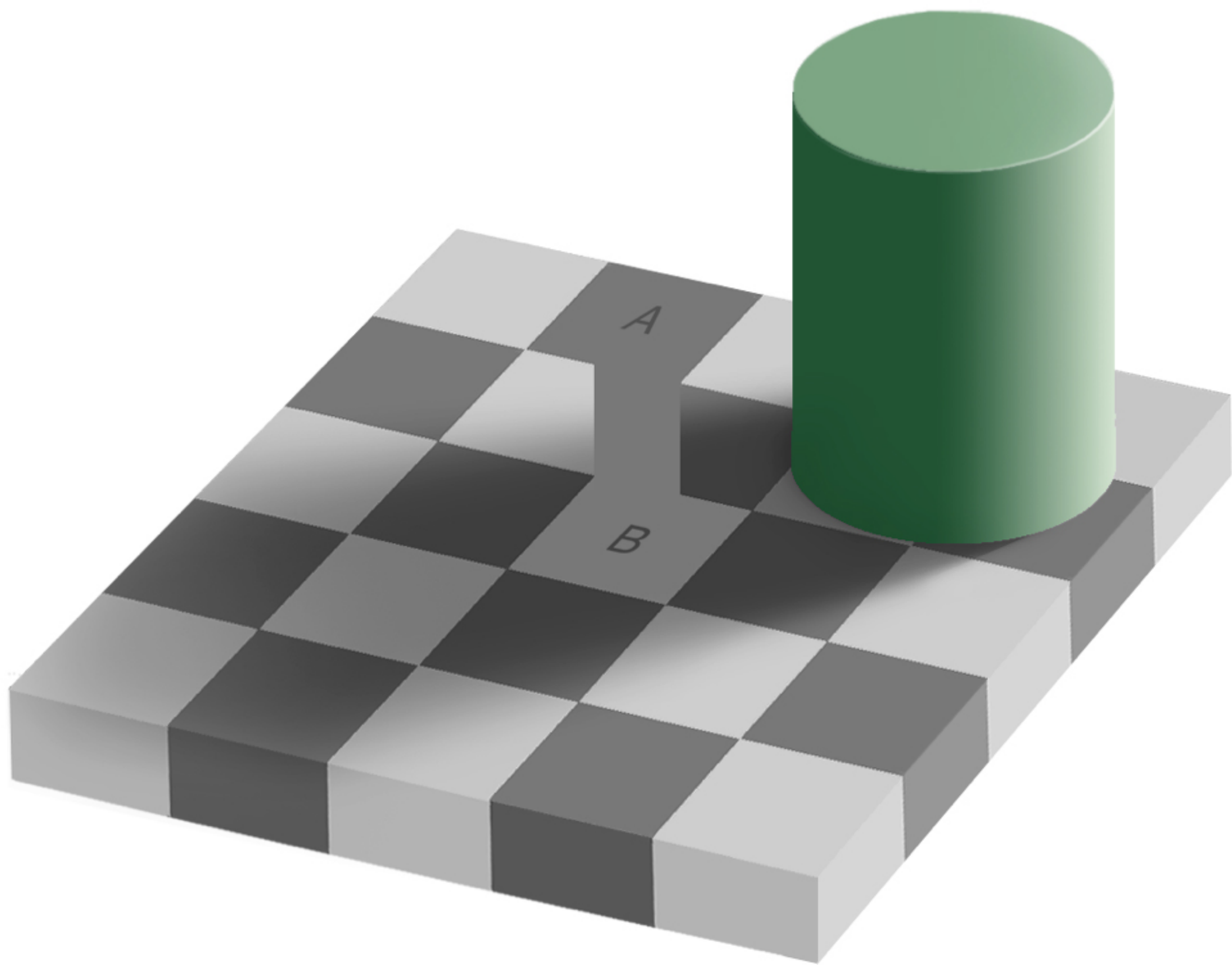
- Seeing
- Hearing
- Smelling
- Tasting (& *spiciness*)
- Touch (*pressure, warmth, hairs*)
- Balance & acceleration
- Temperature
- Kinesthesia
- Pain
- Chronoception

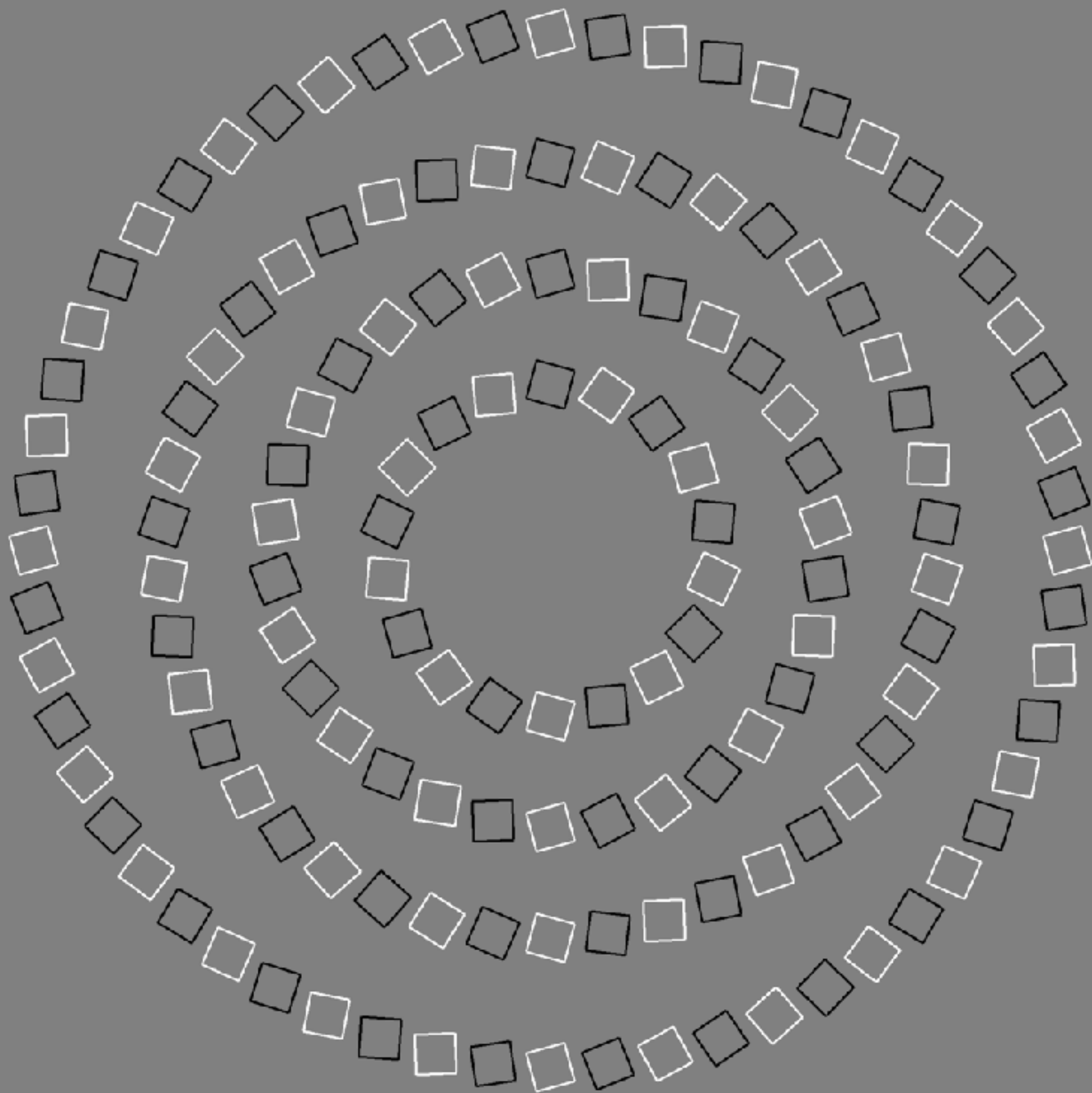
Seeing

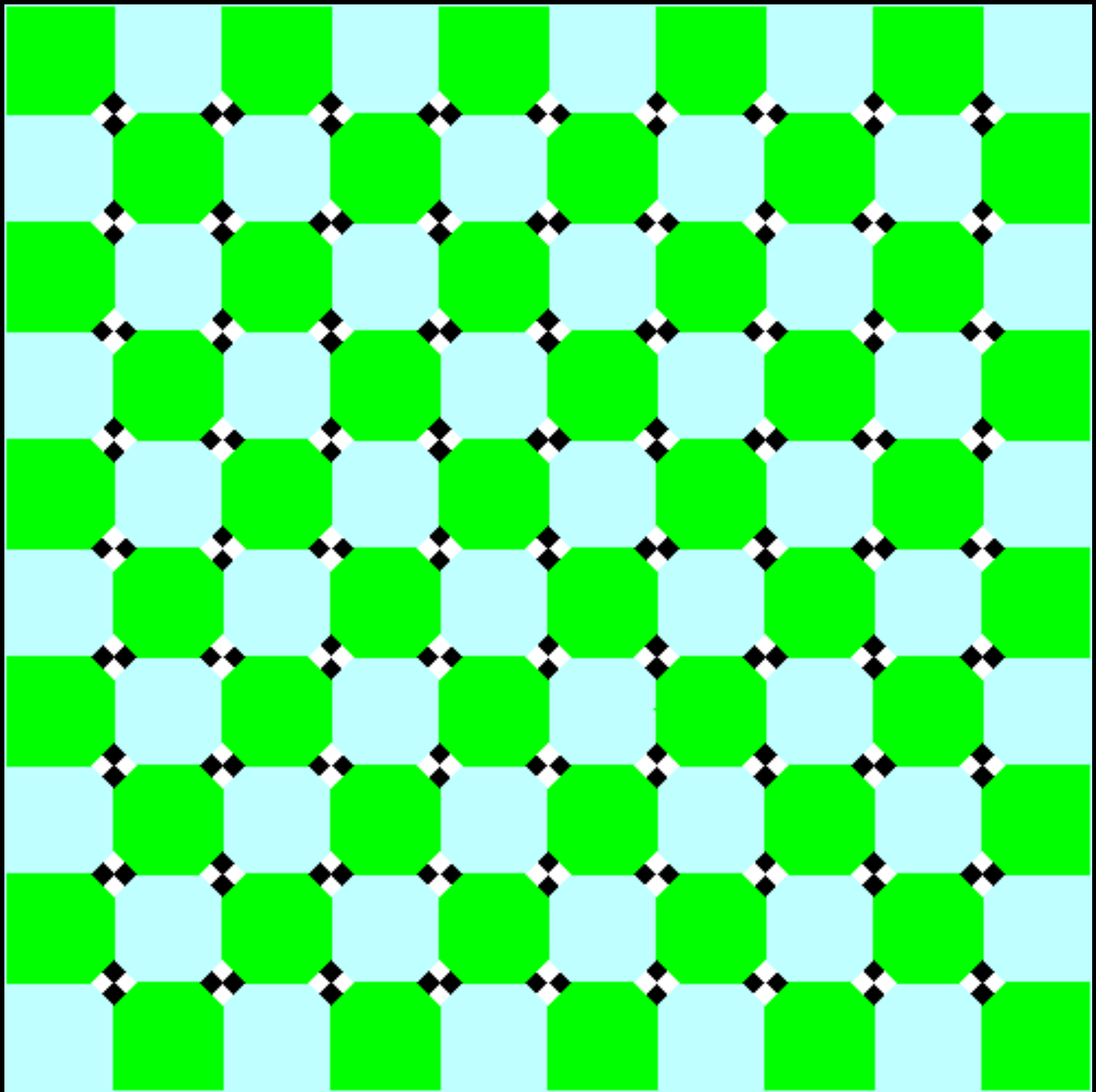


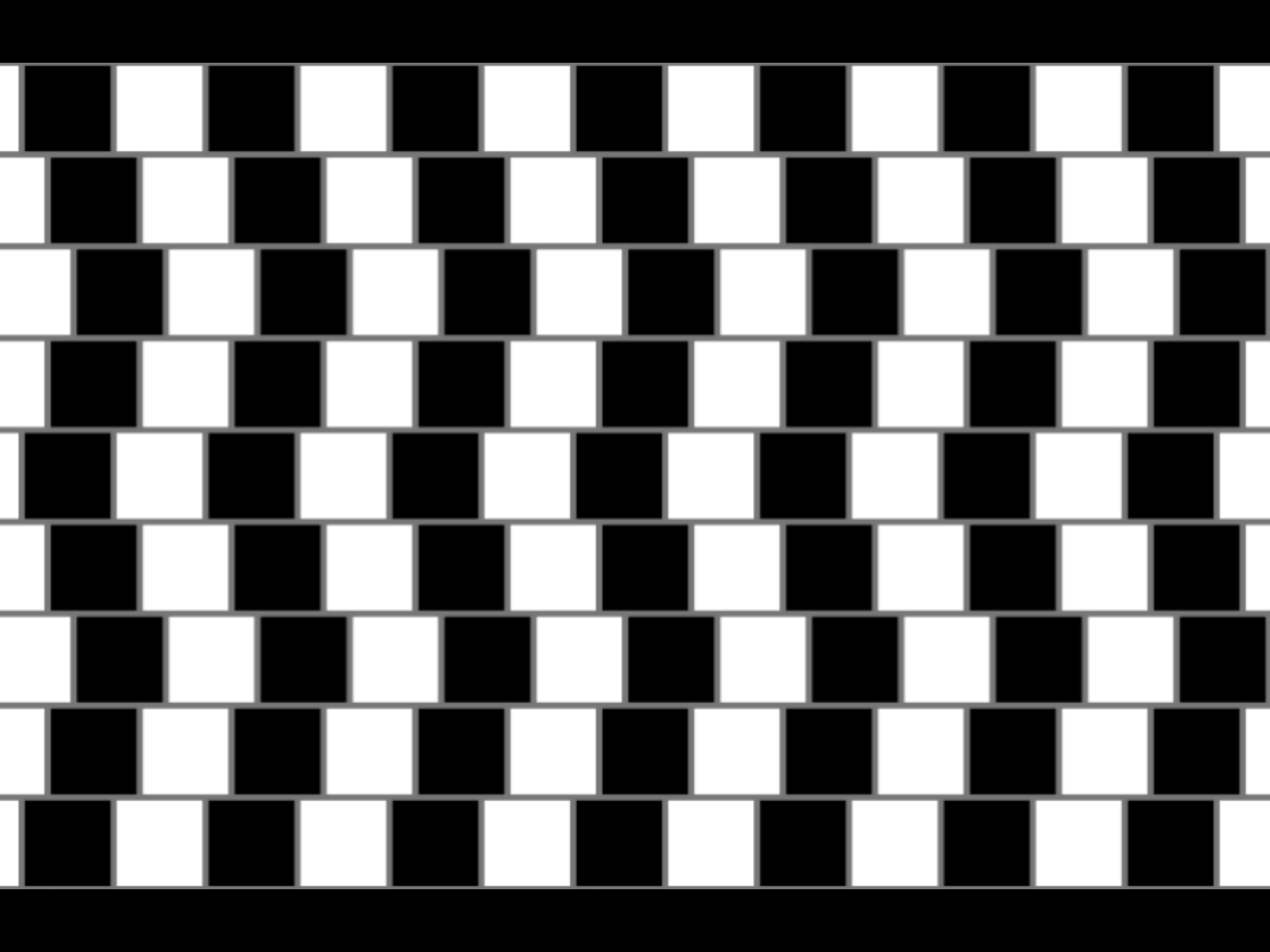
plaatje van oog - staafjes - occipital lobe

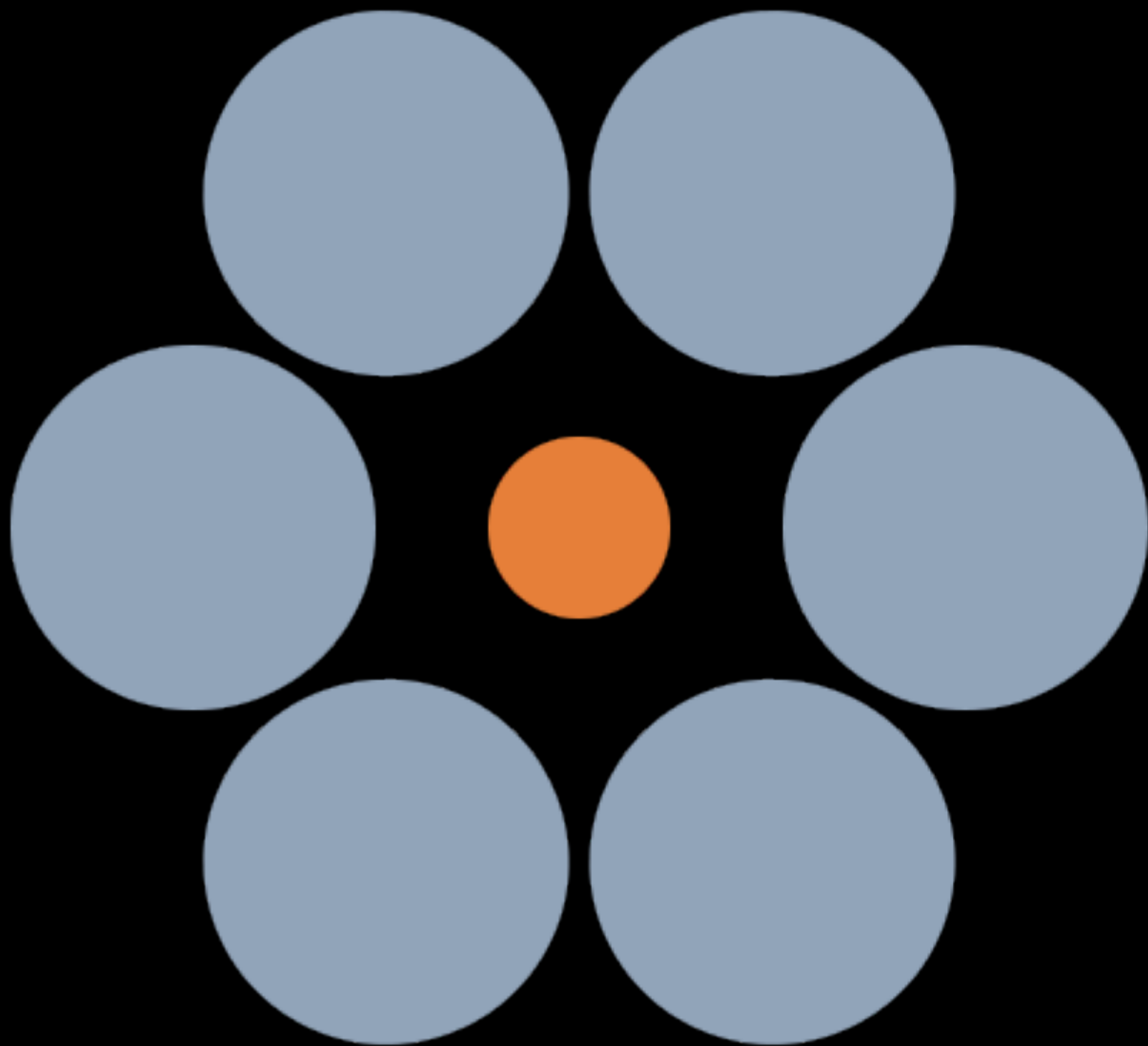




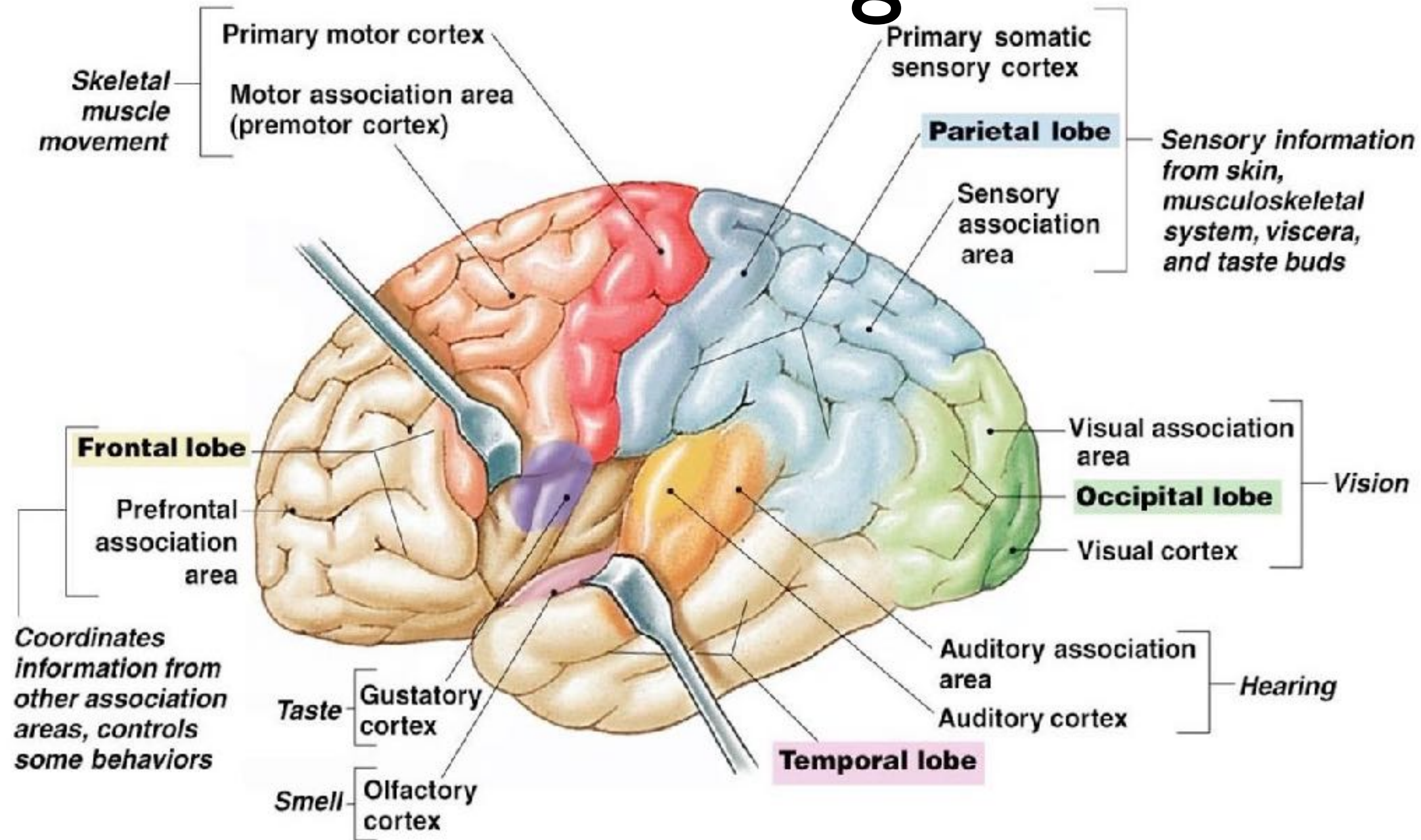


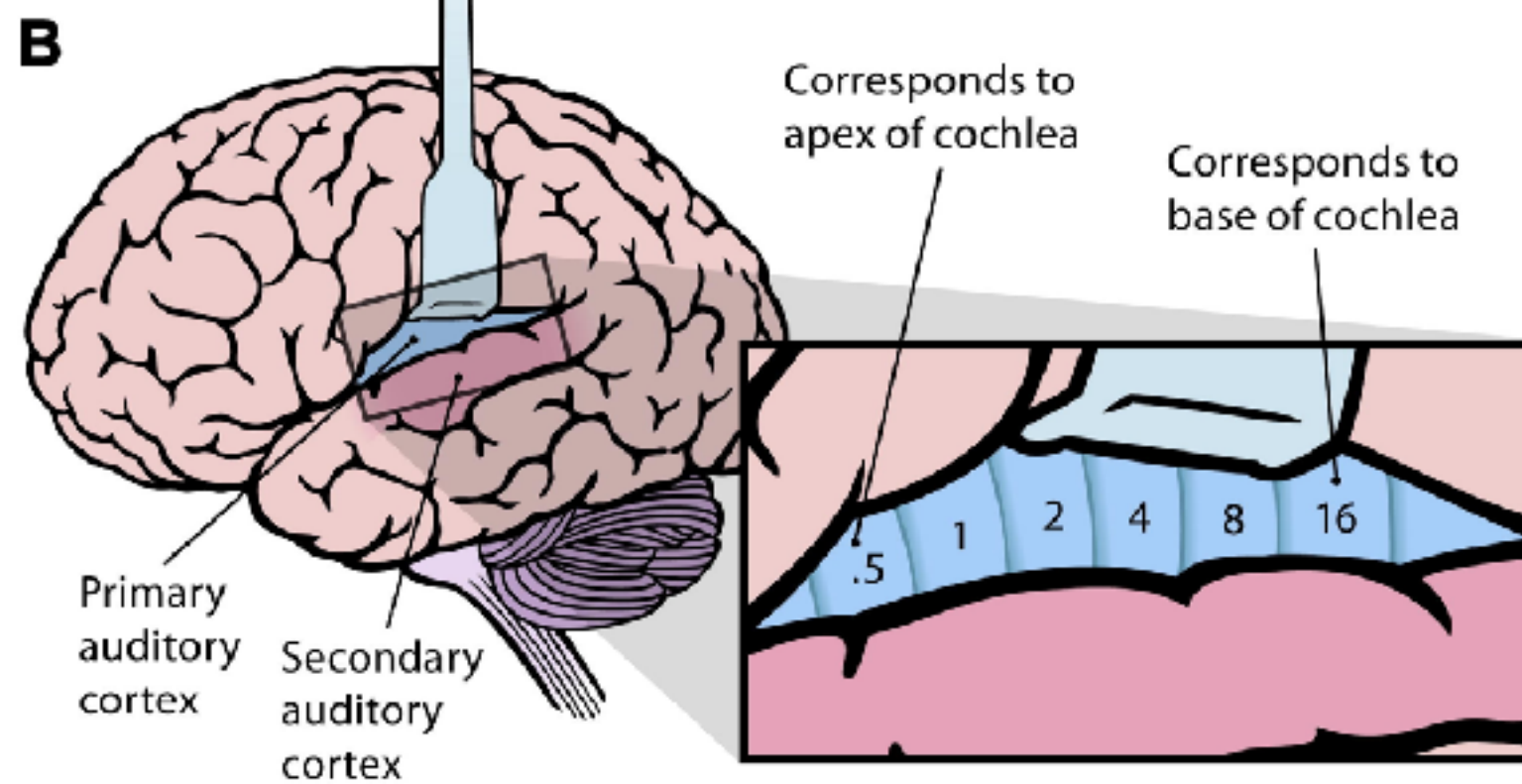
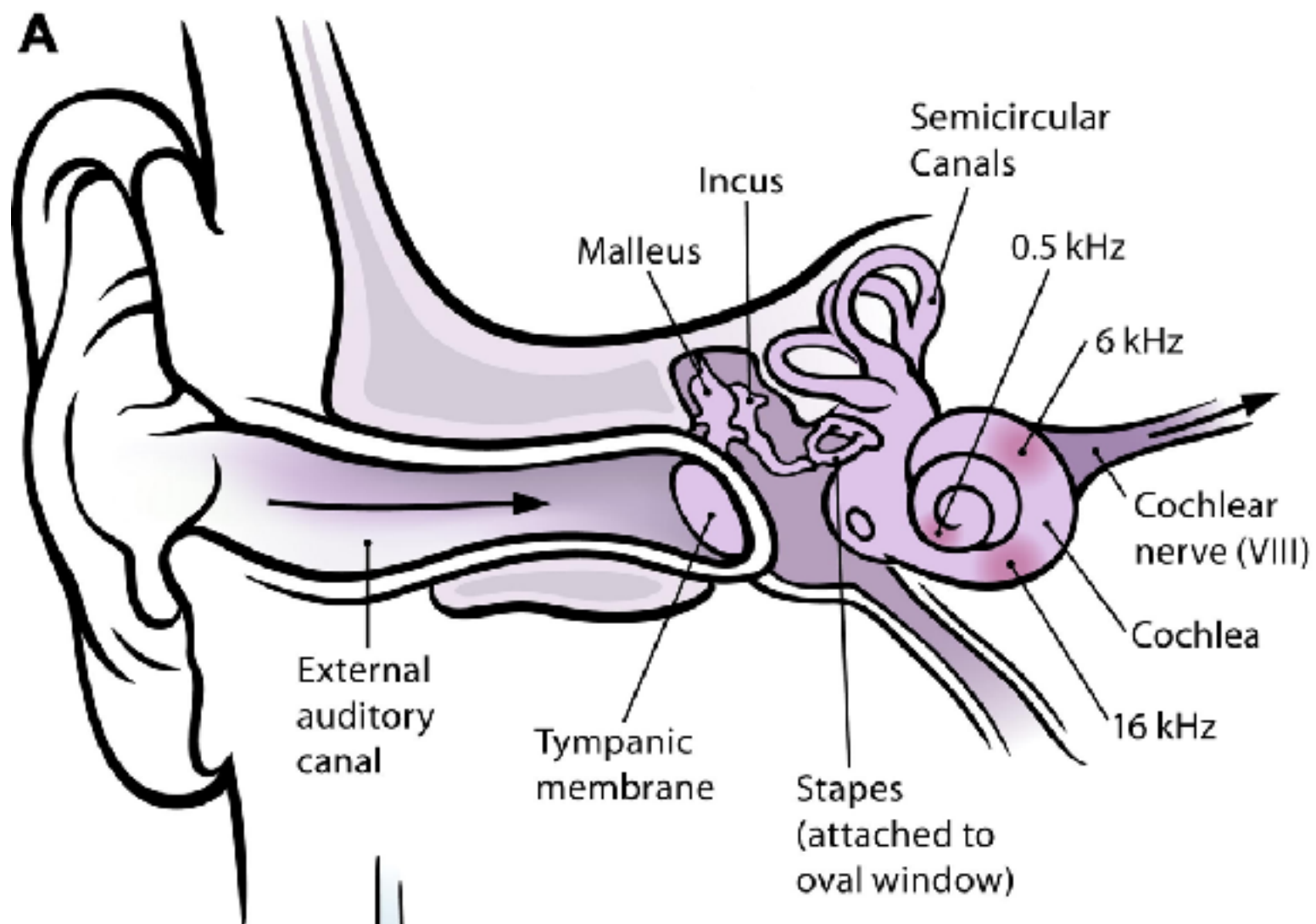


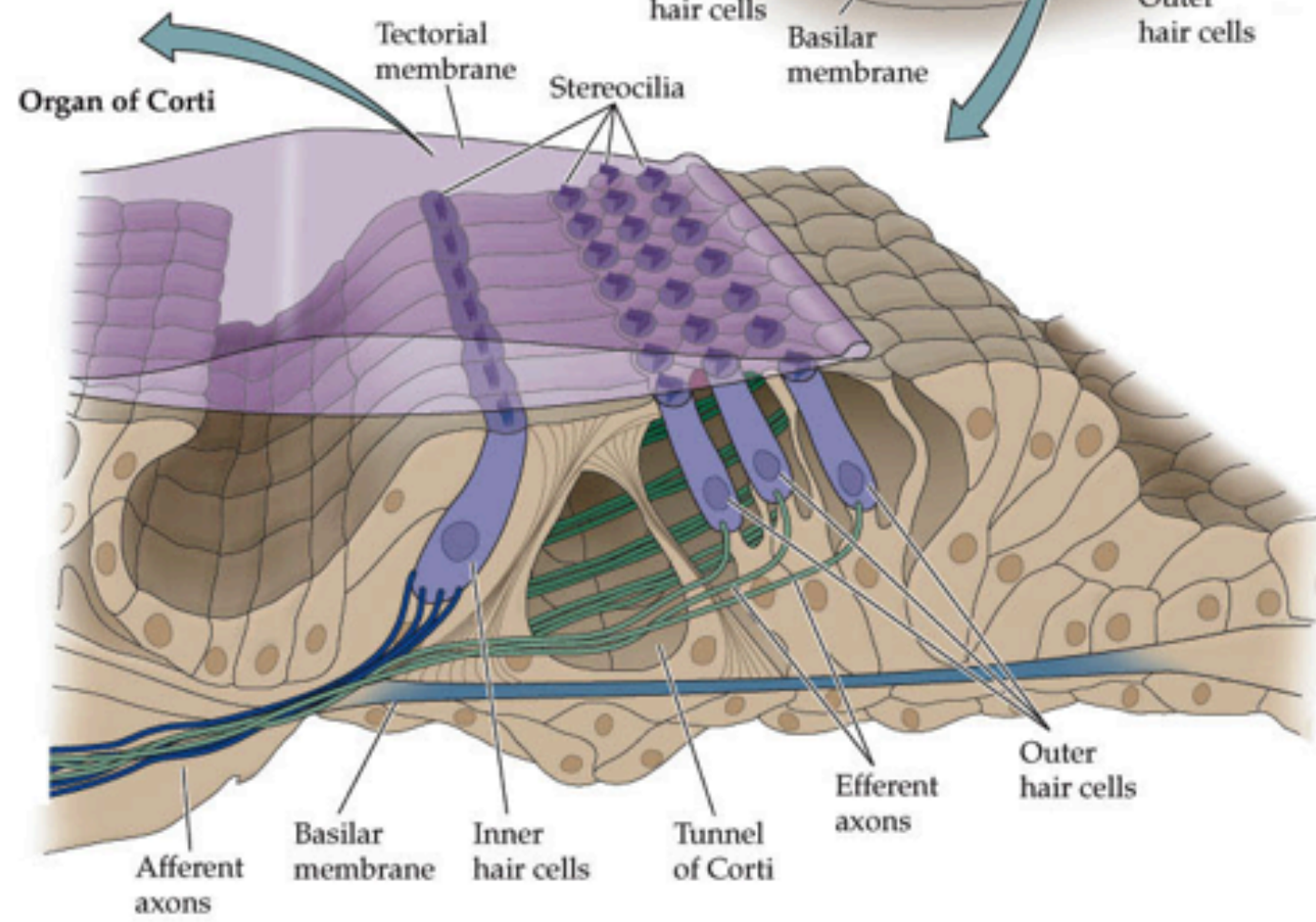
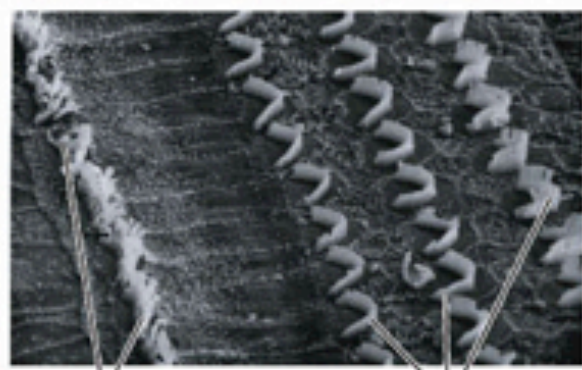
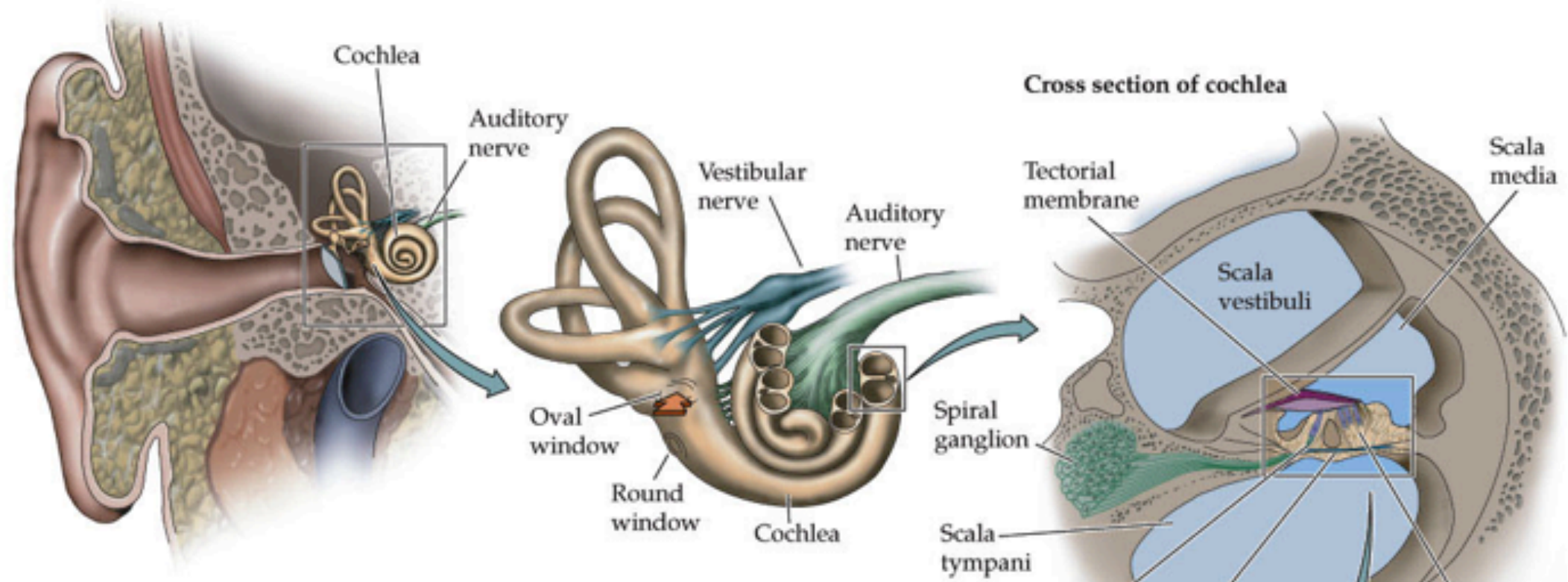




Hearing







Hearing Music

Music TO YOUR Brain

BY DWAYNE GODWIN
AND JORGE CHAM

HOW DOES MUSIC
MOVE US?



FIGURATIVELY AND LITERALLY?

MUSIC STARTS WITH
VIBRATIONS BY THE VOICE



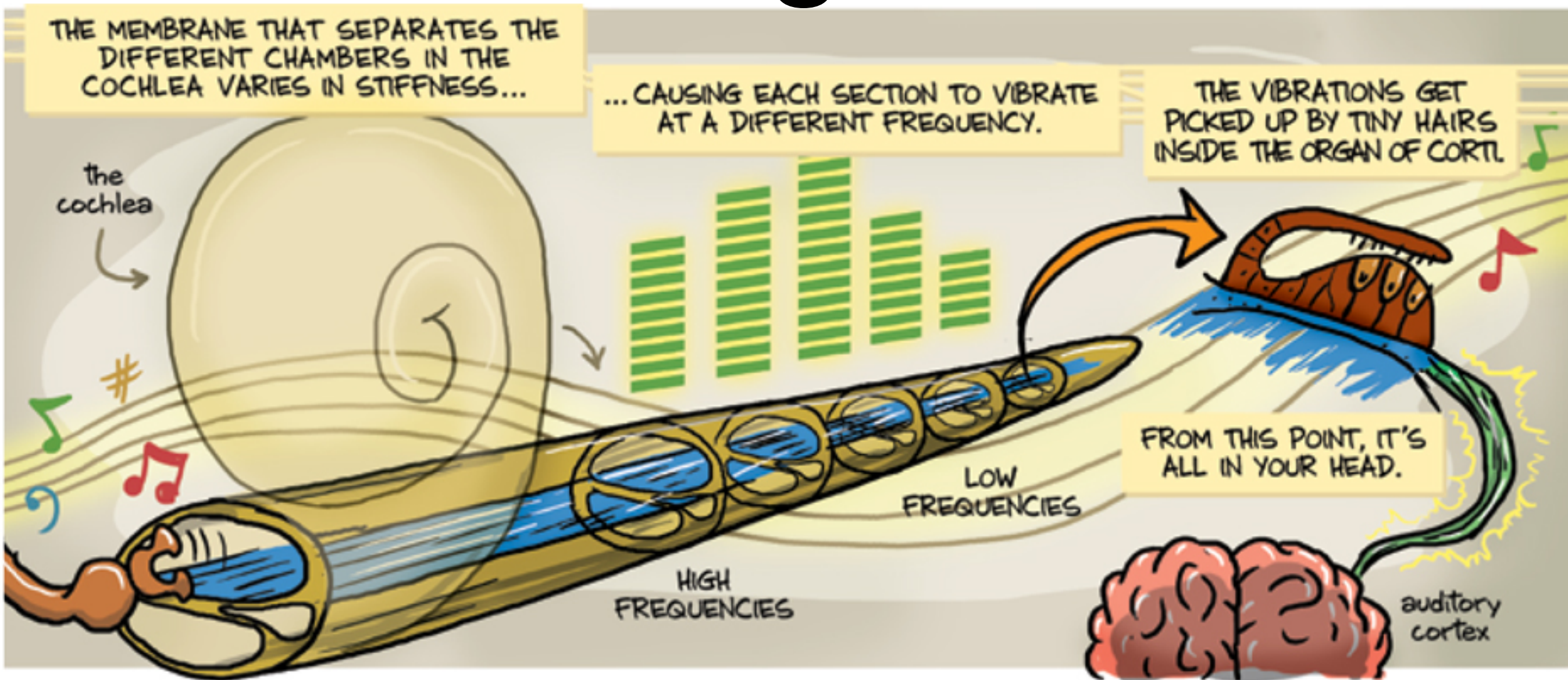
OR AN
INSTRUMENT.

THE VIBRATIONS STRIKE THE EARDRUM



AND GET AMPLIFIED BY TINY BONES IN
THE MIDDLE EAR, STRIKING THE COCHLEA.

Hearing Music



Hearing Music

MUSIC IS NOT JUST AN AESTHETIC RESPONSE, IT'S HARDWIRED TO HOW WE FEEL.

SAD OR DISSONANT MUSIC DIRECTLY ACTIVATES THE AMYGDALA, WHICH REGULATES NEGATIVE EMOTIONS...

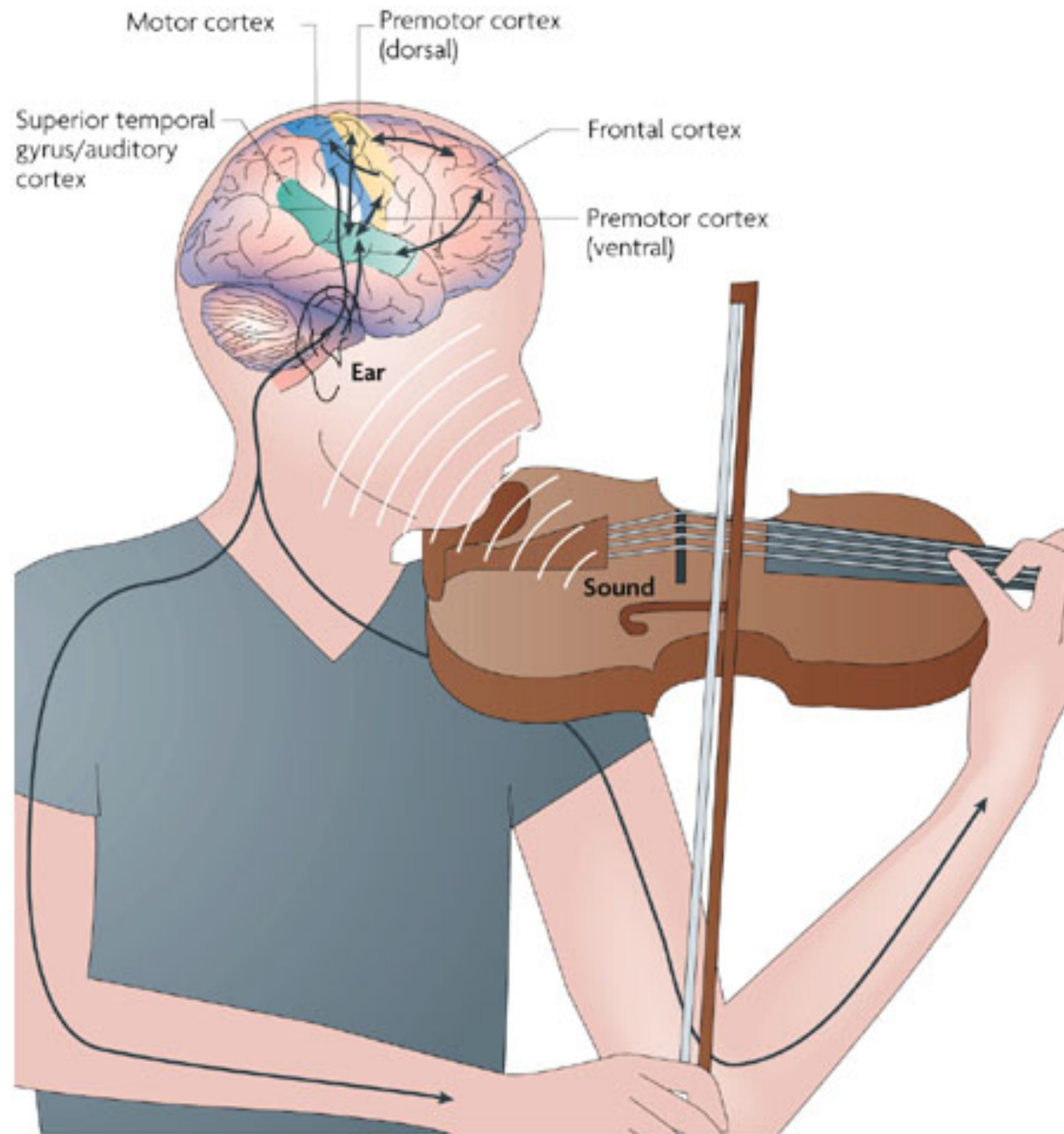
IT TAKES A SYMPHONY OF NEURAL SIGNALS TO APPRECIATE A SYMPHONY.

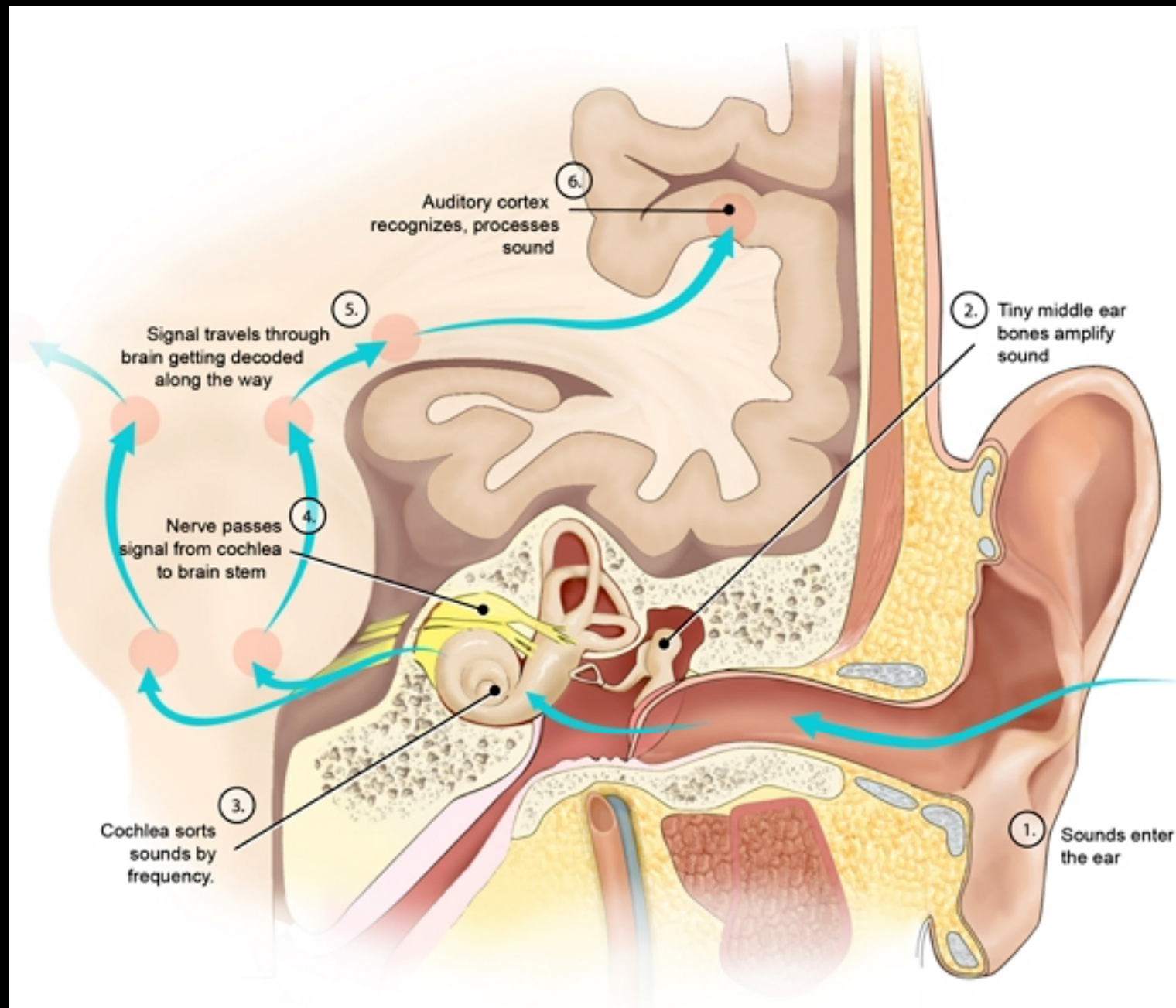
"PLAY THE WAY YOU FEEL!" CHOPIN SAID.

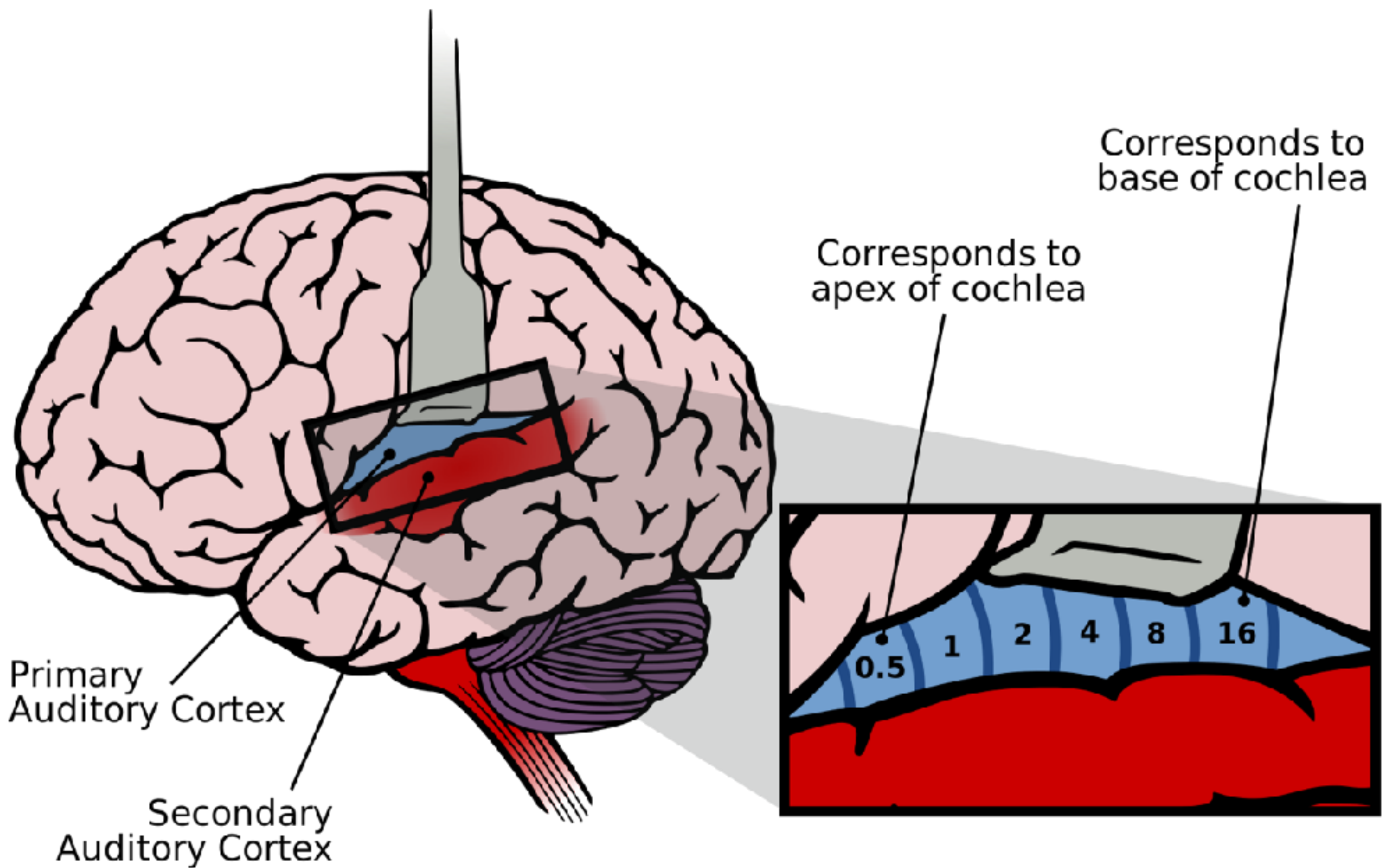
DO YOU FEEL THE WAY YOU PLAY?

... WHEREAS HAPPY OR HARMONIC MUSIC CAN TRIGGER DOPAMINE RELEASE (LIKE A DRUG).





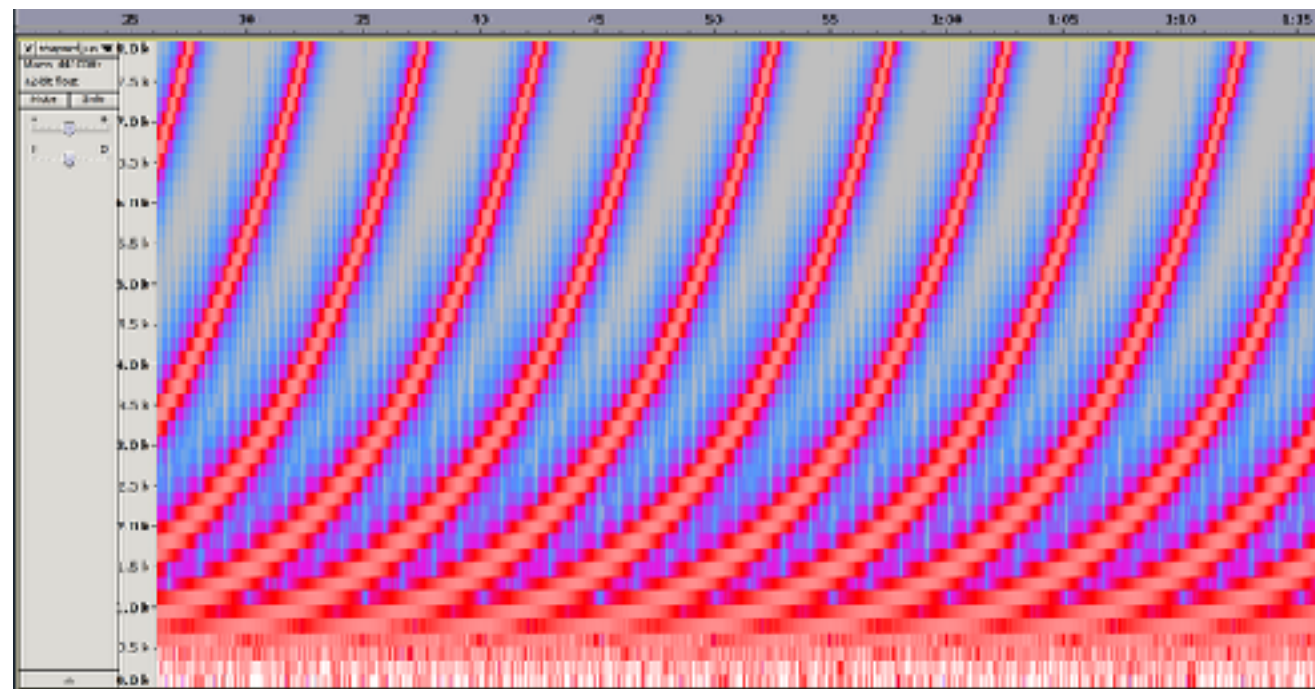




Auditory illusions

- Mc Gurk Effect
- fallingfalling.com
- Wikipedia Auditory illusions

Shepard tone



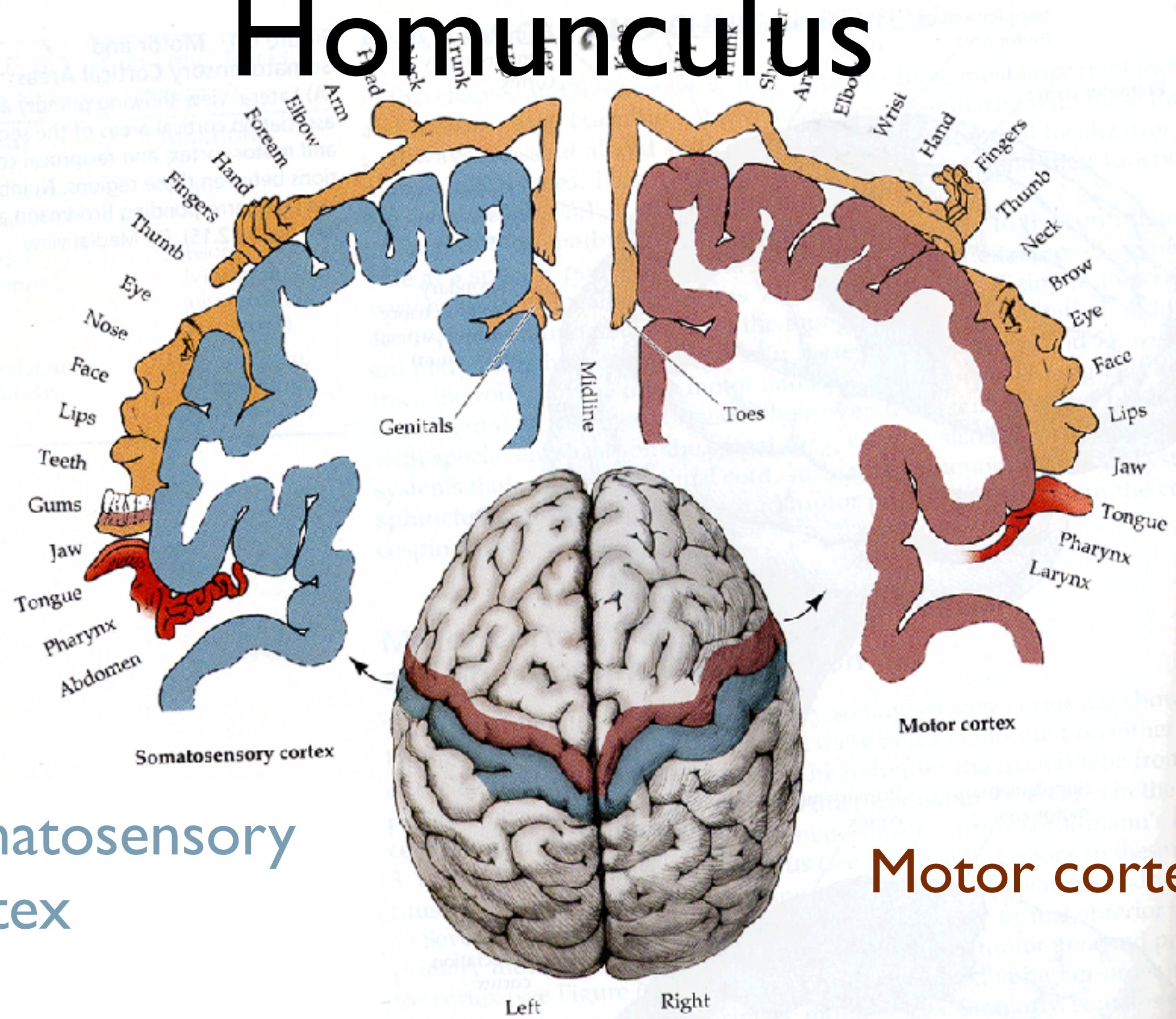
More? :) See: https://en.wikipedia.org/wiki/Auditory_illusion

Language vs. Music

Diana Deutsch : “The sounds as they appear to you are not only different from those that are really present, but they sometimes behave so strangely as to seem quite impossible.”



Homunculus

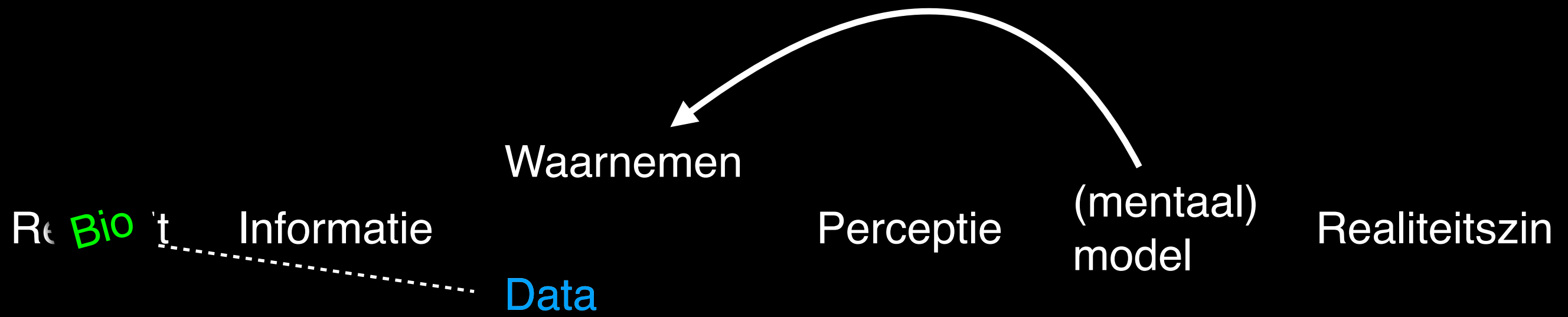


Somatosensory
cortex

Motor cortex







Wat is BioData ?

BIO-DATA

<u>Name:</u>	Sangita Kaushik
<u>Father's Name:</u>	Sir Santosh Kaushik
<u>Date of Birth:</u>	07/10/1984
<u>Height:</u>	5'1"
<u>Complexation:</u>	Fair
<u>Qualification:</u>	I.A.
<u>Gotra:</u>	Kaushik
<u>Sashan:</u>	खुद "Lata" माँ "Indoria" दादी "mamdolia"
<u>Brothers:</u>	1 Younger Brother & 2 Elder Brothers
<u>Sister:</u>	1 Sister
<u>Chacha:</u>	(1) Shree Kishor Kaushik (Gurubazar, Katihar) (2) Shree Shrinarayan Kaushik (Raigunj WB)
<u>Mama:</u>	(1) Shree Prem Shankar Sharma (Begusarai) (2) Shree Gopal Sharma (Banaras)
<u>Address:</u>	Santosh Kaushik, Anand kaushik Gurubazar, Katihar
<u>Contact Number:</u>	Phone: 06457/265045, Mo.9430050132
<u>Nepal Address:</u>	Santosh Kaushik, Sanihat, Biratnagar, Nepal
<u>Contact Number:</u>	Mo. +9779804317445/9842280662

Bio (Data) Sonification

Coronavirus the musical: U.S. scientists turn virus into melody to aid research

By Reuters Staff

3 MIN READ



(Reuters) - From tinkling harmonies as the virus disarms cells to clashing and stormy as it replicates, U.S. scientists have translated the novel coronavirus' spiked protein structure to music in an effort to better understand the pathogen.



<https://www.reuters.com/article/us-health-coronavirus-music-idUSKBN222207>

<https://www.sciencemag.org/news/2020/04/scientists-have-turned-structure-coronavirus-music>

Bio Sensing

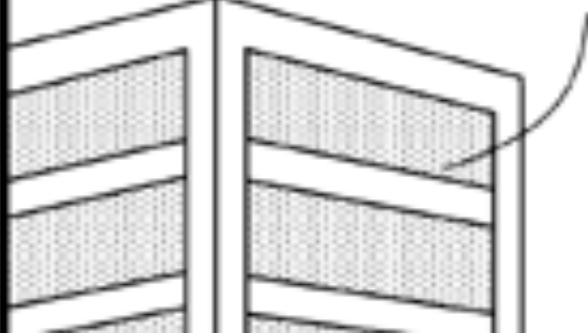
A biosensor is an analytical device, used for the detection of a chemical substance, that combines a biological component with a physicochemical detector.



I AM MORDAC, THE
PREVENTER OF INFOR-
MATION SERVICES,
AND I BRING YOU MY
NEWEST BIOMETRIC
SCANNER.

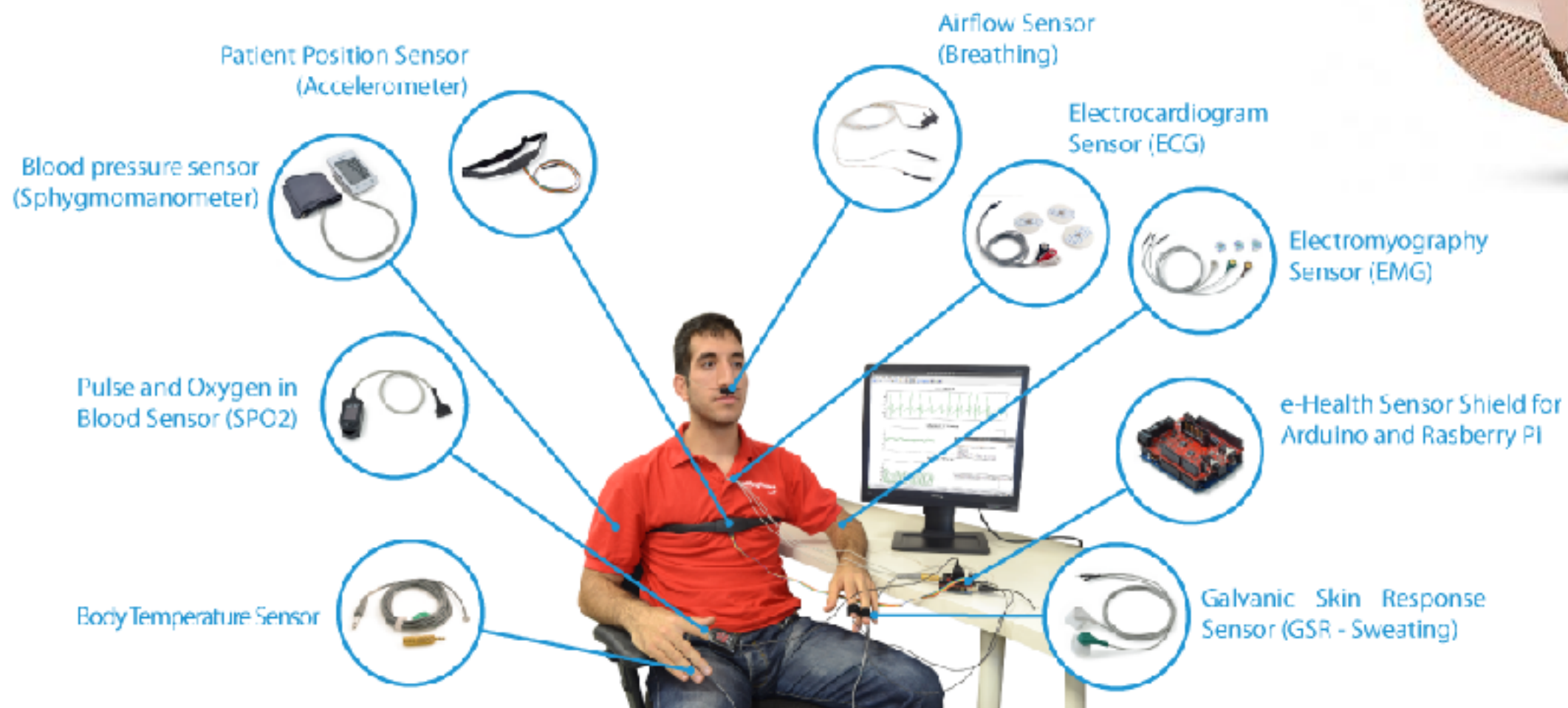


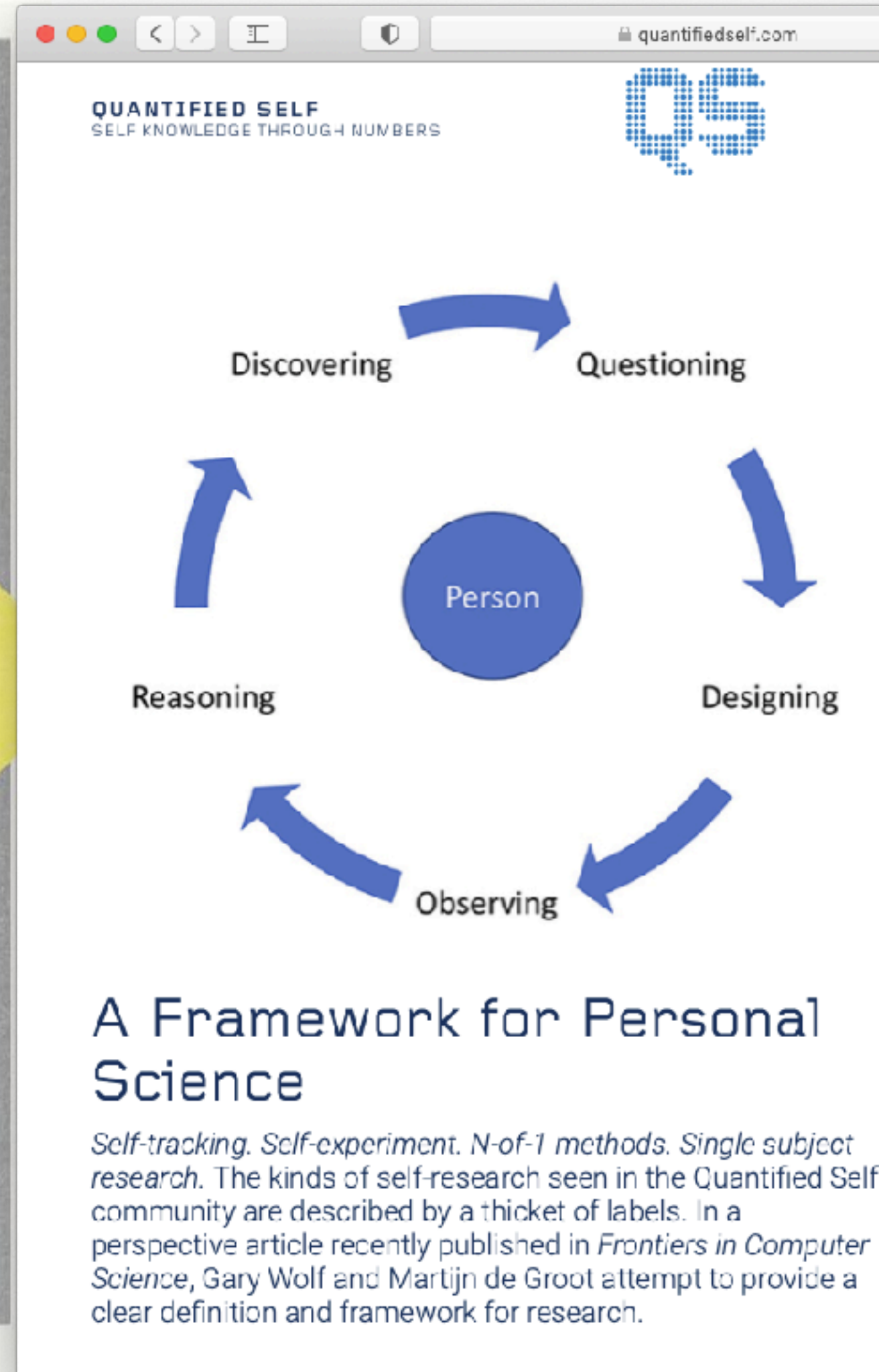
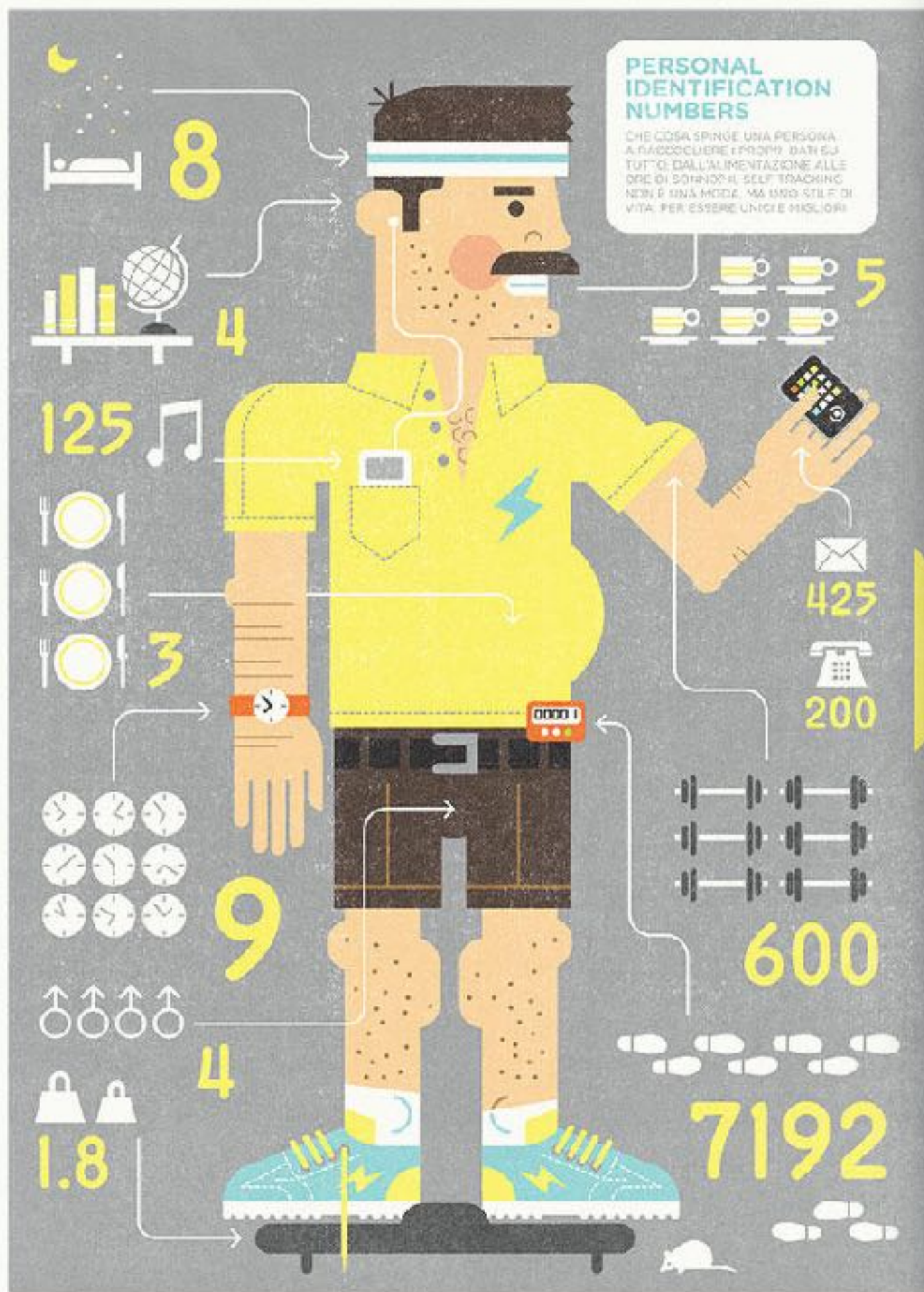
INSTEAD OF A PASS-
WORD, I PUT THIS ON
YOUR HEAD AND SQUEEZE
UNTIL YOU SCREAM IN A
WAY THAT ONLY YOU
CAN SCREAM.



NO,
THAT'S
NOT
YOU. GAAA!
GAAA!
GAAA!









The Entire History of You - Black Mirror



Be Right Back - Black Mirror

SENSORS

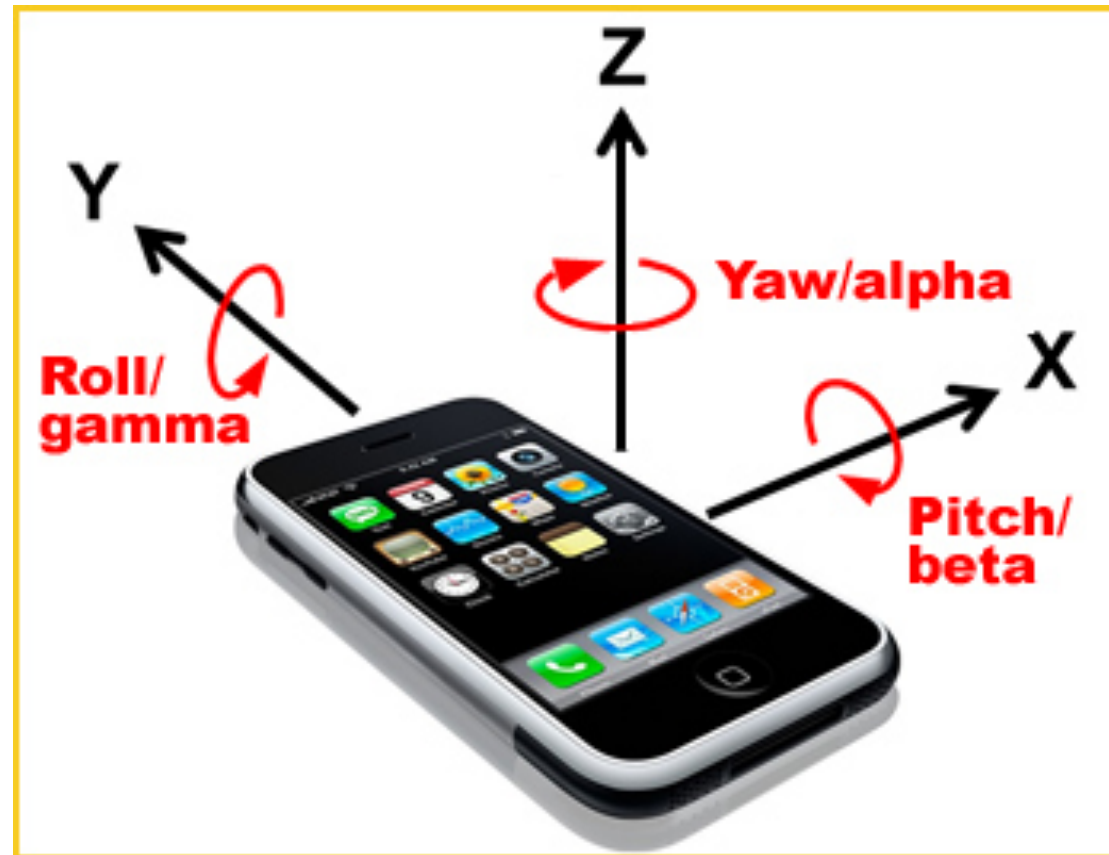
a.k.a.

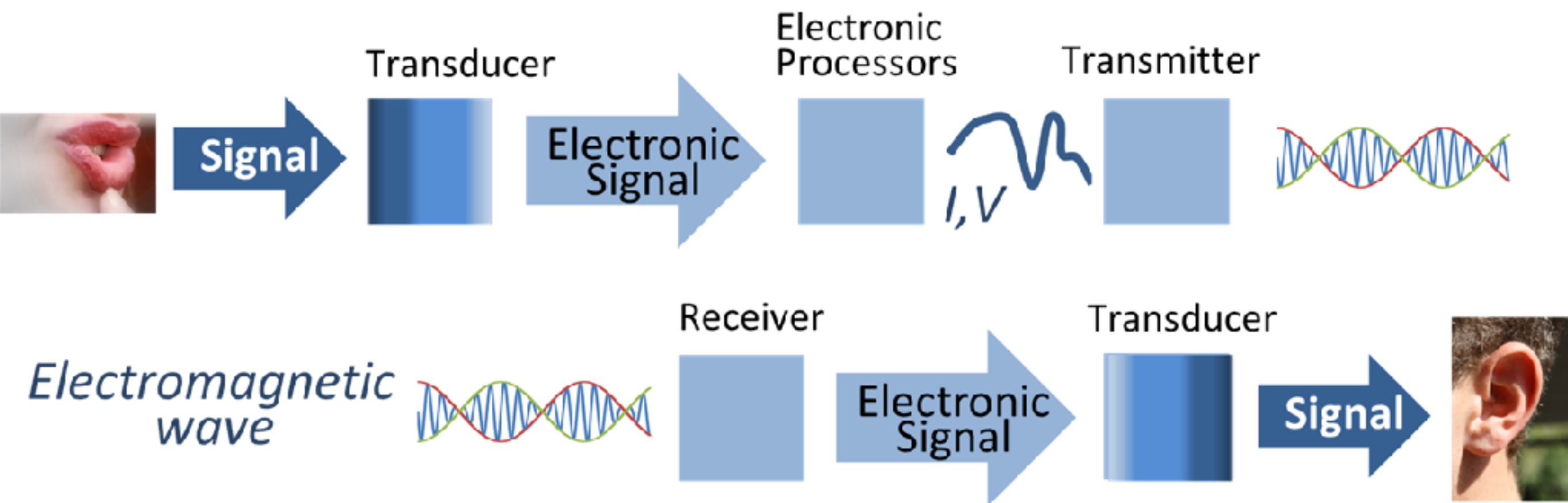
Interfacing to the Physical World

Human ~~sensors~~ senses

Welke Zintuigen kennen we?

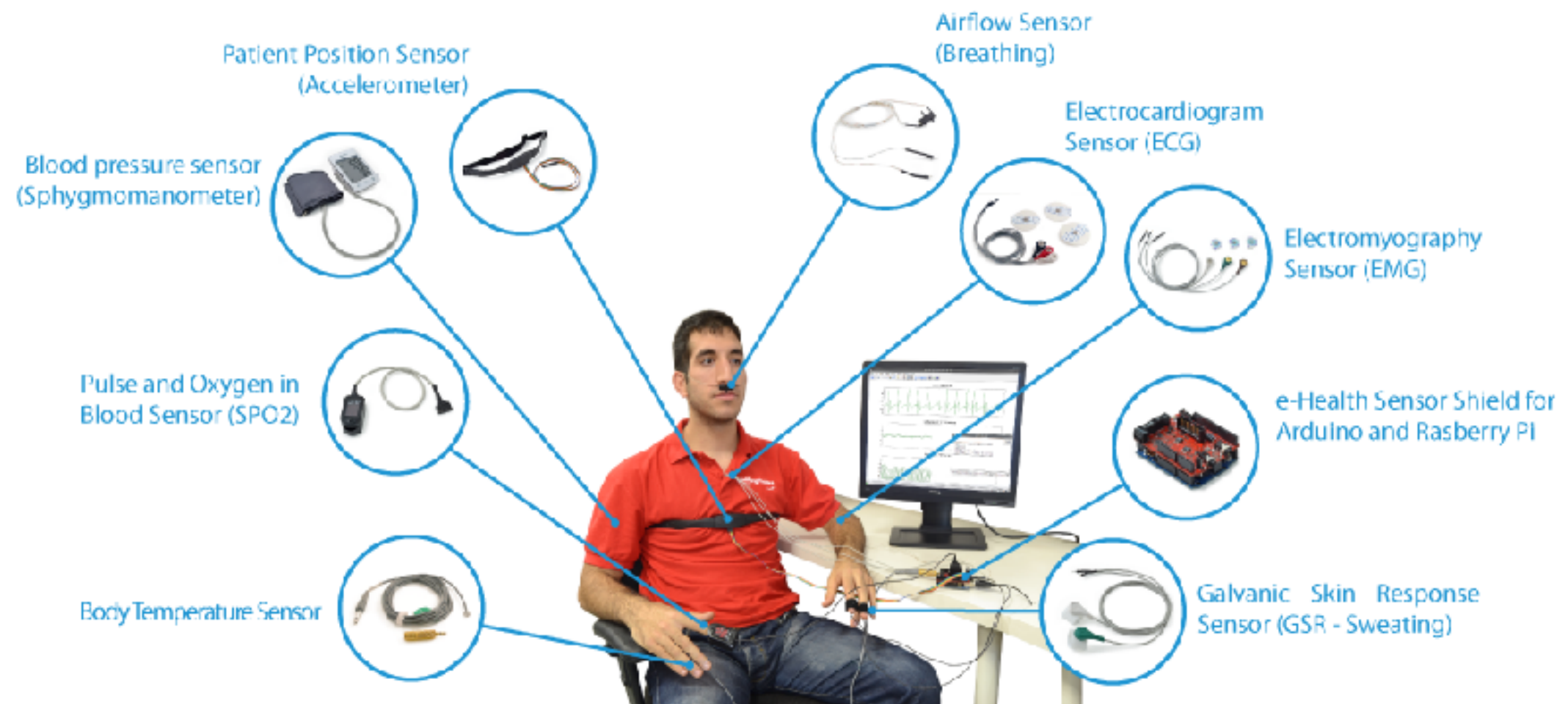
geur
zenuwstelsel
hypothalamus
gehoor
maag
warmte
huid pijn
aanraking
ogen
ruiken
evenwicht
horen
reuk
oren
saamhorigheid
jimmy
zicht
smaak



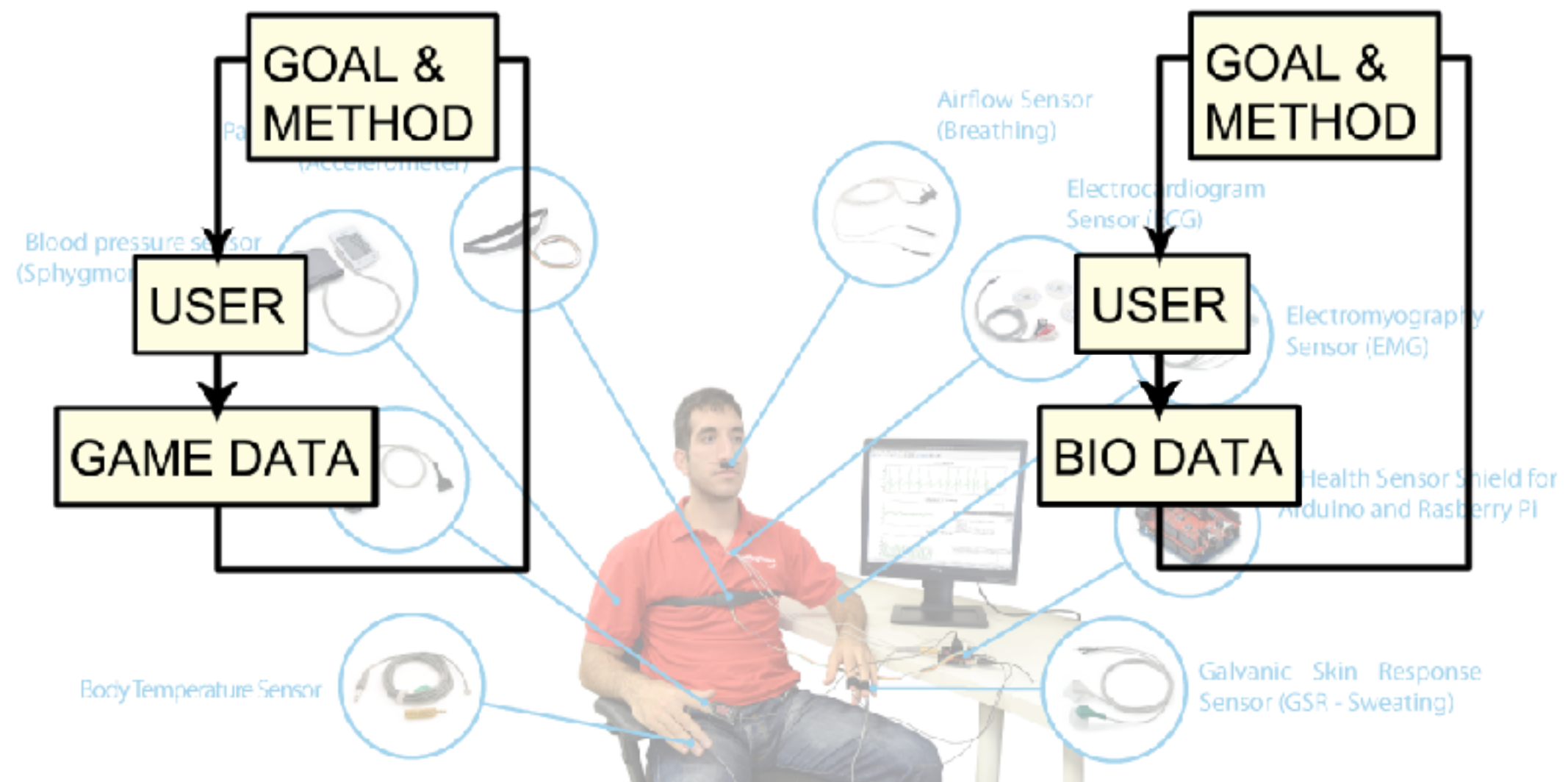


BioData

codenaam: “Zweten is Weten”

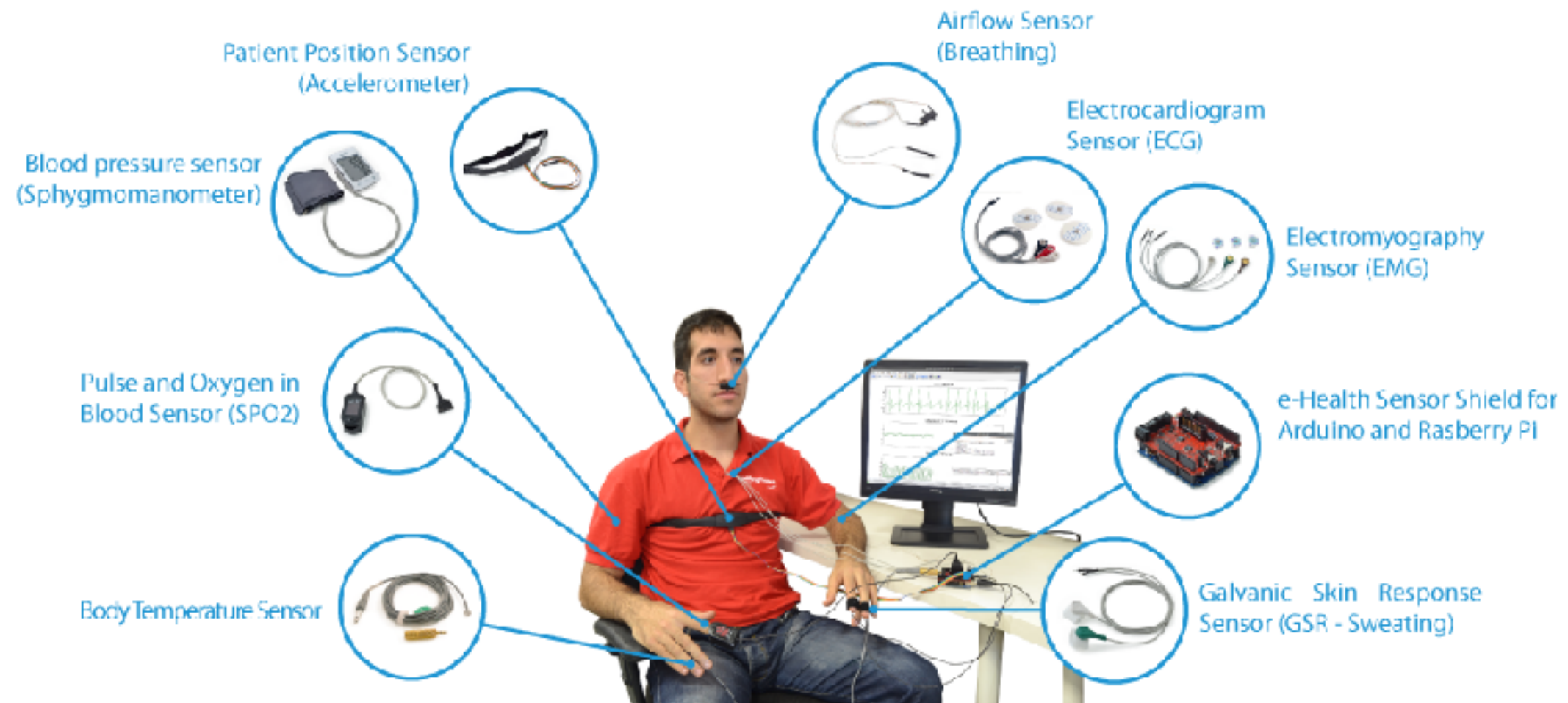


BioFeedback



BioSensing

codenaam: “Zweten is Weten”

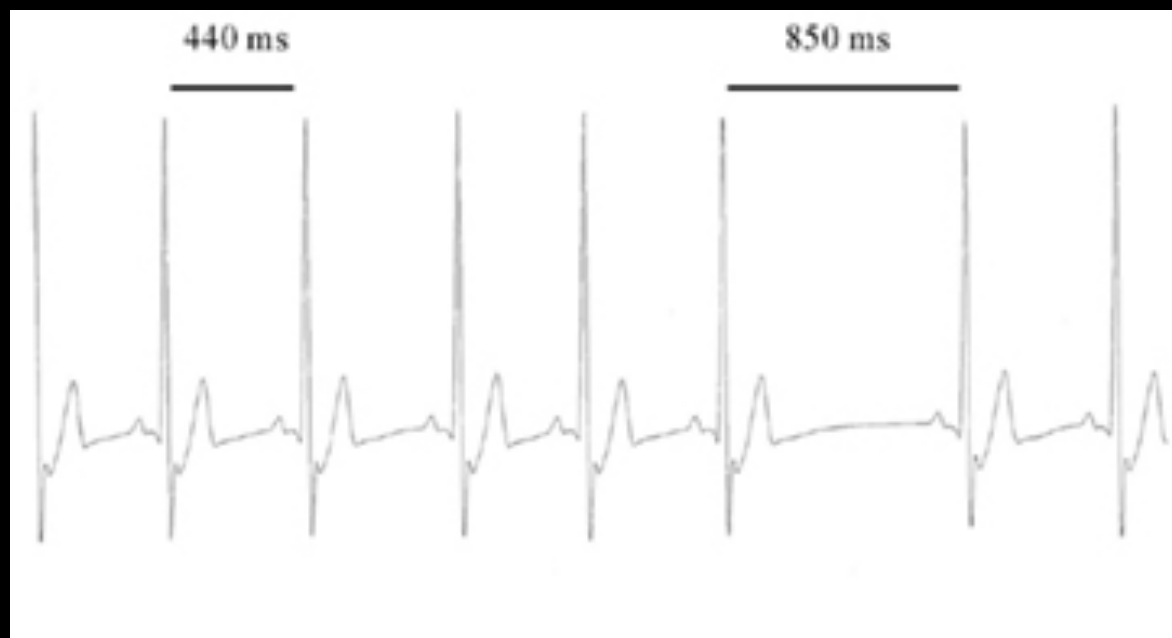


BioSensing

- EEG
- ECG
- EMG
- Galvanic Skin Conductance
- Breath
- Blood Pressure
- etc...

Je Hart(Live)

- Blood circulation (circulatory system)
- Pulse
- ‘Heart Sound’
- HRV (Hart Ritme Variabiliteit)





Source

(Courtesy of Winchester Hospital. Do not copy)



← ECG

Hospital monitor

Bandpass signal +
peaks (pulse)



Estimated heart rate

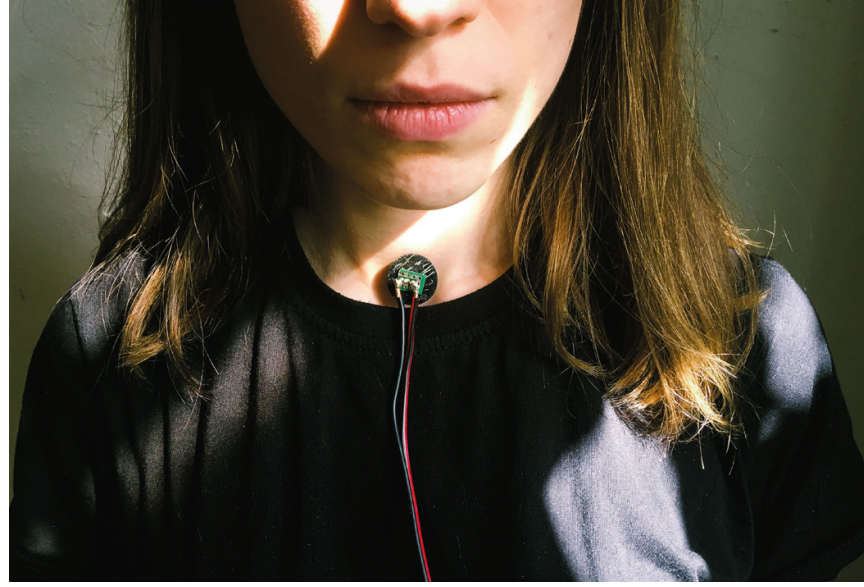


Color-amplified (x150)

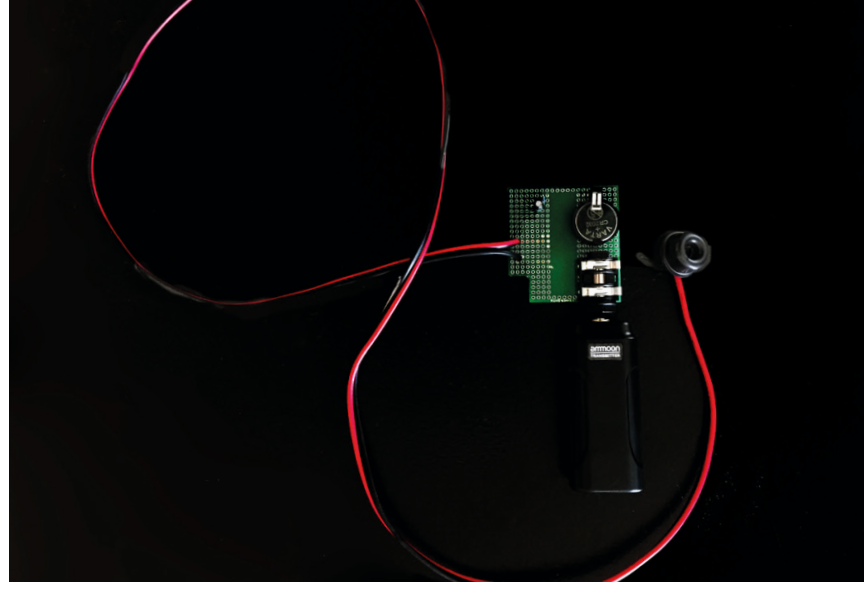
First sketches of the garment for the sensor by Bianca Huisman.



Position of the sensor in human body.



Self-made sensor that captures heartbeat and respiration.



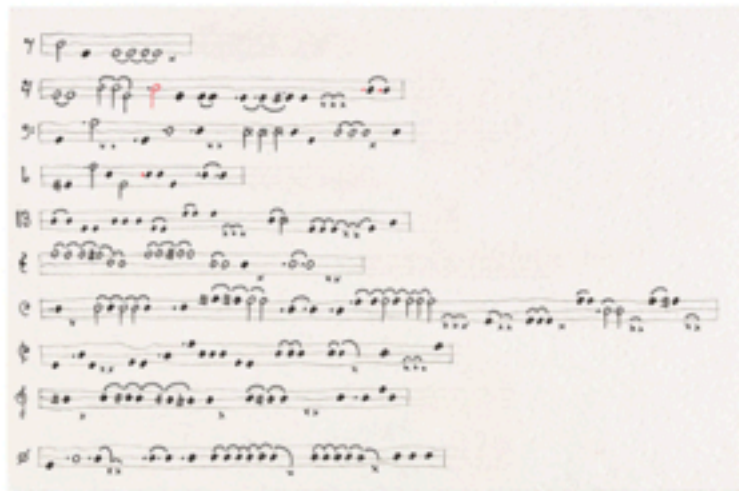
What does (Bio)Data look like?



Dear Data

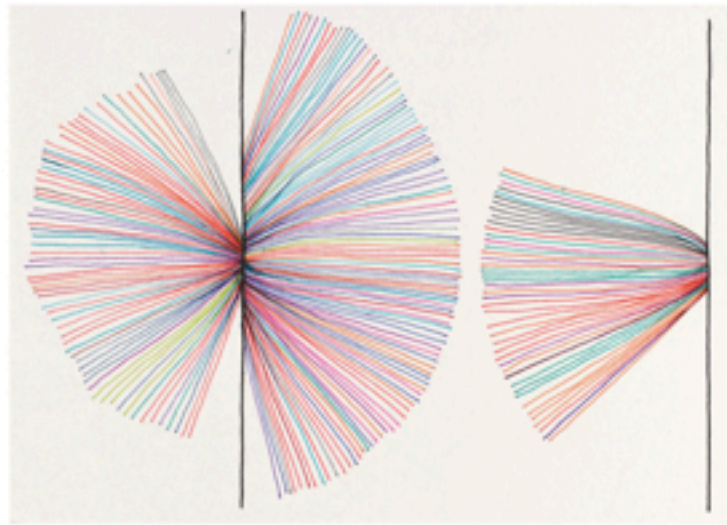
Giorgia

week seven



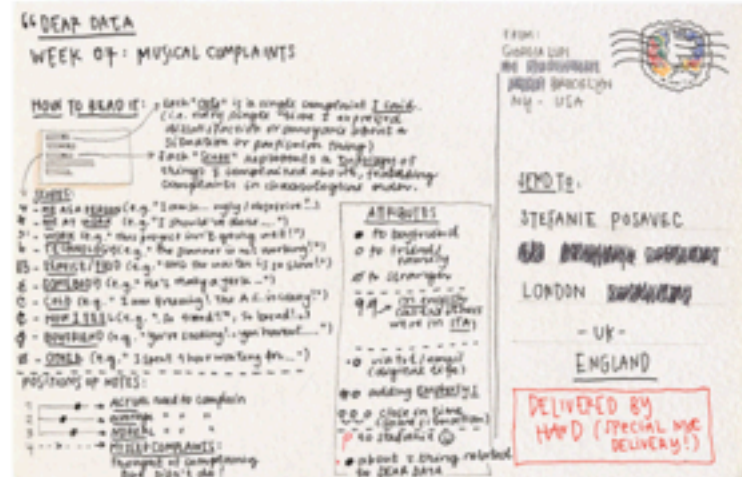
a week of complaints

Stefanie



Giorgia

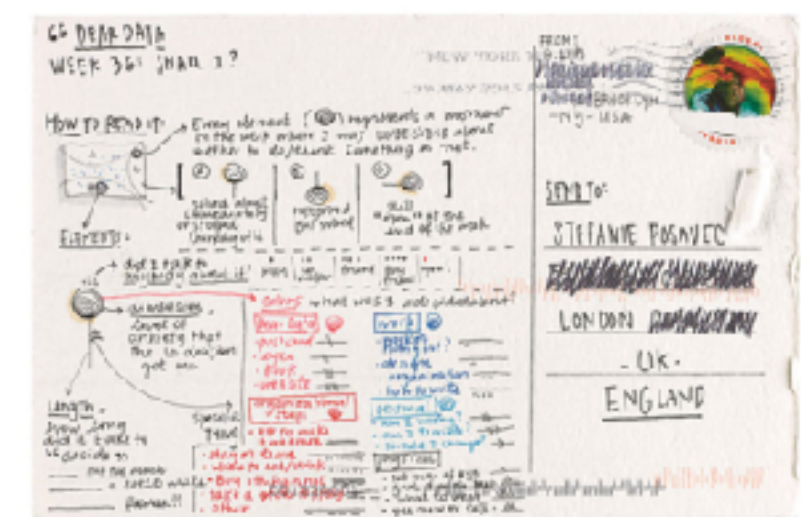
week Forty-014



What better visual reference than a musical score to show the repetitiveness of Giorgia's presents and the "level" of complaint, whether they are justified or totally out of place.



Note the hand-drawn stamps: these postcards were delivered in person in New York!



Copyrighted when she was under the 18th birthday line 101 someone to be added that data reference information.

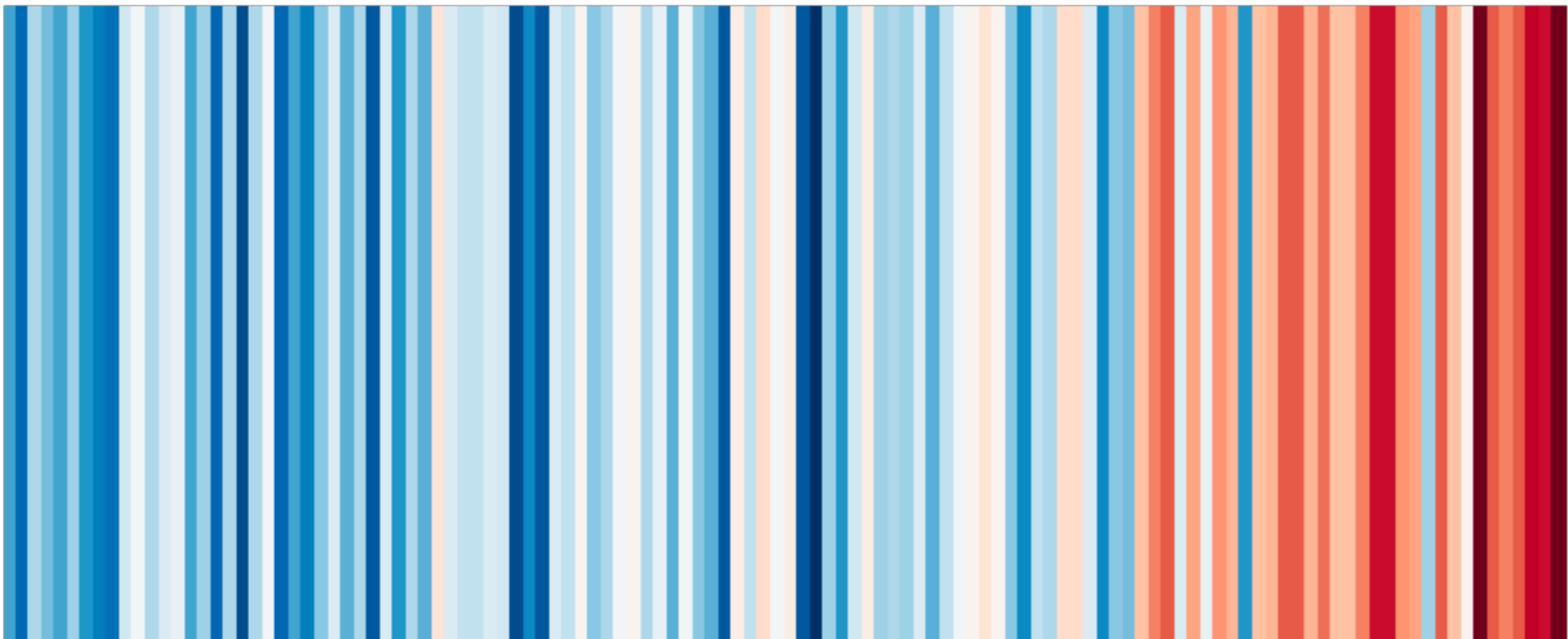
Dear Data - Giorgia Lupi & Stefanie Posavec: <http://www.dear-data.com/theproject>

GIORGIA



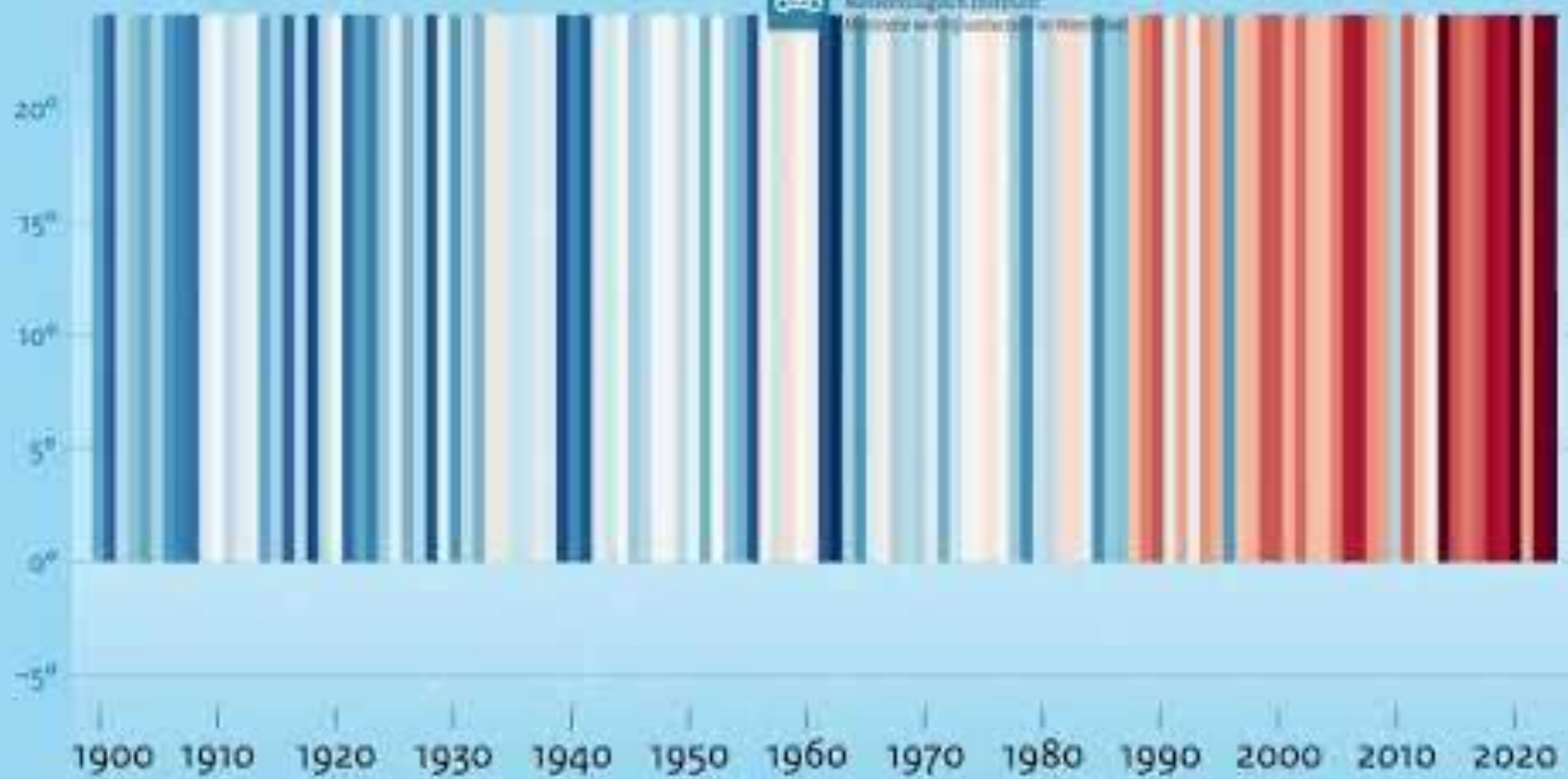
Stefanie

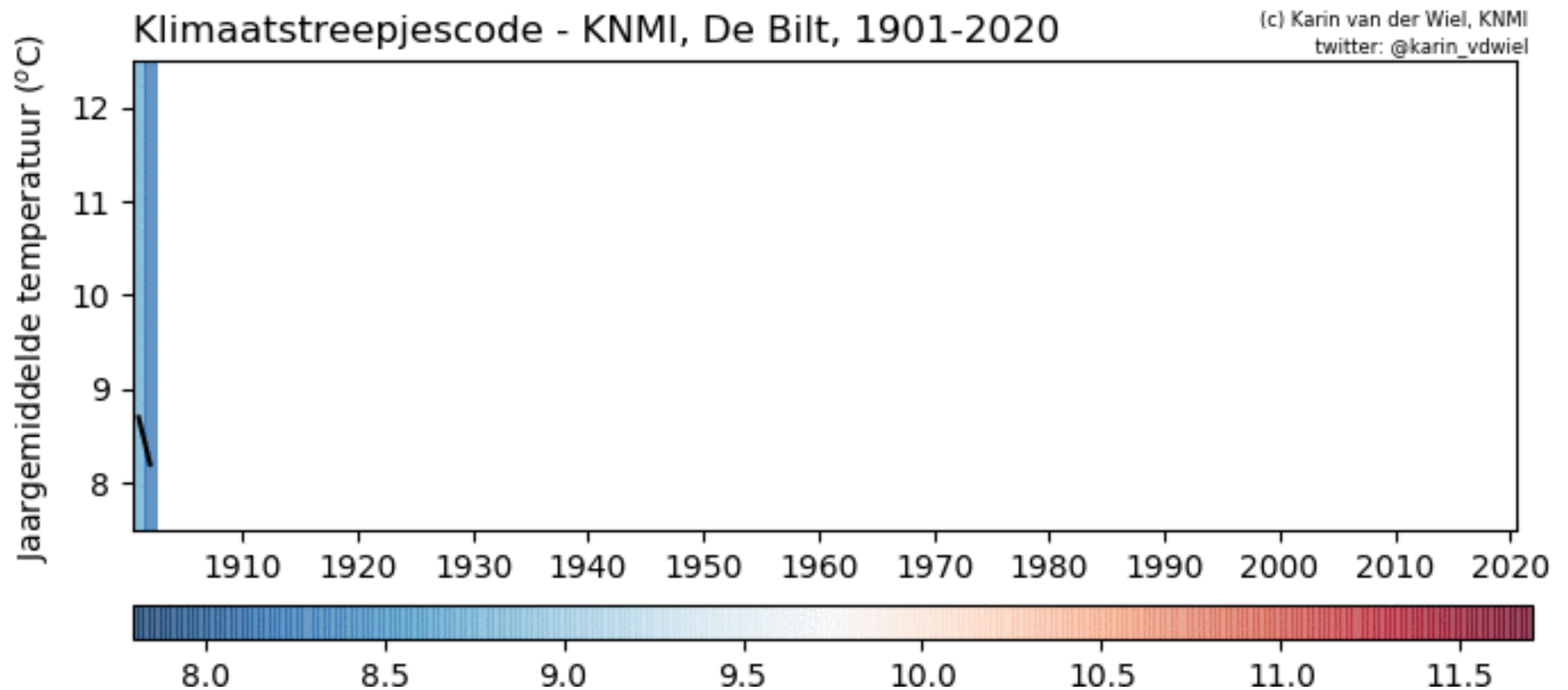






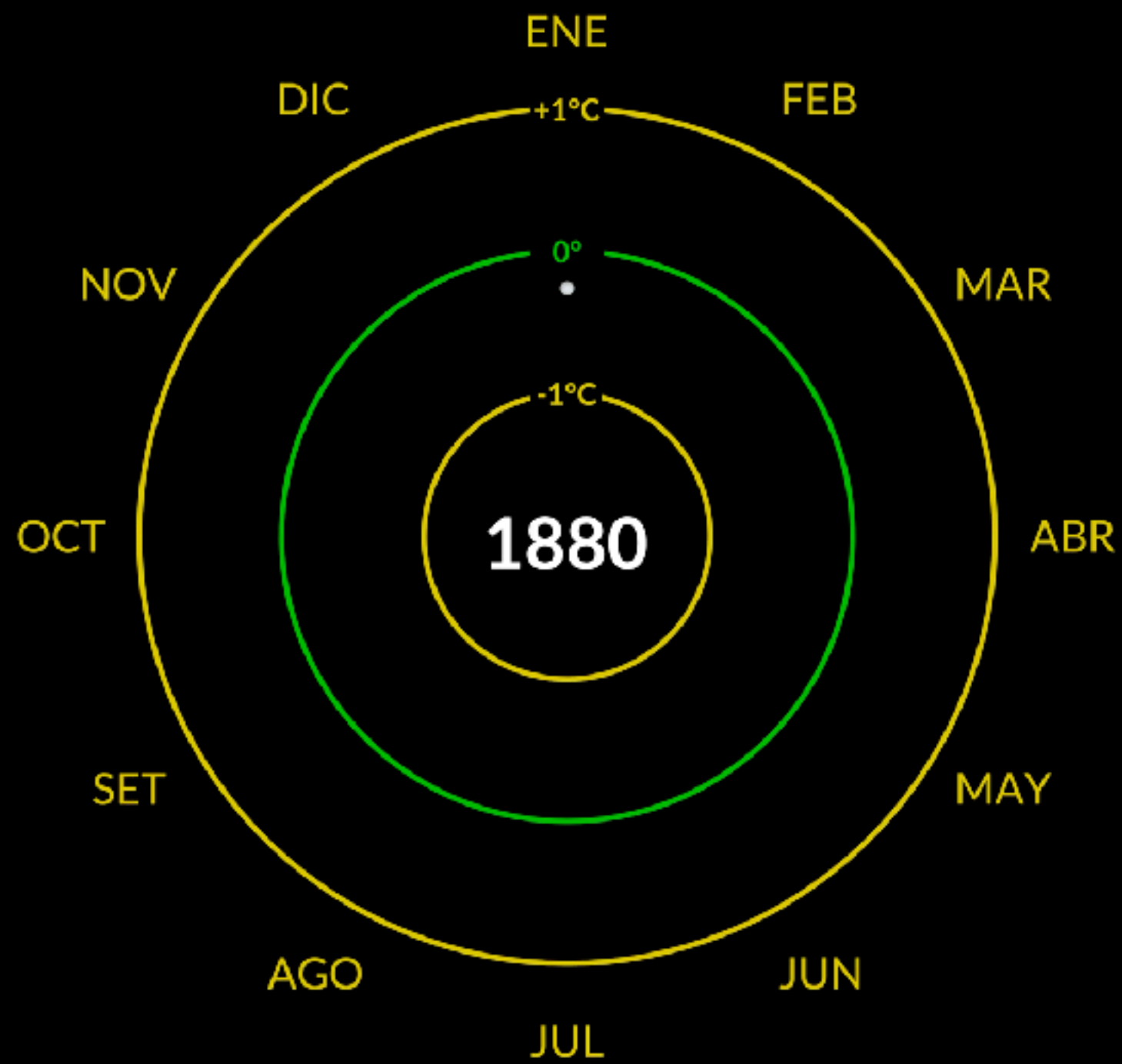
Koninklijk Nederlands
Meteorologisch Instituut
Algemene weersynopsis van Nederland





https://en.wikipedia.org/wiki/Warming_stripes

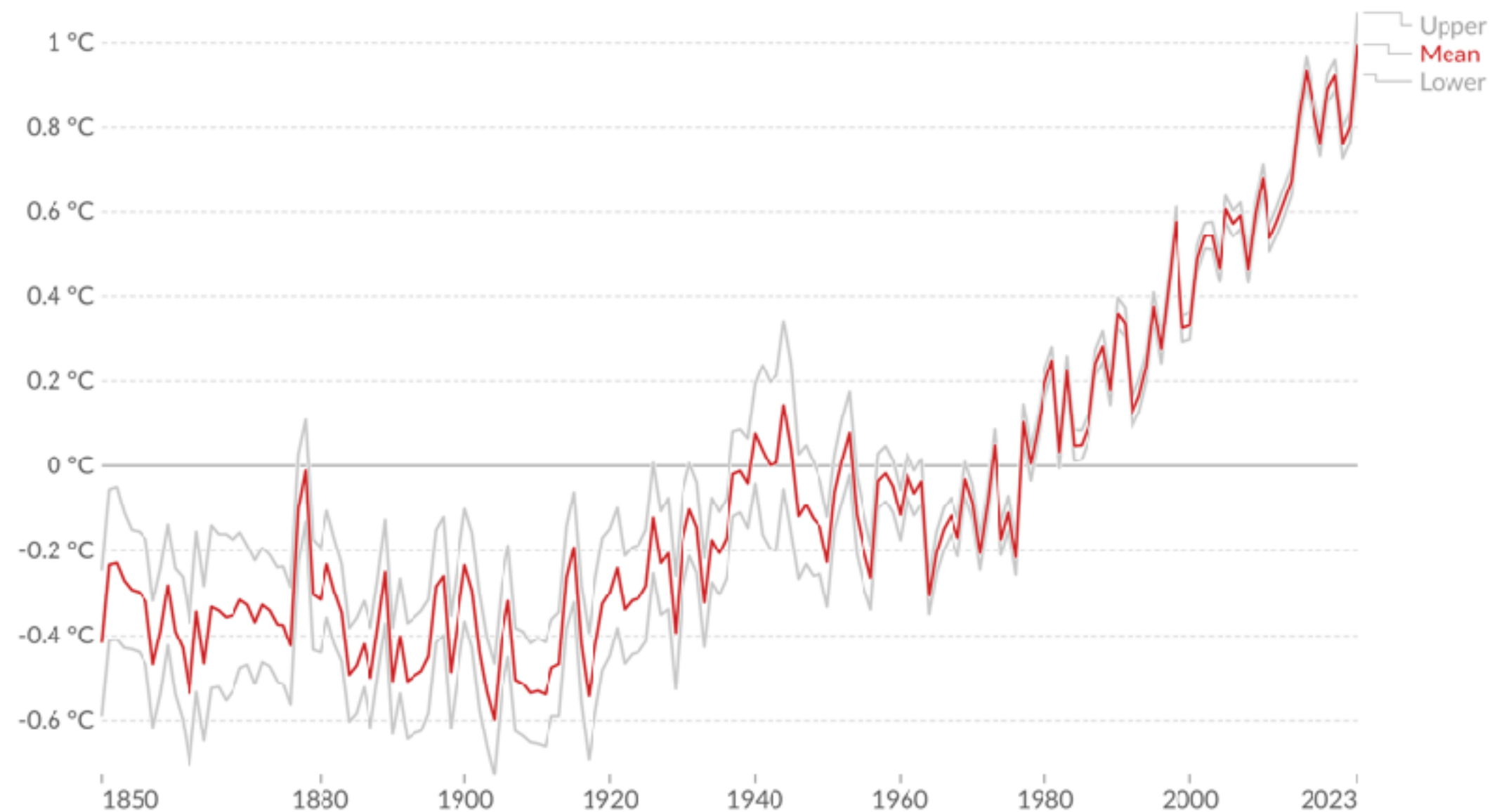
<https://www.ableton.com/en/blog/sound-the-alarm-data-sonification-as-a-tool-for-climate-action/>



Average temperature anomaly, Global

Our World
in Data

Global average land-sea temperature anomaly relative to the 1961-1990 average temperature.



Data source: Met Office Hadley Centre (2023)

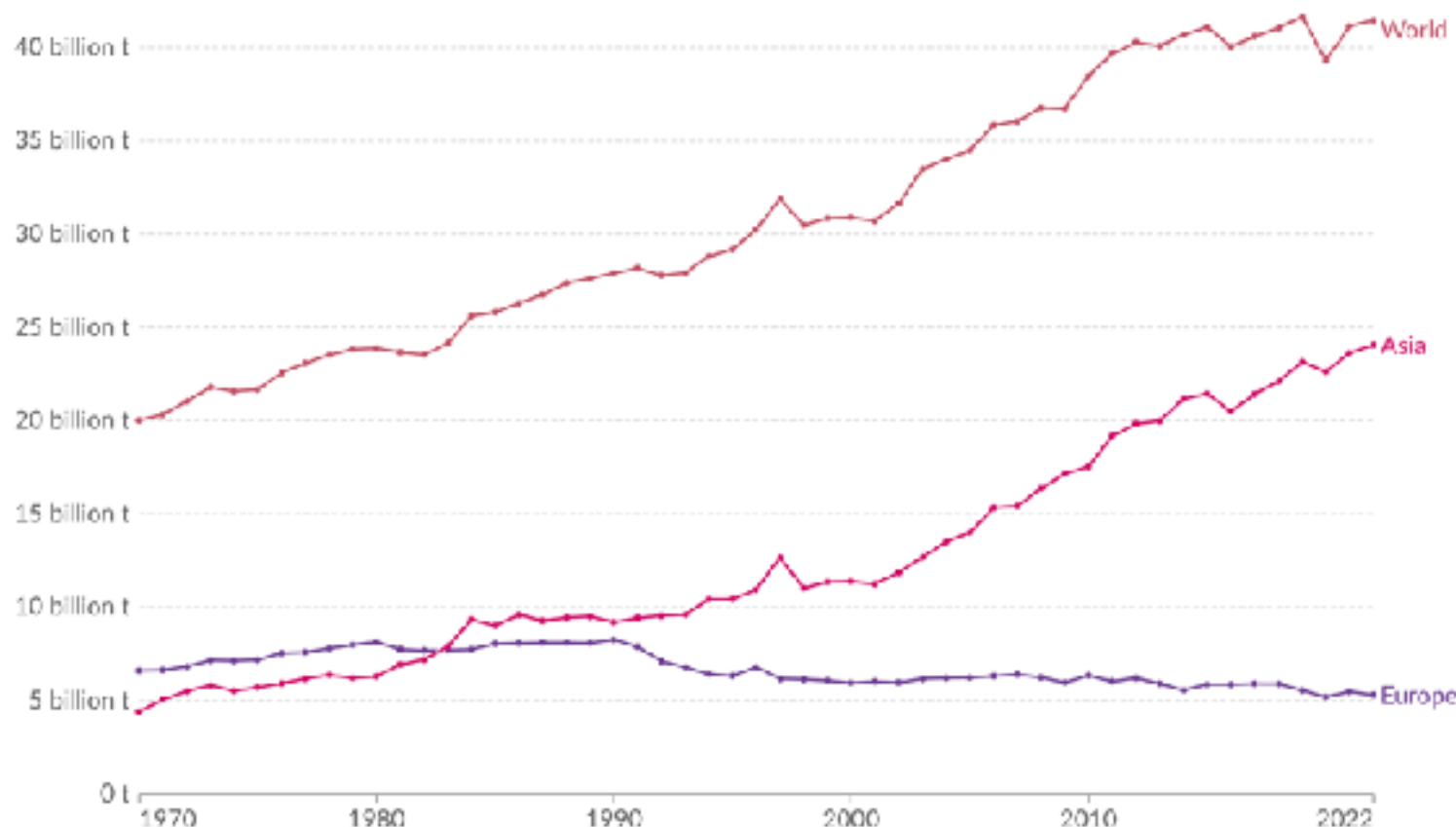
OurWorldInData.org/co2-and-greenhouse-gas-emissions | CC BY

Note: The gray lines represent the upper and lower bounds of the 95% confidence intervals.

Annual CO₂ emissions including land-use change, 1970 to 2022

Emissions include those from fossil fuels and industry¹, and land-use change. They are measured in tonnes.

Our World
in Data



Data source: Global Carbon Budget (2023)

[OurWorldInData.org/co2-and-greenhouse-gas-emissions](https://ourworldindata.org/co2-and-greenhouse-gas-emissions) | CC BY

Note: Emissions from land-use change can be positive or negative depending on whether carbon is emitted or sequestered.

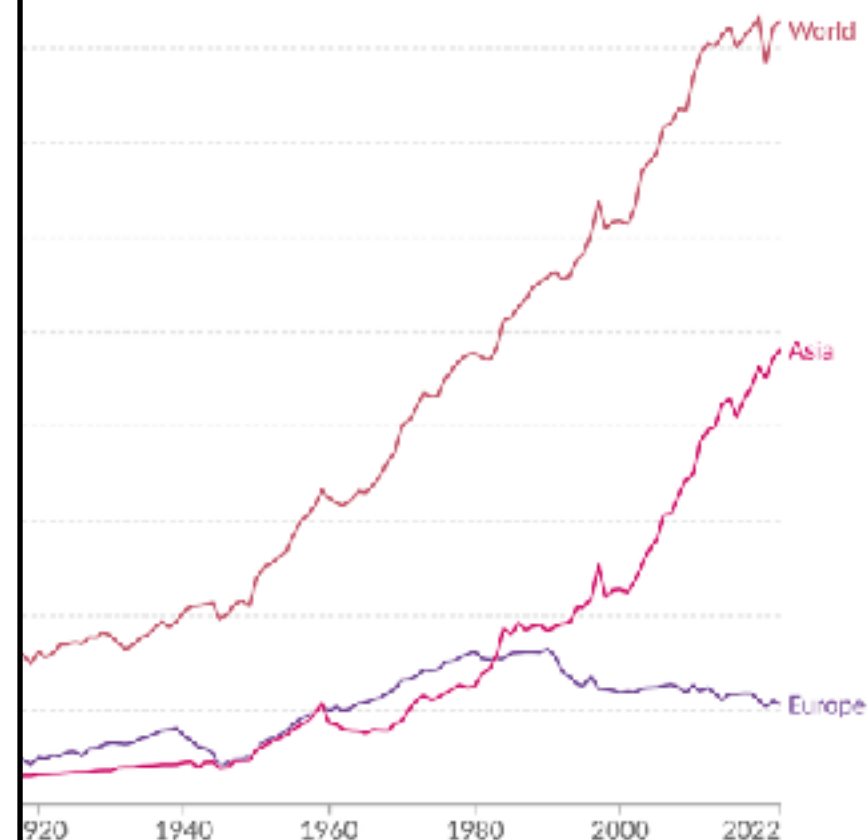
1. Fossil emissions: Fossil emissions measure the quantity of carbon dioxide (CO₂) emitted from the burning of fossil fuels, and directly from industrial processes such as cement and steel production. Fossil CO₂ includes emissions from coal, oil, gas, flaring, cement, steel, and other industrial processes. Fossil emissions do not include land use change, deforestation, soils, or vegetation.

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Annual CO₂ emissions including land-use change, 1850 to 2022

Emissions include those from fossil fuels and industry¹, and land-use change. They are measured in tonnes.

Our World
in Data



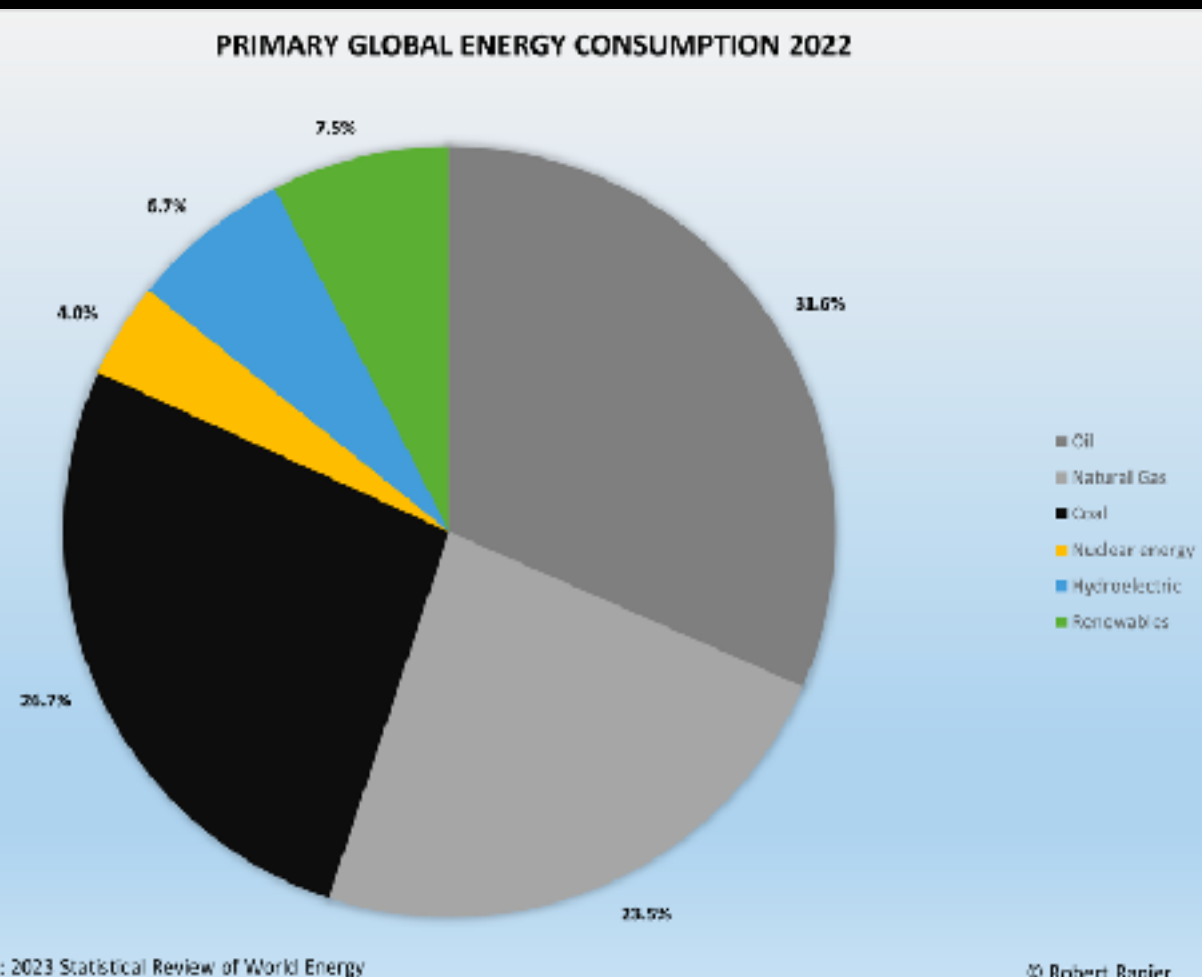
[OurWorldInData.org/co2-and-greenhouse-gas-emissions](https://ourworldindata.org/co2-and-greenhouse-gas-emissions) | CC BY

Note: Emissions from land-use change can be positive or negative depending on whether carbon is emitted or sequestered.

carbon dioxide (CO₂) emitted from the burning of fossil fuels, and directly from industrial processes such as cement and steel production. Fossil CO₂ includes emissions from coal, oil, gas, flaring, cement, steel, and other industrial processes. Fossil emissions do not include land use change, deforestation, soils, or vegetation.

[https://ourworldindata.org/explorers/co2?](https://ourworldindata.org/explorers/co2?facet=none&country=OWID_ASI~OWID_WRL~OWID_EUR&Gas+or+Warming=CO%E2%82%82&Accounting=Territorial&Fuel+or+Land+Use+Change=Fossil+%2B+land+use+change&Count=Per+country&Relative+to+world+total=false)

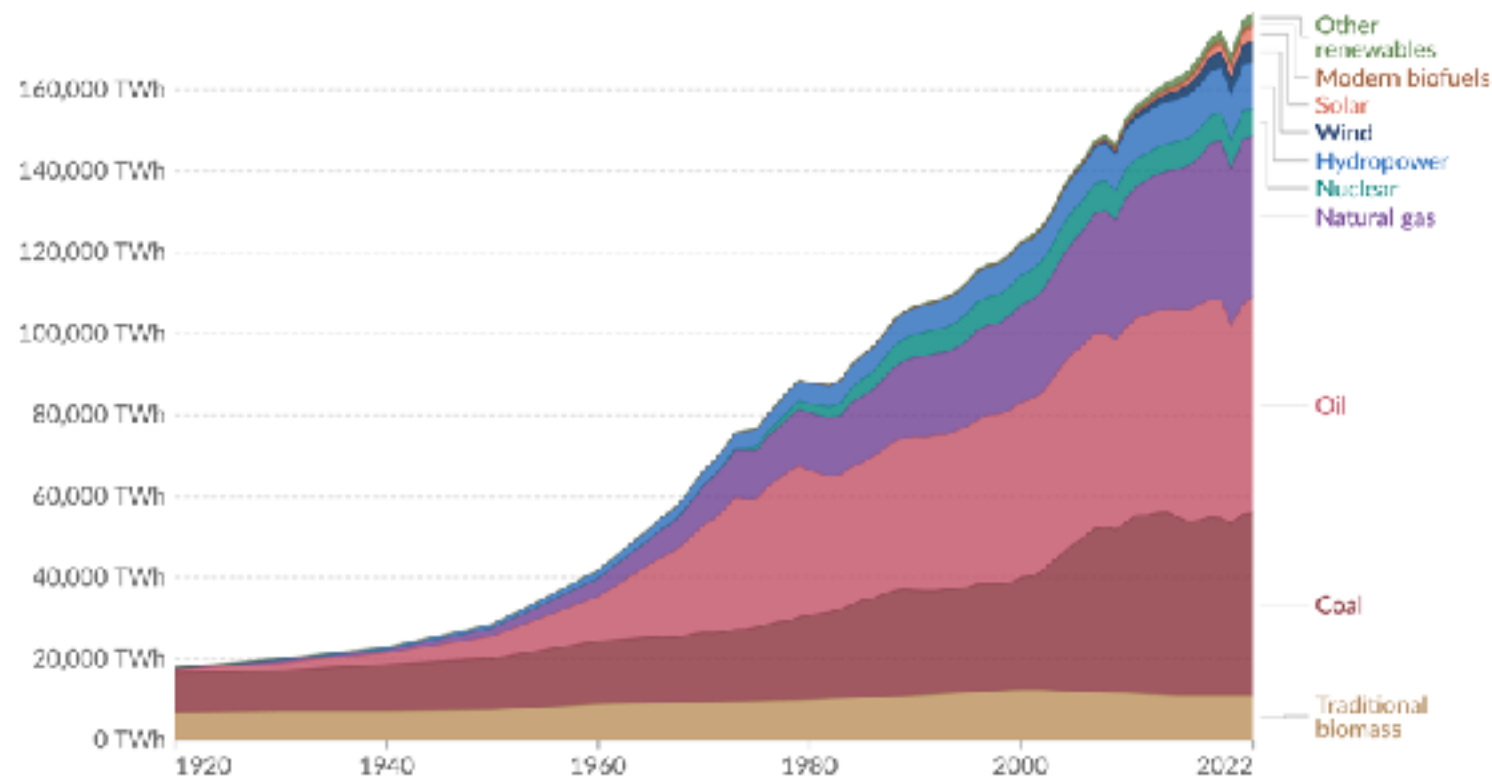
[facet=none&country=OWID_ASI~OWID_WRL~OWID_EUR&Gas+or+Warming=CO%E2%82%82%82&Accounting=Territorial&Fuel+or+Land+Use+Change=Fossil+%2B+land+use+change&Count=Per+country&Relative+to+world+total=false](https://ourworldindata.org/explorers/co2?facet=none&country=OWID_ASI~OWID_WRL~OWID_EUR&Gas+or+Warming=CO%E2%82%82&Accounting=Territorial&Fuel+or+Land+Use+Change=Fossil+%2B+land+use+change&Count=Per+country&Relative+to+world+total=false)



Global primary energy consumption by source

Primary energy¹ is based on the substitution method² and measured in terawatt-hours³.

Our World
in Data



Data source: Energy Institute - Statistical Review of World Energy (2023); Smil (2017)

Note: In the absence of more recent data, traditional biomass is assumed constant since 2015.

OurWorldInData.org/energy | CC BY

1. Primary energy: Primary energy is the energy available as resources – such as the fuels burnt in power plants – before it has been transformed. This relates to the coal before it has been burned, the uranium, or the barrels of oil. Primary energy includes energy that the end user needs, in the form of electricity, transport and heating, plus inefficiencies and energy that is lost when raw resources are transformed into a usable form. You can read more on the different ways of measuring energy in our article.

2. Substitution method: The 'substitution method' is used by researchers to correct primary energy consumption for efficiency losses experienced by fossil fuels. It tries to adjust non-fossil energy sources to the inputs that would be needed if it was generated from fossil fuels. It assumes that wind and solar electricity is as inefficient as coal or gas. To do this, energy generation from non-fossil sources are divided by a standard 'thermal efficiency factor' – typically around 0.4. Nuclear power is also adjusted despite it also experiencing thermal losses in a power plant. Since it's reported in terms of electricity output, we need to do this adjustment to calculate its equivalent input value. You can read more about this adjustment in our article.

3. Watt-hour: A watt-hour is the energy delivered by one watt of power for one hour. Since one watt is equivalent to one Joule per second, a watt-hour is equivalent to 3600 Joules of energy. Metric prefixes are used for multiples of the unit, usually: - kilowatt-hours (kWh), or a thousand watt-hours, - Megawatt-hours (MWh), or a million watt-hours, - Gigawatt-hours (GWh), or a billion watt-hours, - Terawatt-hours (TWh), or a trillion watt-hours.

It's gettin hot out here

2015: WARMEST DECEMBER

HOW TO READ IT

This visualization shows 8 places around the globe chosen for their location in areas where anomalies occurred. Shown are the number of °C departing from the average temperature of each December day.

Across the globe, record warm temperatures were observed over every continent, including at a high-altitude location in Antarctica.

HOW TO READ IT

This visualization shows 8 places around the globe chosen for their location in areas where anomalies occurred. Shown are the number of °C departing from the average temperature of each December day.

(to emphasize the anomaly length as well as the width of each element represents the number °C)

cooler (°C below average)
warmer (°C above average)

average °C December 2015
average December °C (1981-2010)

anomaly °C

precipitation
too wet
too dry
snowfall

City
Country
dates °C | °C | °C
mm
cm

Global: warmest average land and ocean temperature since 1880

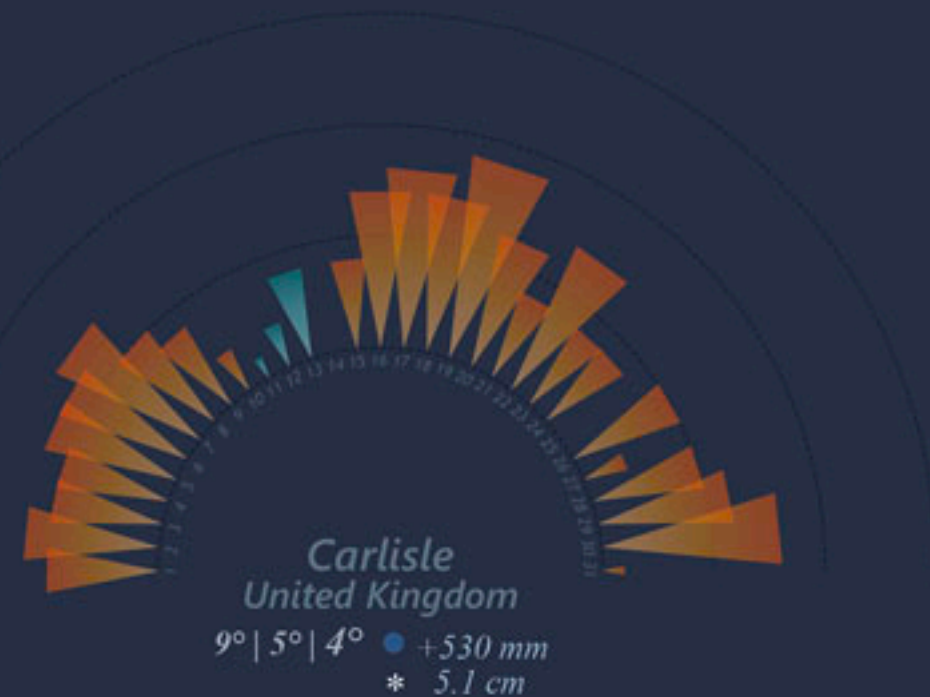
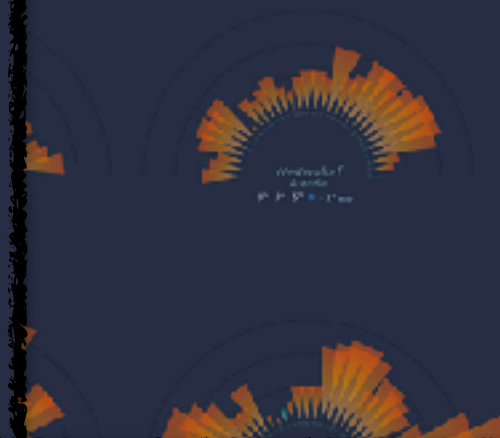
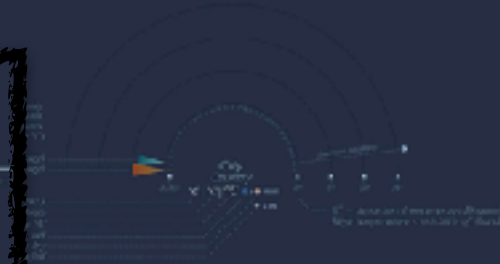
Partially because of the observed rapid rise in the world's surface air temperature, the world's oceans have warmed by 0.3°C since 1950. With the global temperature rising, it's not surprising that the world's oceans have warmed by 0.3°C.

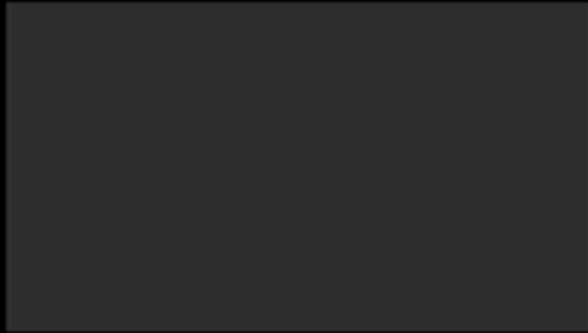
With temperatures rising, the world's oceans have warmed by 0.3°C since 1950. With the global temperature rising, it's not surprising that the world's oceans have warmed by 0.3°C.

Record warm temperatures have been observed in the United Kingdom, with the warmest December ever recorded in the country.

United States
warmest (since 1880)

Central and South America
above average with
precipitation with
warmest for South America





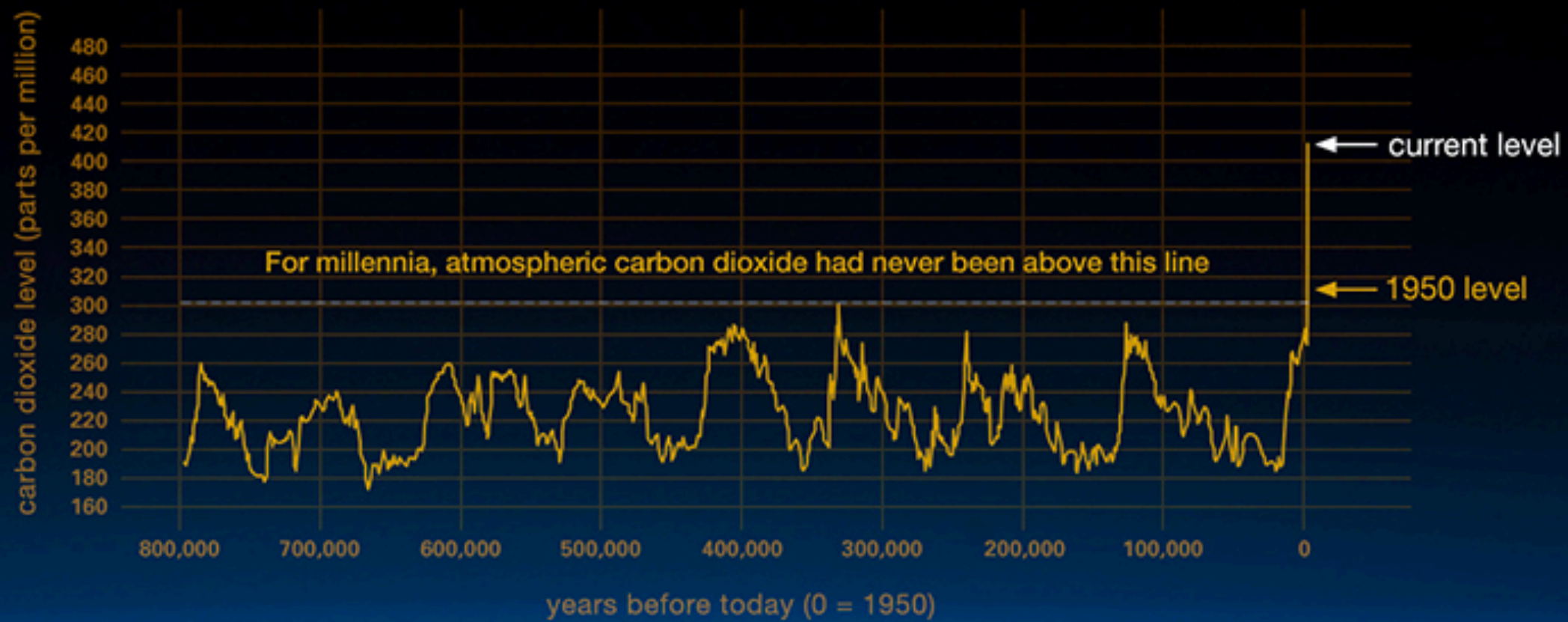
year

1924

CO₂,
ppm

~ 325.

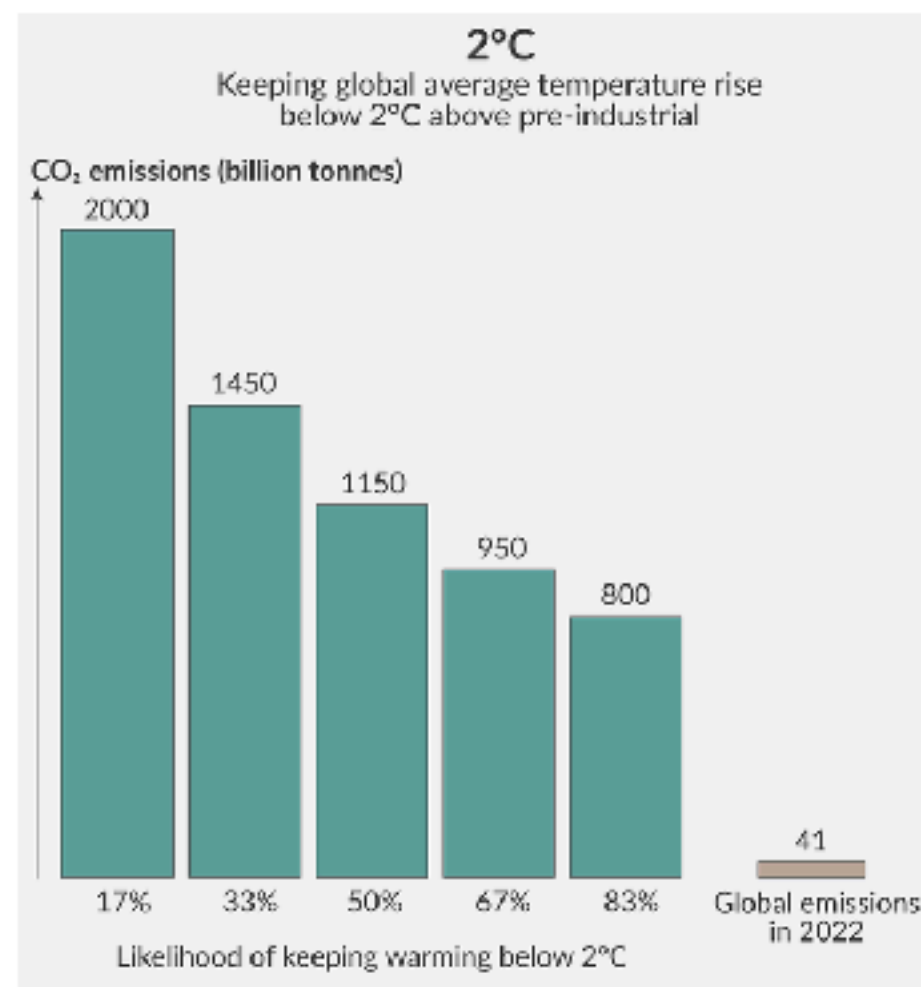
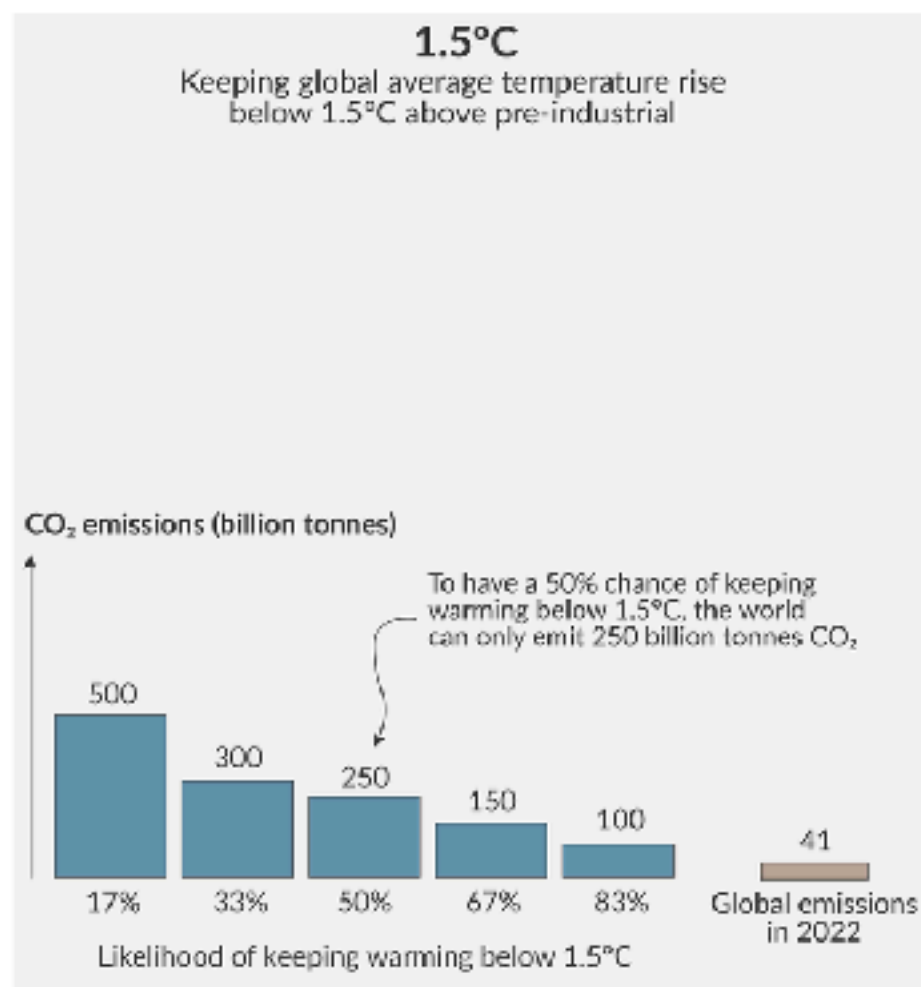




Carbon budget to keep global warming below 1.5°C and 2°C

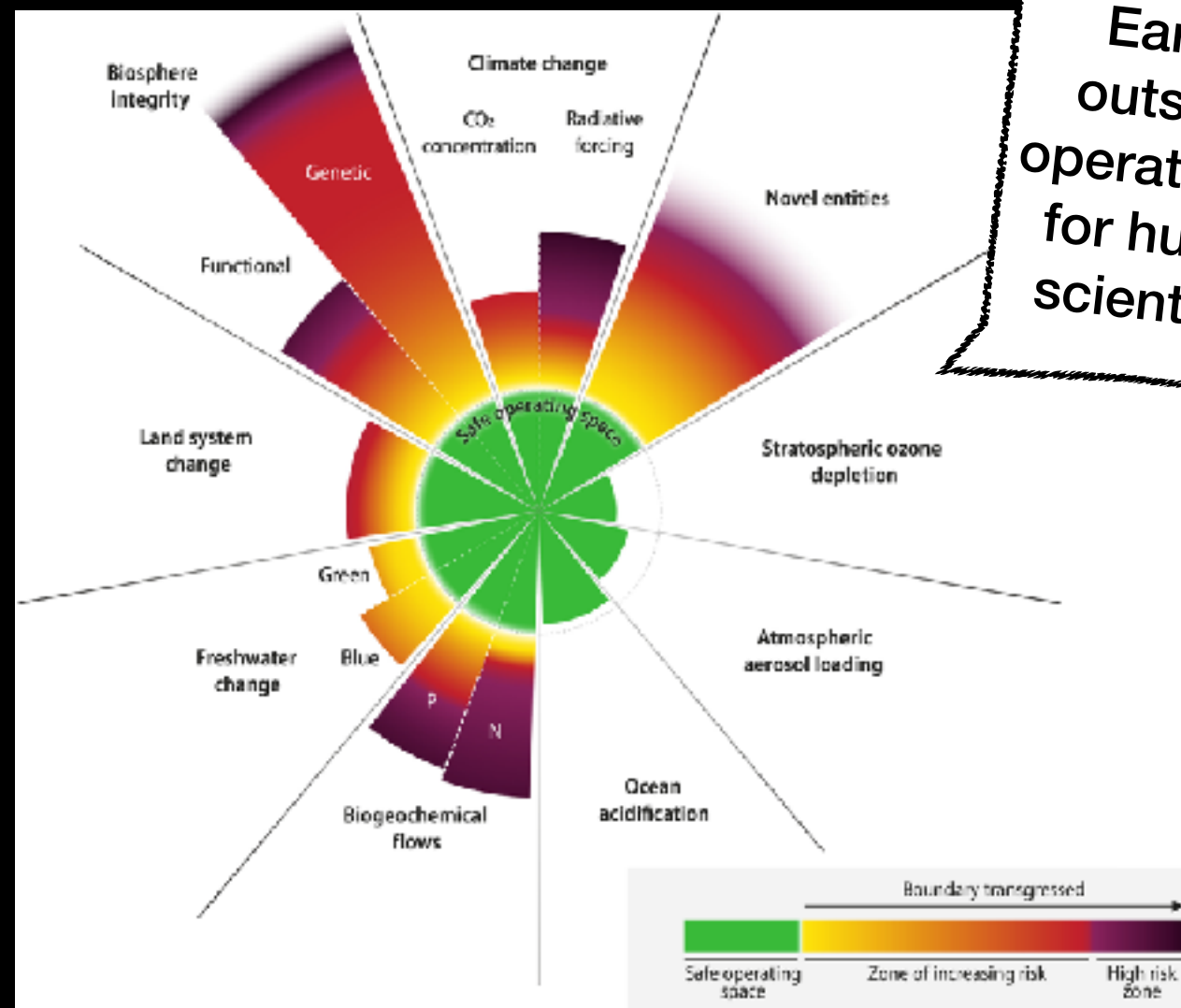
Our World
in Data

How much total CO₂ can be emitted to keep global average temperature rise below 1.5°C and 2°C, compared to pre-industrial temperatures. This is remaining budget from the start of 2023. Current annual emissions from fossil fuels, industry and land use are shown for context.



Data source: Budgets from Forster et al. (2023). Current emissions data from the Global Carbon Project.
[OurWorldinData.org](https://ourworldindata.org) – Research and data to make progress against the world's largest problems.

Licensed under CC BY by the author Hannah Ritchie.



Earth 'well outside safe operating space for humanity', scientists find

Fig. 1. Current status of control variables for all nine planetary boundaries.
<https://www.science.org/doi/10.1126/sciadv.adh2458> (13/09/2023)

https://en.wikipedia.org/wiki/Planetary_boundaries

ABP stopt met beleggen in fossie...

abp.nl/werkgevers/nieuws/abp-stopt-met-beleggen-in-fossiele-brandst...

Menu

ABP

Pensioenfonds voor overheid en onderwijs

Home > Nieuws > ABP stopt met beleggen in producenten van fossiele brandstoffen



ABP stopt met beleggen in producenten van fossiele brandstoffen

Na klimaatrapporten IPCC en IEA

26 oktober 2021

We trekken ons terug uit beleggingen in producenten van fossiele brandstoffen (olie, gas en kolen). Dit heeft het bestuur van ABP besloten na onlangs verschenen klimaatrapporten. Voor het besluit is veel steun. Veel deelnemers en werkgevers wilden al langer dat we zouden stoppen met beleggen in fossiele brandstoffen.

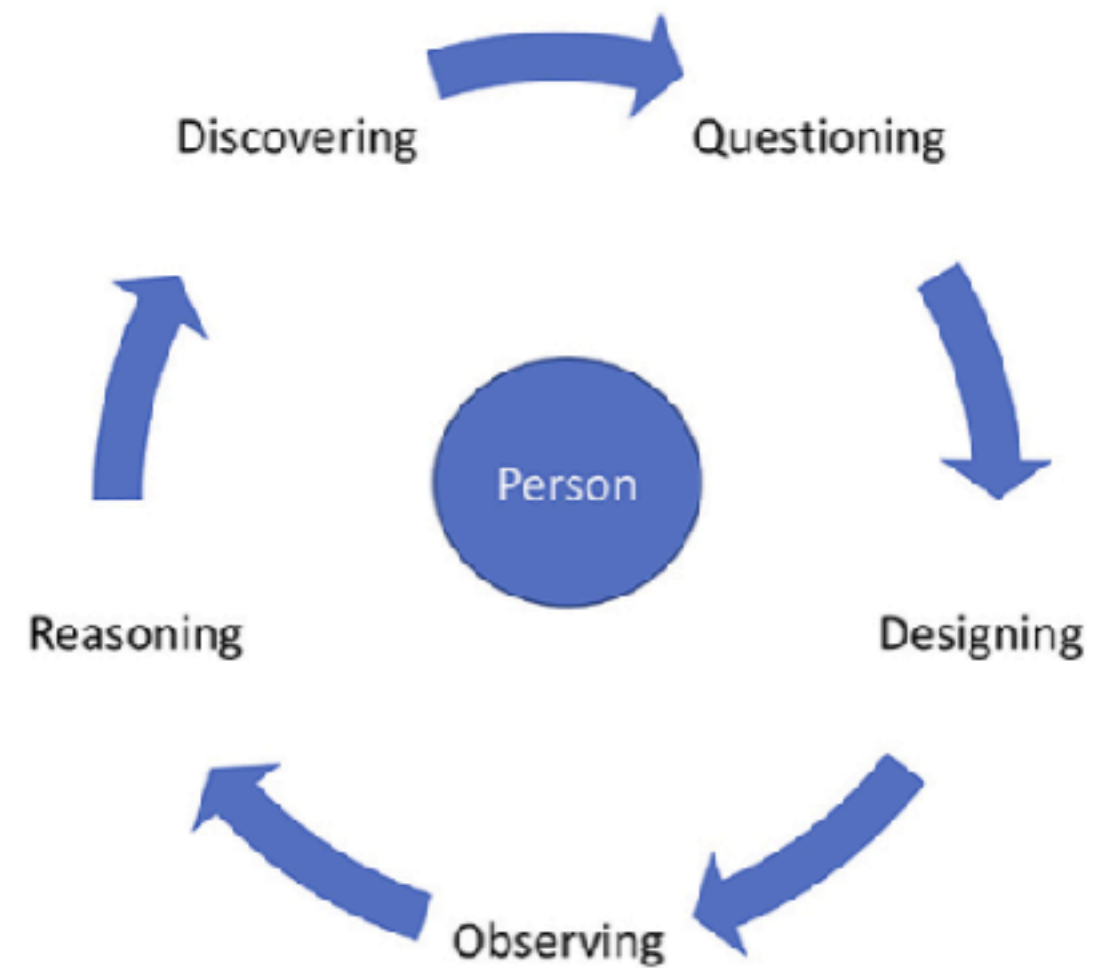
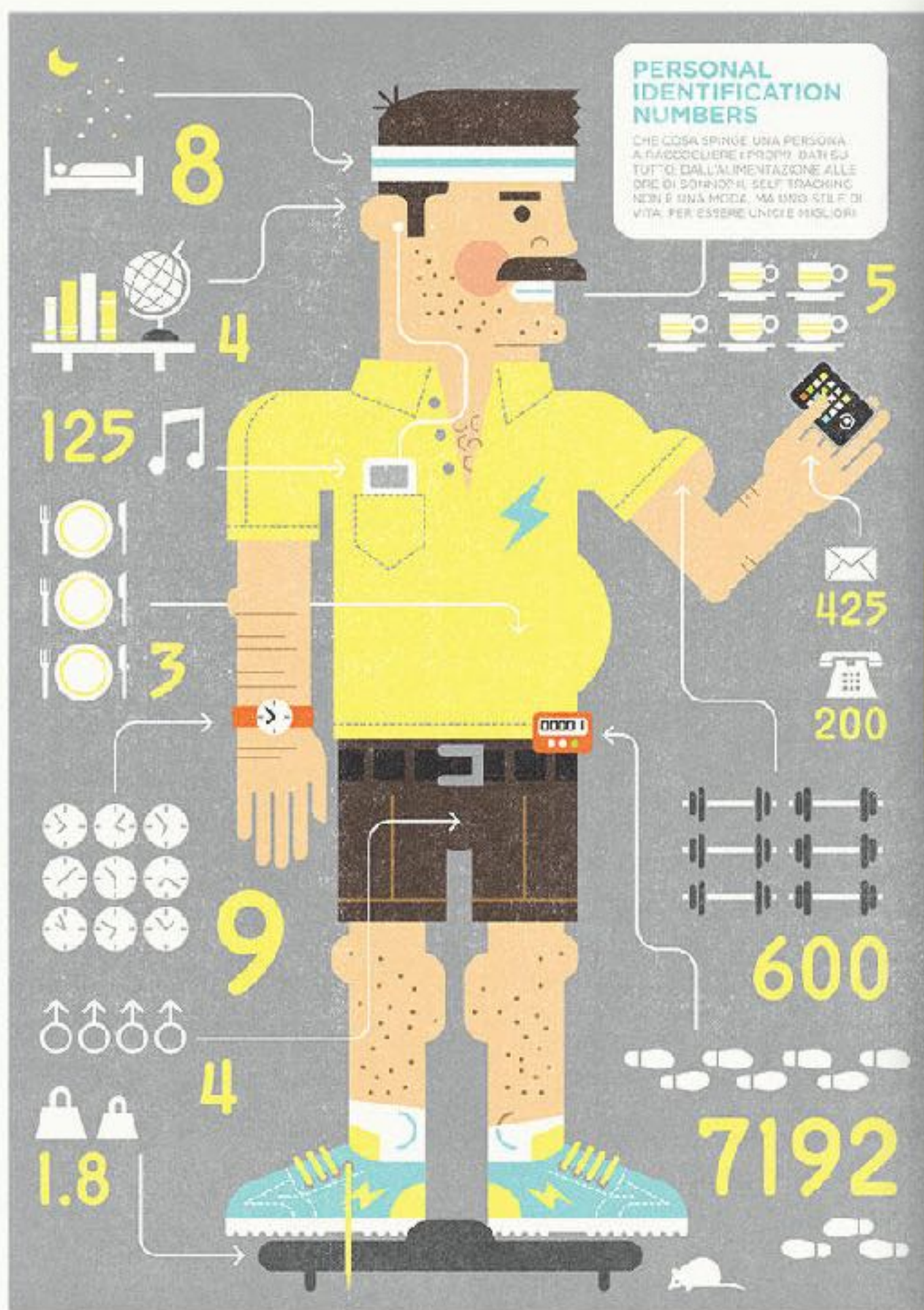
We verkopen de beleggingen stap voor stap. De laatste zullen naar verwachting in het eerste kwartaal van 2023 verkocht zijn. In totaal gaat het om een belegd vermogen van ruim 15 miljard euro, bijna 3% van ons totaal belegd vermogen. We verwachten dat dit besluit geen negatief effect heeft op het langjarig rendement en uw pensioen heeft.

Gevolgen van opwarming zijn wereldwijd merkbaar

ABP baseert haar klimaatbeleid sinds 2015 op de inzichten van het VN-klimaatpanel (IPCC). Het recente IPCC-rapport laat zien dat mensen wereldwijd nu al de fysieke gevolgen van klimaatverandering ondervinden en dat zonder steviger ingrijpen de opwarming van de aarde op een onacceptabel niveau uitkomt. Om de opwarming tegen te gaan moet de CO2-uitstoot snel en ingrijpend omlaag.

Hulp nodig?





A Framework for Personal Science

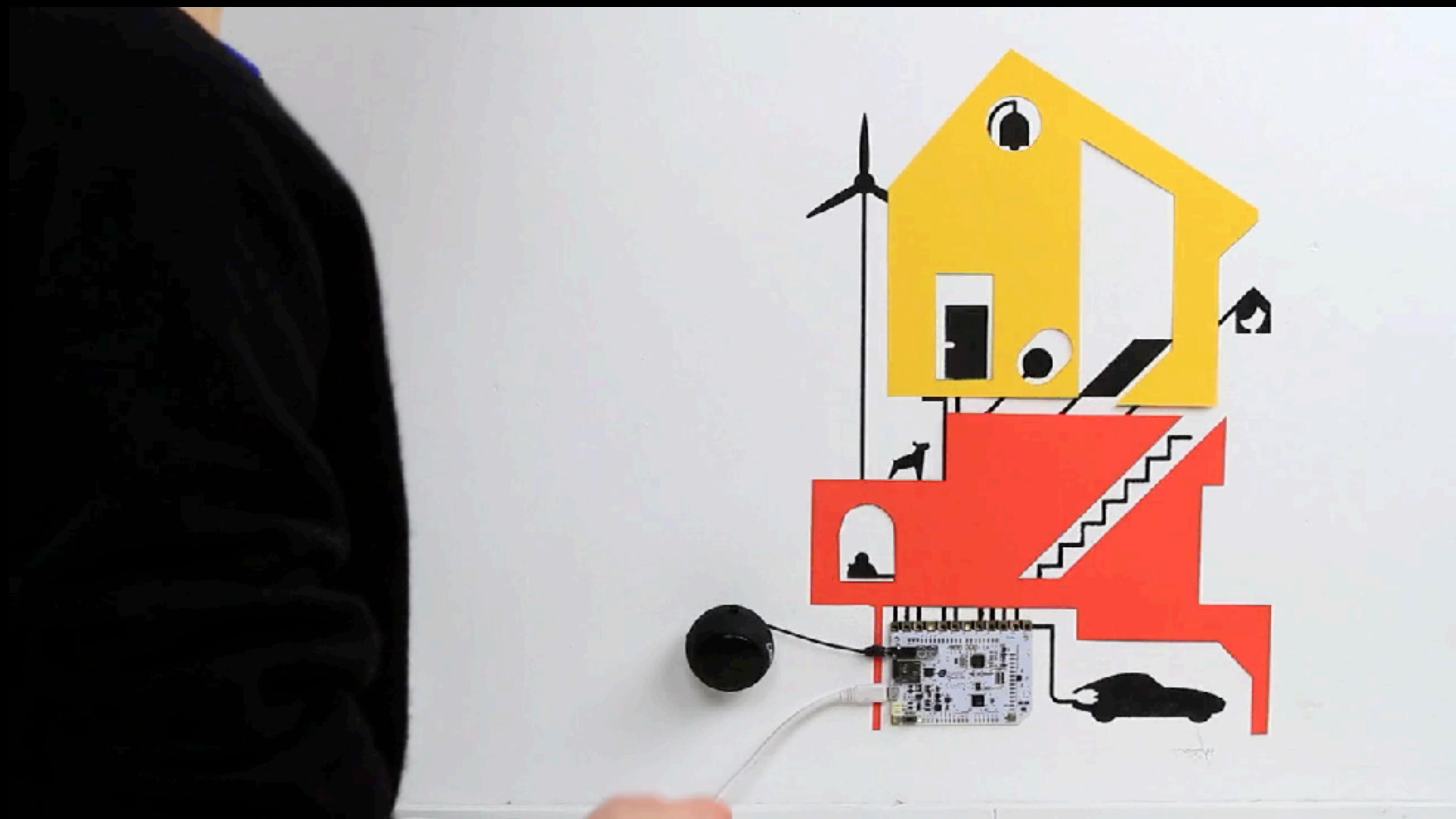
Self-tracking. Self-experiment. N-of-1 methods. Single subject research. The kinds of self-research seen in the Quantified Self community are described by a thicket of labels. In a perspective article recently published in *Frontiers in Computer Science*, Gary Wolf and Martijn de Groot attempt to provide a clear definition and framework for research.

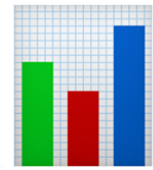


The Entire History of You - Black Mirror

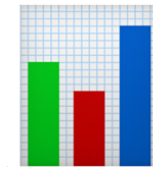


Be Right Back - Black Mirror





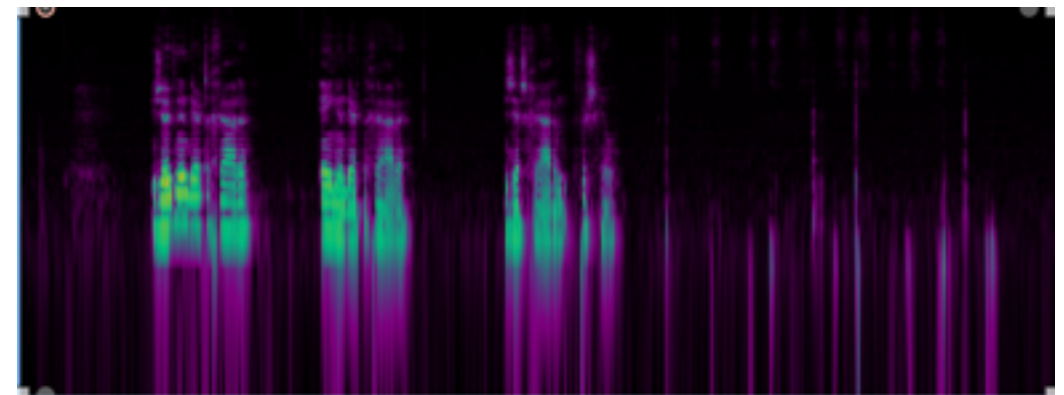
Quantify thyself !



This week: collect data about yourself **DAILY** and **visualise, physicalise, or sonify** it

Bring your visualisation, physicalisation or sonification for the next session.

A few other examples:



Kwantificeer uzelve !



Waag x Hogeschool van Amsterdam (2018) – Zichtbaar Slimmer



Thorsten Kiesl, Harald Moser, and Timm-Oliver Wilks (2007) – Garden of Eden



Mother of Sara Weber (2019) – Self Knitted Scarf of Train Delays

Meer datafysicalisatie-projecten op: <http://dataphys.org/list/gallery/>

Kwantificeer uzelve !



NASA (2020) – Bullet Cluster Sonification

Meer sonificatieprojecten op <https://soundcloud.com/datavized>
Gratis online datasonificatietool: <https://twotone.io/>

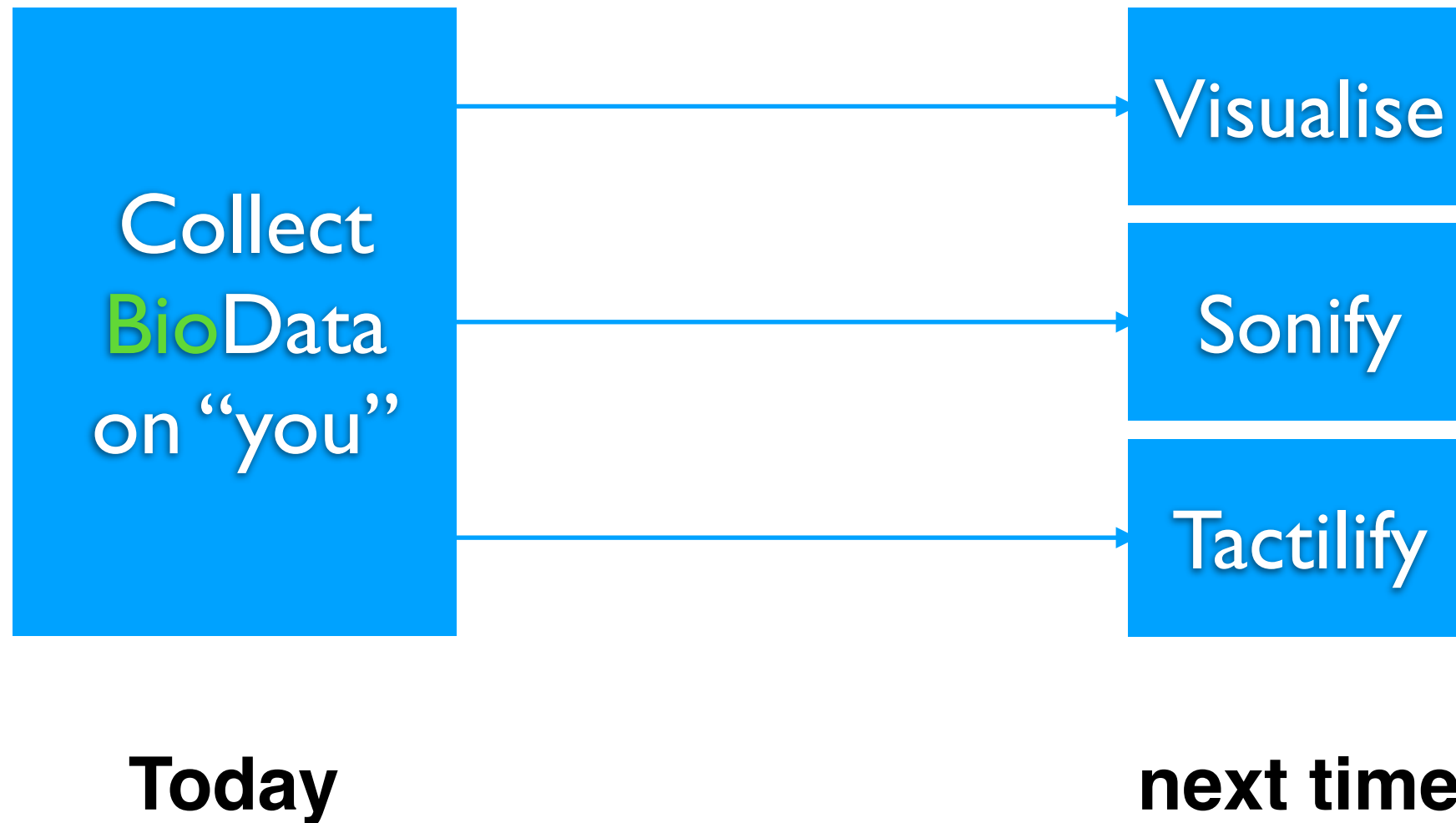


Datavized (2013) – Basque Country EUSTAT 'SONG of the Day'



Karina Nguen (2021) – US population of adults living below the poverty threshold

Assignment



 Quantify thyself ! 



Bio-data (zweten is weten)

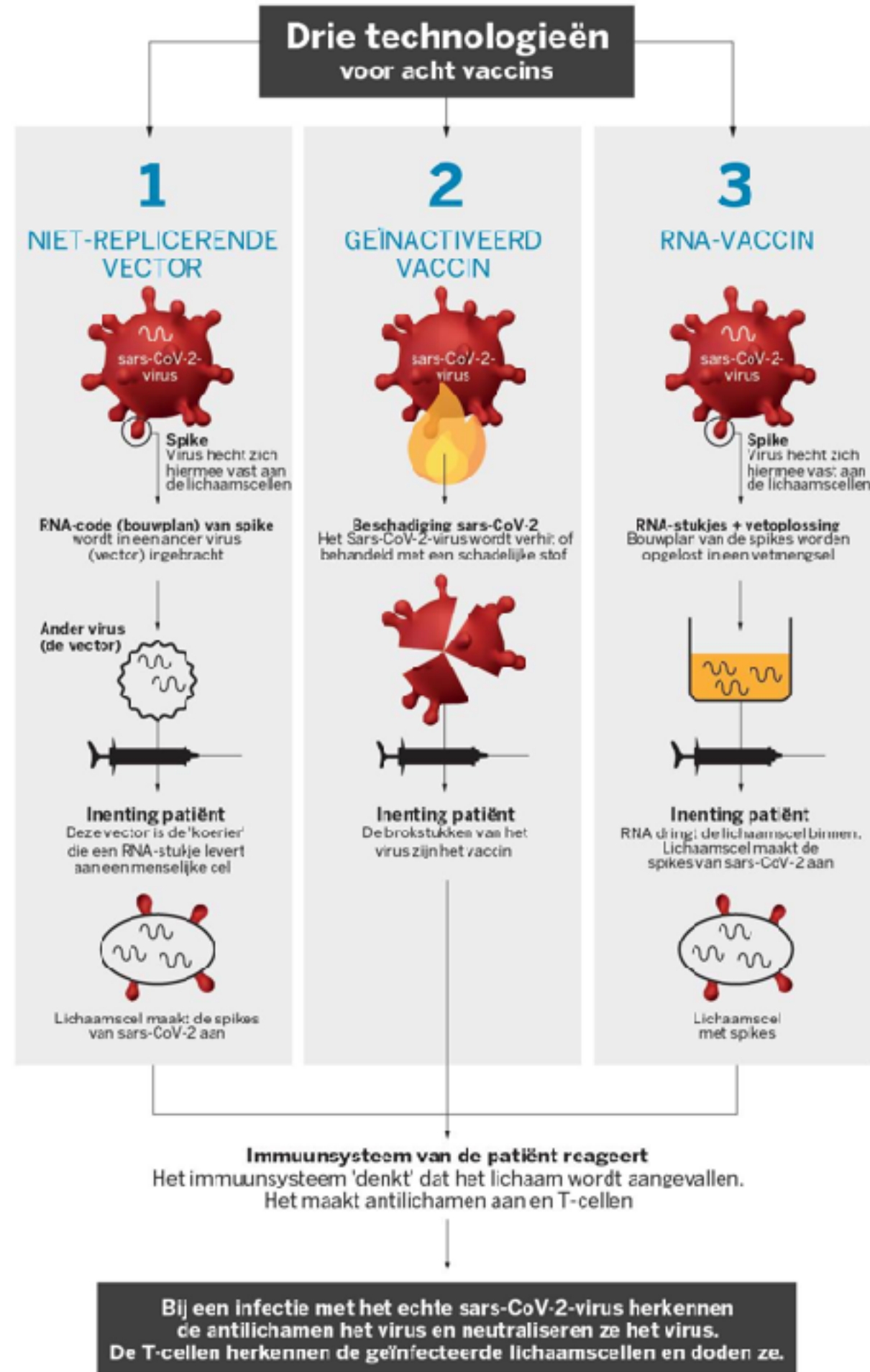
- EEG
- ECG
- EMG
- Galvanic Skin Conductance
- Breath
- Blood Pressure
- etc...

Eindopdracht

Grofweg:

Ontwerp in een groep (2-4) een interactief audiosysteem met een bepaald doel op basis van samengestelde variabele van (bio)data.

Wat is BioHacking ?

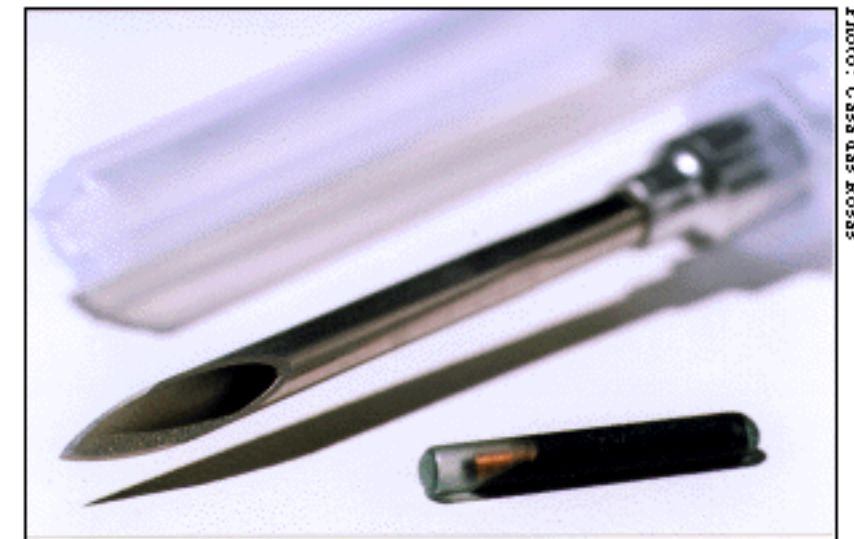
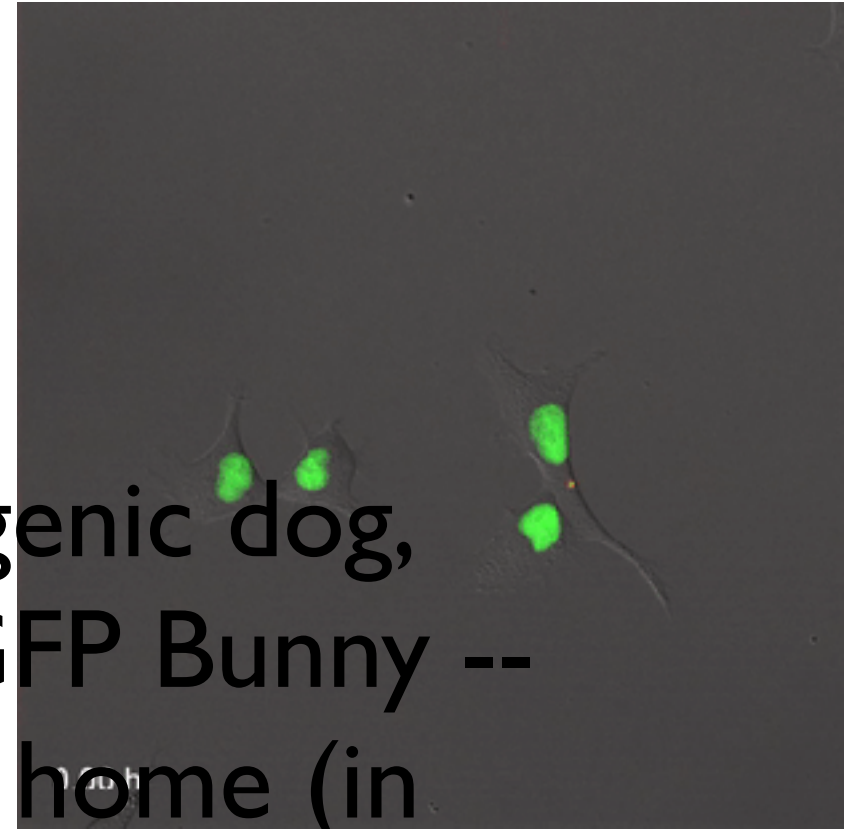


BioHack : Eduardo Kac

2000 : Transgenic Bunny

1998 (ongoing) GFP K-9

aspires to create a healthy transgenic dog,
integrate it socially and -- as in GFP Bunny --
provide him or her with a loving home (in
this case, the artist's own)



<http://www.ekac.org/timcap.html>

Needle and microchip used in "Time Capsule," Eduardo Kac, 1997

Bio Art

“ .. onderdeel van een recente ontwikkeling in de hedendaagse kunst, waarbij kunstenaars werken met organismen, of processen van biotechnologie, zoals genetische modificatie.”

De Engelse benaming "BioArt" is in 1997 gemunt door Eduardo Kac om zijn kunstwerk Time Capsule te beschrijven.



<https://nl.wikipedia.org/wiki/Bio-kunst>

<http://www.ekac.org/timcap.html>

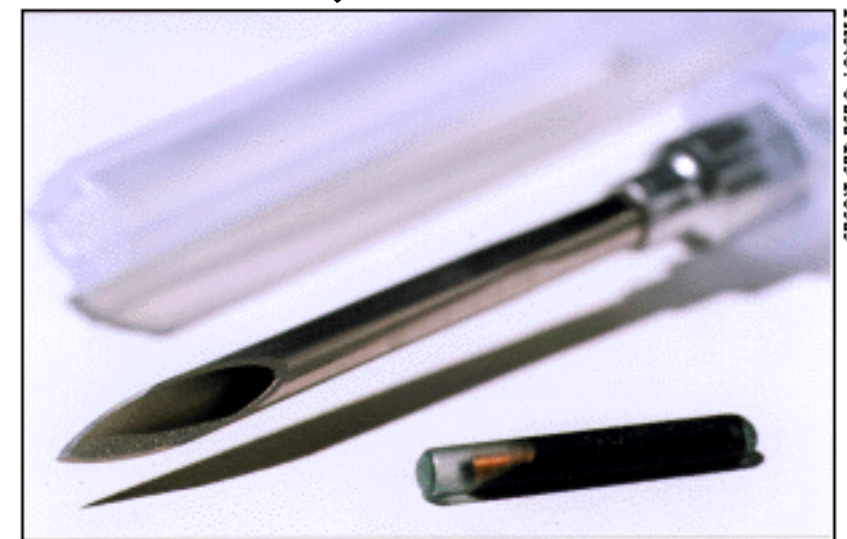


Photo: Casa das Rosas

Needle and microchip used in "Time Capsule," Eduardo Kac, 1997

Eduardo Kac : GENESIS



<https://youtu.be/3LSJVD0m1Mg?t=1926>



ORLAN

<https://youtu.be/vQgWYQBkNBk>

QUE LE CHEVAL VIVE EN MOI (*MAY THE HORSE LIVE IN ME*)

Marion Laval-Jeantet



Art Orienté objet, Que le cheval vive en moi, 2011. Photo: Miha Fras

One more thing...

Do try this at home!

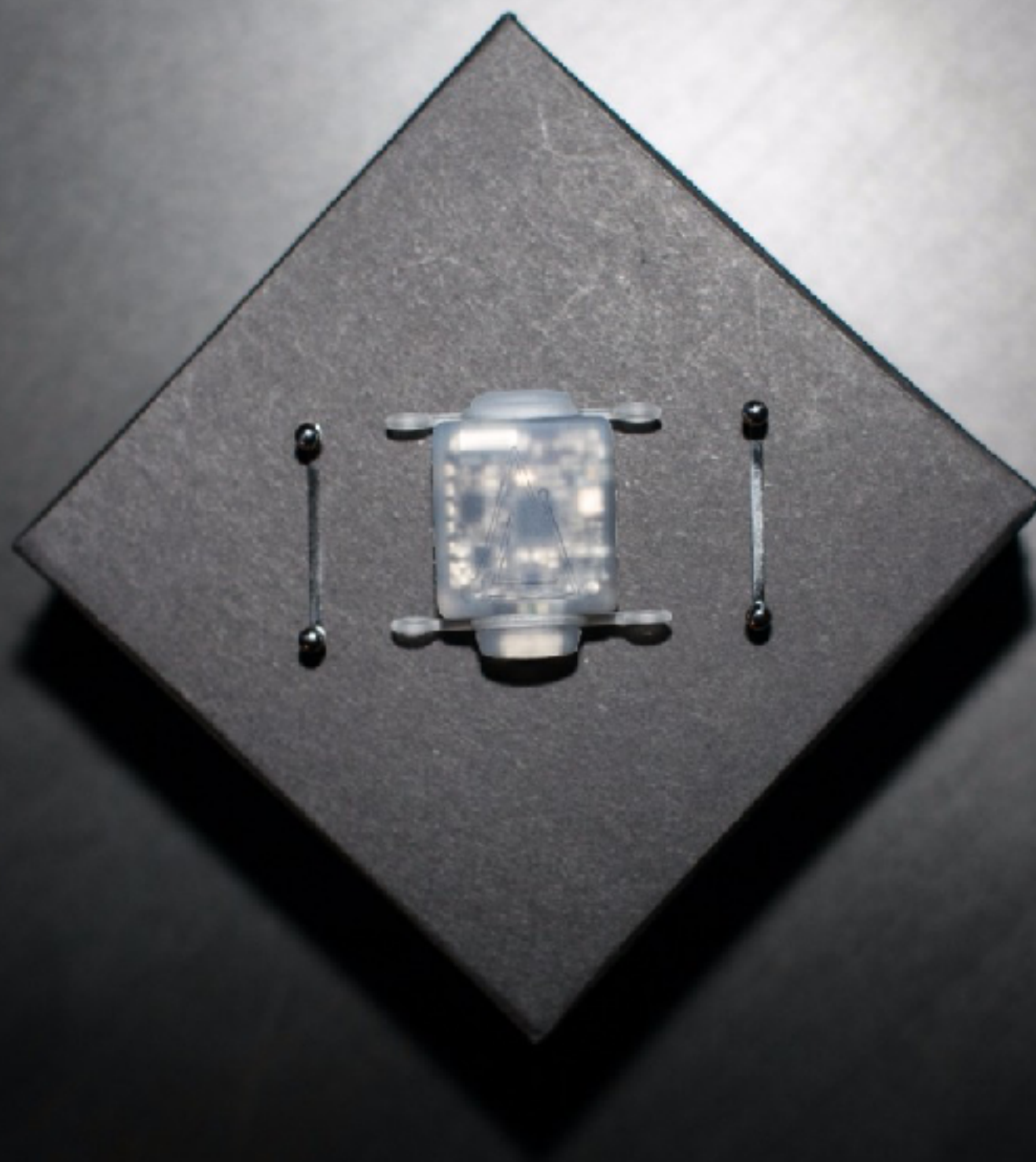
But please be a little careful with the phenomenon called 'biohacking'.

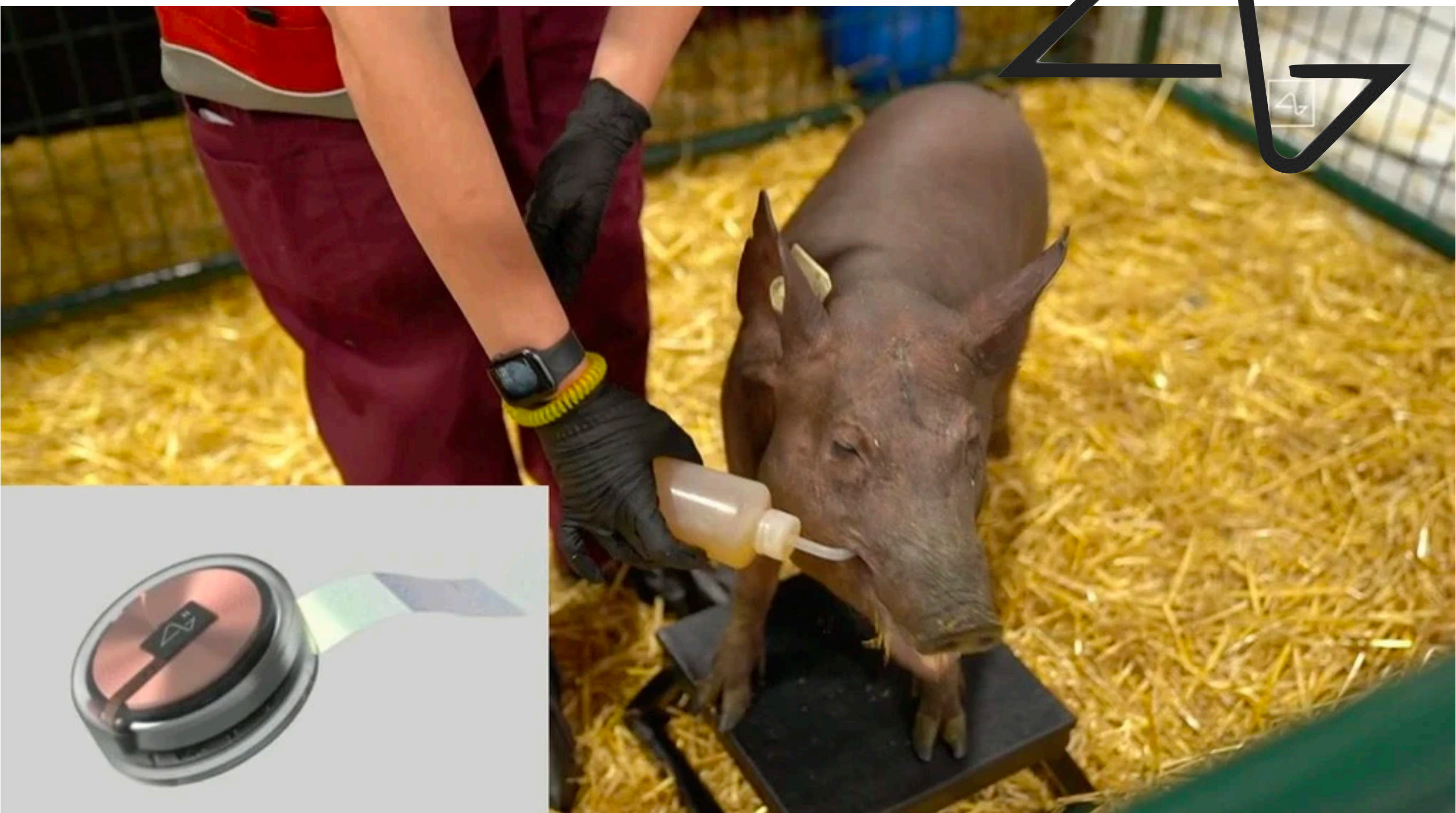
Biohacking — also known as DIY biology — is an extremely broad and amorphous term that can cover a huge range of activities, from performing science experiments on yeast or other organisms to tracking your own sleep and diet to changing your own biology by pumping a younger person's blood into your veins in the hope, etc . .





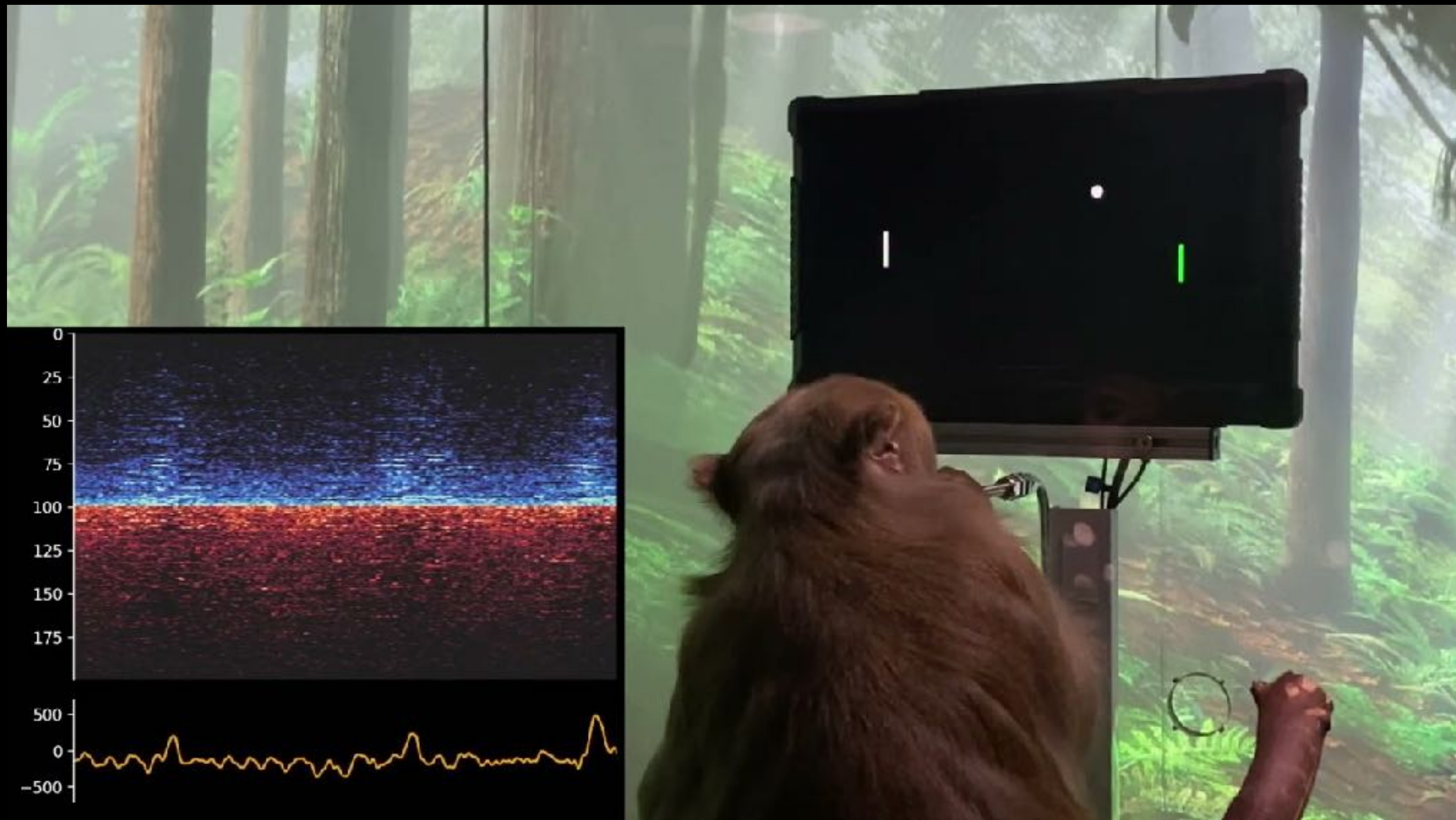
Neil Harbisson - Cyborg

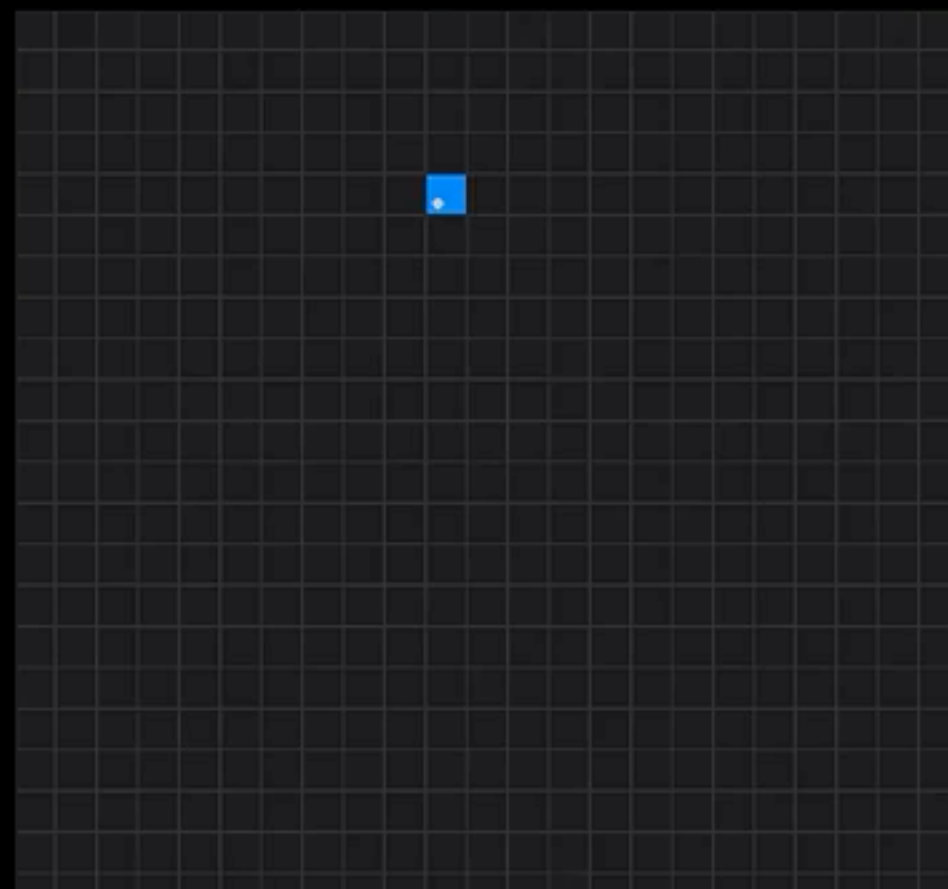




Neuralink brain implants







August 2024 : <https://neuralink.com/blog/prime-study-progress-update-second-participant/>



Jason Barnes - Bionic Drummer

BIØHACKERS



~~un~~
natural
selection®

Gut Hack on : <https://youtu.be/uO6l6Bgo3-A>







